Towards a More Accurate Shrinkage Modeling of Lightweight and Infra-Lightweight Concrete

Sebastián Labbé^{a, c}, Mauricio Lopez^{a, b,*}

^a Department of Construction Engineering and Management, School of Engineering,
Pontificia Universidad Católica de Chile, Santiago, Chile
^b Center for Sustainable Urban Development (CEDEUS), Pontificia Universidad Católica de Chile, Vicuña Mackenna 4860, Casilla 306, Correo 22, Santiago, Chile
^c Institute of Concrete Structures and Building Materials, Karlsruhe Institute of Technology, Karlsruhe, Germany

* Corresponding author

ABSTRACT

Infra-lightweight concrete (ILWC) has gained importance in recent years because of its thermal insulation properties; nonetheless, the potential structural applications of these concretes are restrained because the shrinkage of these concretes is not accurately estimated by current prediction models, specifically those in ACI 209.2R-08. The aim of this study is to adjust the prediction models of this phenomenon in lightweight concretes (LWC) through the calibration of existing models by means of statistical analysis of the models included in ACI 209.2R-08 and the fib. Calibration constants and corrections for the prediction models were found for adjusting the prediction models to LWC and ILWC, achieving R^2 values of 0.94 and 0.98, respectively. Based on these results, further research on how porosity, water migration, and other lightweight aggregate properties affect the evolution of shrinkage in LWC should be performed to upgrade prediction models.

Keywords: ultra-lightweight concrete; infra-lightweight concrete; internal curing; expanded clay; expanded glass; foamed glass; CEB model; ACI model.

Introduction

Infra-lightweight concrete (ILWC) has shown in recent years to be a construction material that can provide both structural resistance and thermal insulation capabilities to buildings, in addition to being a more sustainable material when recycled expanded glass is used as lightweight aggregate [1–6]. Regarding this, the structural performance of these materials is yet to be fully understood, as issues such as increased deformations due to shrinkage [2, 7–10] still pose a significant barrier to the durability and serviceability of these concretes.

There have already been some approaches on how to predict shrinkage of lightweight concrete (LWC) [8], and this work was already adopted in the newest fib model for creep and shrinkage [11]; nonetheless, this research was based on the performance of LWC using expanded clay. ILWC, such as that using expanded glass, has drastically different absorption, aggregate intrinsic strength, and density, which can lead to even greater prediction problems. Additionally, the LWC that was investigated by Kvitsel had a short prewetting time during mixing, mainly because it has been documented in European literature that long prewetting time may also bring some negative effects in the long term, such as the increase in the fresh density, which in some cases contributes to drying shrinkage, and the reduction in freeze and fire resistance [12, 13]. Nonetheless, prewetting for internal curing can cause an expansion in basic shrinkage in early ages, which can reduce the amount of total shrinkage, provide the cement paste with a steady water source, making an impact on the evolution of drying creep by delaying drying of the paste; and help the hydration of the Interfacial Transition Zone (ITZ) because of the release of the water content of the saturated lightweight aggregate (LWA) [7, 8, 14–18].

Most prediction models consider the strength of the concrete as the main parameter that determines the long-term shrinkage behavior of the concrete. After the work done by Kvitsel, only fib uses the unit weight [11] as a parameter to correct the prediction for lightweight mixtures. For the present research, the chosen prediction models are ACI from ACI 209 [19], and FIB2010. Both models are currently employed in model codes and derive their equations from databases that include lightweight concrete mixtures.

Another promising approach to address the mechanical properties of LWC is phase models, as a decoupling of the aggregate and cement paste can be performed because of the nature of LWC,

where the influence on the mechanical behavior of the ITZ is not as important because this zone is considerably denser and has similar characteristics to the cement matrix [20, 21]. It has also been found that in some LWA with more porous and weaker external layers, the ITZ is even denser and has better bonding with the aggregates [22].

Studies have shown [23, 24] that most of the shrinkage occurs in the matrix phase (cement paste) of the concrete, with the aggregates being an "inert phase" that restrict the volumetric changes in the concrete itself, reducing the shrinkage [25, 26]. For that same reason, if the aggregates are not stiff enough (lightweight aggregates) or shrink over time (sedimentary rocks), they would not restrain the shrinkage of the cement paste as well as conventional aggregate [27]. The idea of decoupling the effect has not been used in prediction models because the models centered more on treating the concrete as a homogenous material with a certain rate of diffusion (time function) and an ultimate shrinkage value.

The purpose of this research was to conduct an exploratory investigation of long-term deformations of infra-lightweight concrete (ILWC), to analyze the performance of prediction models proposed in ACI 209.2R-08 and fib regarding model accuracy and to better understand shrinkage by means of calibrating such models with the experimental data. With this objective, shrinkage was studied following the design requirements of ILWC used for thermal insulation, considering internal curing by means of prewetting of the LWA. Specifically, shrinkage was monitored for approximately 90 days for three mixtures, one LWC using expanded clay (EC), one ILWC using expanded glass (EG), one normal-weight concrete (NWC) using normal weight aggregate (NWA) as a reference for estimating the accuracy of the model.

Materials and methods

ASTM Type I ordinary Portland cement (OPC), with a specific gravity of 3.16 and a Blaine fineness of 360 $[m^2/kg]$, produced in Chile, was used in this study. The main properties are shown in Table 1. Different aggregates were used in this study to experimentally quantify the effect of using lightweight aggregates on the shrinkage behavior of concrete. The aggregates were normal weight aggregates from Chile, lightweight expanded clay from Spain, and lightweight expanded glass from Canada (see Table 2).

The LWAs were submerged for 72 hours, and the absorption was obtained according to ASTM C1761 [28].

Physical Properties	
Density [kg/m ³]	3,160
Blaine Fineness [cm ² /g]	3,600
Initial Setting Time [hh:mm]	1:50
Final Setting Time [hh:mm]	3:40
Chemical Properties	
Insoluble Residue [%]	0.3
Loss on Ignition [%]	2.4
SO ₃ [%]	3.1

Table 1:	Cement	Properties	[29]
----------	--------	------------	------

Table 2: Properties of	of Aggregates
------------------------	---------------

	Expand	oanded Clay Expanded Glass		Normal	weight	
Property	(EC	C)) (EG) aggregate (NWA)		e (NWA)	
	Fine	Coarse	Fine	Coarse	Fine	Coarse
Туре	Siliceous	Siliceous	Siliceous	Siliceous	Siliceous	Siliceous
Eamo	Canalysis	Smooth/			Irregular/	Irregular/
FOIII	Crusiled	Rounded	Kounded	Kounded	Crushed	Crushed
Texture	Porous	Porous	Porous	Porous	Rough/	Rough/
Texture	101043	1 01003	101003	1 01043	Smooth	Dense
Maximum	2.36	4.75	2.0	8.0	4.75	12.70
size [mm]	2.30		2.0	0.0	1.75	12.70
SSD Density	1206	1079	742.7	464.7	2699	2701
[kg/m ³]	1200	1075	, 12.,	101.7	2099	2701
Dry Density	1003	886	602.2	353.54	2675	2685
[kg/m ³]	1005	000	002.2	555.51	2015	2005

Absorption	20.2	21.9	54.0	20.5	0.0	0.6
72 hours [%]	20.2	21.8	54.0	30.3	0.9	0.0
Fineness Modulus	2.90	5.74	2.27	5.17	3.81	5.99
Aggregate pro	portion by n	nass [%]				
EC	56.7	43.3	-	-	-	-
EC EG	- 56.7	43.3	- 76.4	- 23.6	-	-

The mixture designs were based on the methodology developed by Videla and López [30], where lightweight concrete is conceived as a two-phase material composed of a cementitious matrix (i.e., OPC, water, HRWR, and entrapped air) and the aggregate ratio was kept constant, at 70% by volume, for both lightweight mixture designs. The water-to-cement ratio (W/C) by mass was 0.4 for most of the mixture designs, except for the mixtures with lightweight expanded glass, in which the W/C was 0.5. The mixture proportions and names for each batch are shown in Table 3:

Mixture	OPC	Water	Aggregate	HRWA	W/C	Aggregate
	(kg/m³)	(kg/m³)	(kg/m³)	(g/m³)		Volume
NWC	562.50	225	1584.9	-	0.4	0.59
(NWA)						
LWC (EC)	390	156	804.1	780	0.4	0.70
ILWC (EG)	401	201.4	493.0	802	0.5	0.70

Table 3: Mixture proportions of concretes

All the batches were produced in an 80-liter vertical-axis mixer. Expanded clay and expanded glass aggregates were immersed in water for 72 hours and drained in No. 50 and No. 200 sieves before mixing. The moisture content at the time of batching was considered by adjusting the water and aggregate dosages. Fifteen 100×200 mm cylindrical specimens were cast for each batch for mechanical and drying shrinkage testing, two $100 \times 100 \times 300$ mm prismatic specimens were cast for dynamic elastic and shear modulus tests and two $1 \times 1 \times 12$ in. prismatic specimens

were cast for drying shrinkage tests. The concrete specimens were prepared according to ASTM C192 [31].

The specimens were left in their molds for 24 hours and immersed in water at $20(\pm 1)$ °C for 7 days after demolding. Then, all the specimens were stored in the drying chamber at $22(\pm 1)$ °C and $50(\pm 3)$ % R.H., until the age of testing.

The compressive strength, static elastic modulus, and dynamic elastic modulus were measured at 7, 28 and 90 days of age. Both the compressive strength and static elastic modulus were measured using three 100×200 mm cylindrical specimens, and the measurements followed the guidelines of ASTM C39 and C469 [32,33]. The dynamic elastic modulus was measured following ASTM C215 [34], which calculates the dynamic elastic modulus through the measurement of the resonant frequencies.

After 28 days, six 100×60 mm cylindrical specimens saw-cut from two 100×200 mm specimens were used to measure the thermal conductivity and electrical resistivity. The permeability was classified using the method of Spragg et al. [35], which classifies it through the measurement of the electrical resistivity of saturated samples, while the thermal conductivity was measured using the hot disk method (TPS1500), which uses a transient technique that estimates the thermal conductivity (λ) of materials. Additionally, the oven-dry density was measured according to ASTM C567 [36].

Drying shrinkage was measured using two different methods. One method followed the standard test method for drying shrinkage according to ASTM C596 [37], which employed a length comparator and prismatic $1 \times 1 \times 12$ in. specimens. The other method used demountable mechanical gage (DEMEC) points, which were embedded in 100×200 mm cylindrical specimens at a spacing of 152 mm on opposite sides. Three DEMEC readings were taken from each specimen, totaling 9 for each concrete mix and averaged for determining the total time-dependent strain.

The measurement of shrinkage using different effective specimen thicknesses is necessary to calculate the ultimate shrinkage strain of the specimens to extrapolate the data for a more precise calibration as done by Bažant and Donmez [38].

Experimental results

Concrete compressive strength varied widely among the three types of concrete due to several factors, including the mixture proportions and constituents' properties. For instance, the water-to-cement ratios and the paste-to-aggregate ratios are not the same for the three mixtures. In addition, the NWC had a relatively high compressive strength, normal elastic modulus and density, very low permeability and relatively high thermal conductivity, as shown in Table 4 and Table 5.

The LWC had a density of only 57% of that of the NWC while the thermal conductivity was slightly below 30% of that of the NWC. The permeability of LWC was classified as low. The LWC had a lower compressive strength and an elastic modulus approximately one-third of that of the NWC.

The ILWC had a density of only 42% of that of the NWC, while the thermal conductivity was 18% of that of the NWC. The permeability was classified as moderate. The ILWC had a low compressive strength and an elastic modulus only 15% of that of the NWC.

It is worth noting that the compressive strength gains between 7 and 28 days of the LWC and ILWC are small, demonstrating that the concrete failure is not explained by the strength of the cement paste given by the W/C and cement hydration but mainly by the intrinsic strength of the LWA. This is known as the ceiling strength of the LWA [17]. The relatively small increase or even decrease in the elastic modulus and compressive strength over time can be caused by the early age drying induced in the specimens, as seen previously [39-41]. These losses were explained as the result of the strain induced by the fast drying of the outermost layer of the specimens, which causes micro cracking, limits the cement hydration and therefore produces inferior mechanical properties.

Mi	ixture	Density Compressive		Static Elastic
		(kg/m ³)	Strength (MPa)	Modulus (GPa)
NWC	7 days	2428	40.5	34.9
	28 days	2414	59.1	33.0
LWC	7 days	1428	20.6	9.2
	28 days	1346	22.5	10.4
ILWC	7 days	1051	10.1	5.2
	28 days	973	7.5	5.4

Table 4: Mechanical Properties

Table 5: Physical Properties

Mixture	Resistivity	ASTM	Oven-Dry	Thermal
	(Ω-cm)	Permeability	Density (kg/m ³)	Conductivity
		(Spragg et al.)		(W/mK)
NWC	22.94	Very Low	2220	2.10
LWC	17.36	Low	1127	0.76
ILWC	10.13	Moderate	790	0.44

The variation during shrinkage testing highly mass was dependent on the mixture type and specimen V/S ratio. For instance, for the cylindrical specimens (V/S = 20 mm), the 90-day average mass loss of the NWC, LWC and ILWC was 0.97%, 8.64%, and 14.11%, respectively. The important increase in the mass loss of the two lightweight mixtures has been observed before [2,8] and is mainly explained by the high amount of absorbed water in the LWA during the 72-hour prewetting process (see tables 3 and 4). As expected, the prismatic specimen (V/S = 6.08 mm) showed higher mass loss due to the relatively larger drying surface. For the LWC and ILWC specimens, the 90-day mass loss was 10.26% and 16.10%, respectively.

The average shrinkage for the cylindrical specimens (V/S = 20 mm) was calculated from six measurements made on three specimens and is shown in Figure 1. The 90-day average shrinkage of the NWC, LWC and ILWC was 549 µ ϵ , 709 µ ϵ and 897 µ ϵ , respectively. As expected, the ILWC mixture (EG) showed the highest shrinkage among all the mixtures, and

the NWC showed the lowest shrinkage. Nevertheless, the shrinkage rates of the three mixtures were different. The early age shrinkage of the LWC was greater than that of the ILWC up to approximately 30 days of drying when both reached similar shrinkage values. After 50 days, the data suggest that the shrinkage rate of the LWC and NWC mixtures tends to decrease, while that of the ILWC does not show such deceleration during the 90-day period, leading to larger shrinkage values at 90 days of drying.

The 90-day shrinkage of the LWC was 7% larger than that reported in the work of van der Wegen and Bijen [42] in a LWC mixture with similar density and mechanical properties. In addition, the 90-day shrinkage of the ILWC was 55% lower than that reported at 180 days by Breit [3] in an expanded glass mixture tested under comparable conditions.



Figure 1: Average shrinkage of 100×200 mm NWC, LWC and, ILWC specimens

As a standard deviation, the definition proposed in the work of Wedding et al. [43] was used, obtaining 41.8 $\mu\epsilon$ for the NWC, 33.3 $\mu\epsilon$ for the LWC and 36.8 $\mu\epsilon$ for the ILWC as follows:

$$S = \left[\frac{1}{nN-2}\sum_{r=1}^{n}\sum_{i=1}^{N}\left(\varepsilon_{i,r} - \overline{\varepsilon_{r}}\right)^{2}\right]^{\frac{1}{2}}$$
(1)

where $\overline{\varepsilon_r}$ is the mean shrinkage for a period t_r , $\varepsilon_{i,r}$ is the shrinkage of the specimen in a period t_r , N is the total number of specimens and n is the total number of periods.

Comparison of models

For the ACI [19] and FIB2010 [11] models, the following properties shown in Table 6 were considered to predict the behavior of the tested mixtures:

Property	NWC	LWC	ILWC
Comont Tuno	Type I Portland	Type I Portland	Type I Portland
Cement Type	(ACI), N&R (CEB)	(ACI), N&R (CEB)	(ACI), N&R (CEB)
W/C	0.4	0.4	0.5
Cement content [kg/m ³]	562.5	390	401
Fine aggregate fraction [%]	48.82	63.36	89.43
A/C	2.82	2.06	1.37
V/S [mm]	20	20 - 6.08	20 - 6.08
Dry bulk density [kg/m ³]	2220.2	1127.4	789.7
Air content	2.5	2.5	2.5
Slump [mm]	75	75	75
Curing time [days]	7	7	7
<i>E</i> ₇ [GPa]	34.9	9.2	5.2
f_c' 7 days [MPa]	40.5	20.6	10.1
<i>E</i> ₂₈ [GPa]	33.0	10.4	5.4
f_c' 28 days [MPa]	59.1	22.5	7.5
Average curing temperature [°C]	22	22	22
Relative humidity [%]	50	50	50

Table 6: Properties of each mix for shrinkage prediction models

The comparison between the experimental results and the shrinkage model estimates of the NWC, LWC and ILWC mixtures are shown in Figure 2. The experimental data are shown as the mean and range of the measured values. Because the last experimental results were taken after at least 90 days of drying, Table 7 and Table 8 present measured and predicted shrinkage at that age. These tables also present the predicted values at 40 years, which represent the ultimate shrinkage values. The data in the first row represent the measured values; the next three rows are the predicted values for each model.



Figure 2: Comparisons of the measured and model-estimated shrinkage of (a) NWC, (b) LWC and (c) ILWC for V/S=20 mm

It can be observed that the shrinkage rate is well represented by the two models when estimating the shrinkage of the NWA. However, the shrinkage rates of the two models do not represent well the phenomena observed for the two lightweight concrete mixtures. Both models represent relatively well the shrinkage rate of the LWC up to 20 days of drying but underestimate this rate later, leading to relevant underestimates of the shrinkage values after 30 days of drying. None of the models represent the shrinkage rate of the ILWC properly, leading to underestimates after 90 days of drying.

For better evaluation of the performance of each model, a coefficient of variation $\overline{\omega}_j$ was calculated. This coefficient represents the percentage of the total deviation of the model in relation to given measurements. This was defined by Bažant and Baweja [44] as follows:

$$\overline{\omega}_{j} = \frac{s_{j}}{\overline{\varepsilon}_{j}} = \frac{1}{\varepsilon_{j}} \left[\frac{1}{1-n} \sum_{i=1}^{n} \left(w_{ij} \Delta_{ij} \right)^{2} \right]^{\frac{1}{2}}$$
(2)

In which

$$\overline{\varepsilon_j} = \frac{1}{n} \sum_{i=1}^n w_{ij} \varepsilon_{ij} \qquad w_{ij} = \frac{n}{n_d n_1}$$
(3)

where ε_{ij} are the measured values (labeled by subscript *i*) of the shrinkage or creep in the dataset *j*, *n* is the number of all the data points in the dataset number *j*, Δ_{ij} is the deviation of the value given by the model from the measured value, w_{ij} are the weights assigned to the data points, n_d is the number of decades on the logarithmic time scale spanned by the measured data in dataset number *j*, and n_1 is the number of data points in the decade to which the data point *i* belongs.

The weight assigned to a data point in a decade on the logarithmic scale is taken as inversely proportional to the number n_1 of data points in that decade, and the weights are normalized as follows:

$$\sum_{i} w_{ij} = n \tag{4}$$

The overall coefficient of variation used to compare the performance of the models is then defined as follows:

$$\overline{\omega}_{all} = \left[\frac{1}{N} \sum_{j=1}^{N} \overline{\omega}_j^2\right]^{\frac{1}{2}}$$
(5)

where *N* is the number of datasets in the bank [44]. This method was slightly modified by just using $w_{ij} = 1$ because of the short time span of the tests performed.

Table 7 shows the measured and estimated 90-day shrinkage values for the three concrete mixtures studied. It also shows the coefficient of variation in $\overline{\omega}_{all}$ % for the LWC, as defined by Bažant [44] and the estimated ultimate shrinkage values of each of the models.

	90-day shrinkage (με)			Estimated ultimate shrinkage (µ		
	NWC	LWC	ILWC	NWC	LWC	ILWC
Measured	550	710	897	-	-	
ACI	598	564	597	825	779	824
FIB2010	551	659	966	690	838	1228
ACI, $\overline{\omega}_{all}$ [%]	37.2	28.4	32.7	-	-	-
FIB2010, $\overline{\omega}_{all}$ [%]	57.0	16.0	47.6	-	-	-

Table 7: Short and long-term shrinkage for the NWC, LWC and ILWC mixtures (V/S = 20 mm)

The best shrinkage estimates for the NWC, LWC and ILWC are from FIB2010 at 90 days. In fact, those estimates were only 0.2% (overestimated), 7.2% (underestimated) and 7.1% (overestimated) different from the measured shrinkage values for the NWC, LWC and ILWC, respectively. Both models predicted the shrinkage of the normal concrete within 10% of error; thus, it can be stated that both models accurately predict the shrinkage of the NWC and that the measurements of both the LWC and ILWC samples are not biased.

Both models had similar performance when estimating the shrinkage of the LWC and ILWC. That is, on average, the ACI and FIB2010 models underestimated the shrinkage of the LWC by 14%, while those same models underestimated the shrinkage of the ILWC by 13%.

The coefficients of variation showed a better performance of the FIB2010 model compared to that of the ACI model for the LWC; however, the opposite occurred for the ILWC, where the ACI models had a lower coefficient of variation than that of the FIB 2010 model. Both the ACI and FIB2010 models had better performance predicting the shrinkage of the NWC at day 90,

with only 8.73% and 0.18% differences between the predicted and measured values, respectively. The higher variation coefficient in the FIB2010 model is due to the difference at early ages, mostly due to consideration of the basic shrinkage and other early age strains as opposed to the ACI model.

The better performance of the FIB2010 model regarding the LWC is attributed to the intensive model update for lightweight concrete with expanded clay done by Kvitsel. Interestingly, the model was also capable of predicting well the later measurements for the ILWC with expanded glass. This model uses the density and the lightweight concrete classification of the concrete to incorporate correction factors to the ultimate creep and shrinkage values.

A similar analysis was performed using the data from the smaller shrinkage specimens with a V/S=6.08. The lower V/S increases water diffusion, accelerating drying and therefore drying shrinkage.

The comparisons among the experimental results and shrinkage model estimates of the LWC and ILWC mixtures are shown in Figure 3.



Figure 3: Comparisons of the measured and model-estimated shrinkage of (a) LWC and (b) ILWC for V/S=6.08 mm

As shown in Table 8, the best shrinkage estimates at 90 days and V/S = 6.08 mm for the LWC and ILWC are from the FIB2010 model. The FIB2010 model underestimated the measured

shrinkage values by only 15.3%, and 17.2%, for the LWC and ILWC, respectively. From the variability point of view, the FIB2010 model, with a considerably lower coefficient of variation, also showed better performance than the ACI model.

	90-day sh	90-day shrinkage		Predicted ultimate		
	estimate (με)		shrinkage (με)			
	LWC	ILWC	LWC	ILWC		
Measured	959	1444	-	-		
ACI	634	671	832	880		
FIB2010	812	1196	839	1230		
ACI, Coef Var	46.2	69.1	-	-		
FIB2010, Coef Var	28.4	41.1	-	-		

Table 8: Short - and long-term shrinkage for the LWC and ILWC (V/S = 6.08 mm)

Both models had better performance when estimating the shrinkage of the LWC compared with that of the ILWC. That is, on average, the ACI and FIB2010 models underestimated the shrinkage of the LWC by 25%, while those same models underestimated the shrinkage of the ILWC by 35%.

It is noted that the performance of both models decreased when estimating the shrinkage of the smaller specimens (V/S=6.08 mm.) with respect to the larger specimens (V/S=20 mm.). That is, the underestimates at 90 days of approximately 14% obtained with V/S=20 mm increased to 30% with V/S=6.08 mm. Something similar occurred with the coefficients of variation, which increased from 31.1% for V/S=20 m to 46.2 for V/S=6.08 mm.

This model performance decrease was even more noticeable for the ILWC than for the LWC. That is, the underestimates of 13% with V/S=20 mm increased to 35% with V/S=6.08 mm, and the coefficients of variation increased from 40.2% with V/S=20 mm to 55.1% with V/S=6.08 mm.

This model performance decrease might be related to the drying and water diffusion within the concrete, which are determined not only by the diffusion coefficient but also by the internal water contained in the lightweight aggregates.

Calibration Methodology

The calibration methodology is based on that proposed by Videla et al. [45]. The general form of the shrinkage and creep prediction models can be expressed with the following equation:

$$\varepsilon_{sh}'(t,t_0) = \sum_{i}^{n} \varepsilon_{sh,i}'(t,t_0) = \sum_{i}^{n} \prod_{j}^{k} K_{i,j} f_i'(t,t_0) \varepsilon_{sh,\infty,i}'$$
(6)

where $\varepsilon'_{sh}(t, t_0)$ is the total shrinkage at $t - t_0$ drying time, t is the age of the concrete and t_0 is the curing time. The total shrinkage is comprised of the sum of each type of predicted shrinkage strain, $\varepsilon'_{sh,i}(t, t_0)$ (basic shrinkage and drying shrinkage), depending on the model; $f'_i(t, t_0)$ is the function that represents the shrinkage evolution for each type of shrinkage strain; $\varepsilon'_{sh,\infty,i}$ is the constant value used to represent the ultimate shrinkage values; and $K_{i,j}$ are correction values adjusted by different factors that affect each type of shrinkage strain evolution, for instance, relative humidity, type of cement or supplementary cementing material and type of aggregate.

The need for model calibration is evaluated based on the comparison between the model predictions and experimental results. If a model has a coefficient of variation below \pm 30%, it is generally accepted that it is sufficiently accurate for design purposes [46] when the estimation is performed without having precise information about the mixture, its mechanical properties, the environmental conditions or the materials used during mixing. Despite the fact that both models had a coefficient of variation below 30% for the LWC case, all the prediction models will be calibrated.

Extrapolation

For a more accurate calibration method, the ultimate shrinkage values should be extrapolated to represent the total shrinkage evolution correctly. Nonetheless, it has been shown that short-term data from just one specimen size is not sufficient for shrinkage extrapolation. Bažant and Donmez [38] proposed a promising method to extrapolate the ultimate shrinkage value based on short-term shrinkage of specimens with different sizes (V/S). The extrapolation uses the diffusion theory effect on shrinkage, which has been proven to be a dominant factor in how shrinkage evolves as the specimen size changes. This is based on the following three physical requirements [38]:

- 1. The shrinkage halftime must initially increase as D^2 , where D is the effective thickness of the specimen, being equal to 2V/S, two times the volume-to-surface ratio.
- 2. ε_{sh} must initially evolve as $\sqrt{t-t_0}$
- 3. The approach to the final value must be asymptotically much closer to a decaying exponential than to a power law.

Therefore, the shrinkage curves of specimens from both sizes tend to be parallel and shifted by a distance Δ when plotted on a logarithmic scale as follows:

$$\Delta = 2 \log \left(\frac{D_1 k_{s,1}}{D_2 k_{s,2}} \right) \tag{7}$$

where k_s is a correction factor (1 for an infinite slab, 1.15 for an infinite cylinder and 1.25 for an infinite square prism).

Then, the proposed objective function to be minimized is as follows:

$$\Phi(x,y) = w_0 w_1 \sum_{i=1}^{N} \left[\varepsilon_{1,i} - x \tanh \sqrt{\frac{t - t_0}{k_{s,1}^2 y D_1^2}} \right]^2 + w_2 \sum_{j=m+1}^{n} \left[\varepsilon_{2,j} - x \tanh \sqrt{\frac{t - t_0}{k_{s,2}^2 y D_2^2}} \right]^2$$
(8)
+ $w_3 [\|x\|_2 + \|y\|_2]$

17

$$w_1 = \frac{1}{N} \qquad w_2 = \frac{1}{n-m} \qquad x = \varepsilon_{sh,\infty} \qquad y = k_1 \tag{9}$$

where:

- $\varepsilon_{1,i}$, for i = 1, ..., N are the shrinkage values on V/S = 20 mm specimens.
- ε_{2,j}, for j = 1, ..., m, ..., n are the shrinkage values on V/S = 6.08 mm specimens.
 Values between 1 and m are not considered if ε_{2j} < ε_{1i}, so the fit at early ages is not affected.
- k_1 or y is the correction factor for the time function.
- $\varepsilon_{sh,\infty}$ or x is the ultimate shrinkage value for the mix.
- w_1 and w_2 are bias countering weights for V/S = 20 mm and V/S = 6.08 mm size specimens, respectively, which ensure that both sums in the objective function have equal total weight.
- w_0 is an importance weight; in this case, 1 has been used.
- $||x||_2$ and $||y||_2$ are normalization functions incorporated into this extrapolation method. The main use of these functions is the restriction or regularization of possible solutions obtained by the optimization algorithm. w_3 is the weight, which is arbitrary (normally 10^{-3} or 10^{-4}).

Using the nonlinear programming solver of MATLAB, which uses the simplex method of Lagarias et al. [47], the solution to equation (8) is shown in Table 9.

Mixture	ε _{sh,∞} (με)	<i>k</i> ₁
LWC	1015	0.059
ILWC	1631	0.129

Table 9: Extrapolation values obtained for EC and EG

Using these parameters, we can build extrapolation functions with the following form:

$$\boldsymbol{\varepsilon}_{\boldsymbol{sh},\infty} = \boldsymbol{\varepsilon}_{\boldsymbol{sh},\infty} \tanh \sqrt{\frac{t - t_0}{k_s^2 k_1 D^2}}$$
(10)

that predict long-term shrinkage values for the LWC and ILWC. The following figures show the extrapolation results (Fig. 4):



Figure 4: Extrapolation results for (a) LWC and (b) ILWC

According to the extrapolations and regardless of the concrete type, the specimen size plays a relevant role in shrinkage. In fact, the difference in the magnitudes of the shrinkage between the two specimen sizes can be explained by the diffusion theory, as the loss of water occurs faster in the V/S=6.08 mm (small) specimens than in the V/S=20 mm (large) specimens. This is mainly due to the greater slenderness of the V/S=6.08 mm specimens, which makes it easier for water to leave to the environment compared to the V/S=20 mm specimens.

According to the extrapolations with V/S=20 mm, the LWC reached 69.9% of the ultimate shrinkage value after 90 days of drying, while the ILWC reached only 55.0% of the ultimate shrinkage value. For the case with V/S=6.08 mm, the LWC reached 94.5% of the ultimate shrinkage value after 90 days of drying, while the ILWC reached only 88.5% of the ultimate shrinkage value. This means that regardless of the specimen size, the drying shrinkage develops slower in the ILWC than in the LWC, which can be related to the fact that the EG present in the ILWC is able to store more water than the EC present in the LWC as represented by their 72-hour absorptions of 48.5% for the EG and 20.9% for the EC.

Model Calibration

For each model, equation (6) should be modified. For this, and following the Videla, et al. [45] convention, K_g and K_c are defined as correction factors. K_g is the correction factor for the ultimate shrinkage strain, while K_c is the correction factor for the time function. In cases where the prediction models define the total shrinkage as a sum of the basic and drying shrinkage strains, K_c and K_g will be independent for each time function. In this way, equation (6) now becomes the following:

$$\varepsilon_{sh}'(t,t_0) = \sum_{i}^{n} K_{g,i} \, \varepsilon_{sh,i}'(t,t_0) = \sum_{i}^{n} \prod_{j}^{k} K_{i,j} f_i'(K_{c,i},t,t_0) \, K_{g,i} \, \varepsilon_{sh,\infty,i}'$$
(11)

In the following section, the modifications to the equations are summarized; these modifications do not include all the parameters of the models, and for the sake of simplicity, the ultimate shrinkage values already incorporate the correction factors. The definition of each constant and function can be viewed in more detail in each model [11,19].

Shrinkage

ACI: Time Function Drying Shrinkage:

$$f'_{aci}(K_c, t, t_0) = \frac{t - t_0}{K_c \cdot k_{fc} + t - t_0}$$
(12)

Shrinkage:

$$\varepsilon_{sh-aci}'(K_g, K_c, t, t_0) = K_g \cdot \varepsilon_{sh,\infty}'\left(\frac{t - t_0}{K_c \cdot k_{fc} + t - t_0}\right)$$
(13)

- **FIB2010**:

Time Function Drying Shrinkage:

$$f'_{dsh-fib}(K_c, t, t_0) = \sqrt{\frac{t-t_0}{0.035 \cdot K_c \cdot \left(\frac{V}{S}\right)^2 + t - t_0}}$$
(14)

Time Function Basic Shrinkage:

$$f'_{bsh-fib}(t,t_0) = e^{-0.2\sqrt{t_0}} - e^{-0.2\sqrt{t}} *$$
(15)

* This time function is modified to have strain 0 at t_0 because basic shrinkage was not considered as a separate strain.

Total Shrinkage:

$$\varepsilon_{sh-fib}'(K_{g}, K_{c}, t, t_{0}) = K_{g,1} \cdot \varepsilon'_{dsh,\infty} \sqrt{\frac{t - t_{0}}{0.035 \cdot K_{c} \cdot \left(\frac{V}{S}\right)^{2} + t - t_{0}}} + K_{g,2} \cdot \varepsilon'_{bsh,\infty} \left(e^{-0.2\sqrt{t_{0}}} - e^{-0.2\sqrt{t}}\right)$$
(16)

Objective Function

Having composed the calibrated functions, the following objective function is defined:

$$\Phi(K_{g,1},...,K_c) = \sum_{i=1}^n w_1 \|\varepsilon_i(t) - \varepsilon_{sh}'(K_{g,1},...,K_c,t,t_0)\|_2 + w_0 \sqrt{\hat{K} \cdot \hat{K}^t}$$
(17)

$$\widehat{K} = \langle K_{g,1} \quad \dots \quad K_c \rangle \tag{18}$$

where \hat{K} is the calibration correction factor vector, which is the norm used for normalization of the solutions; ε'_{sh} is the prediction function with calibration correction factors; w_1 is the weight function defined in equation (3), which in this case is used to force the ultimate shrinkage corresponding to that previously extrapolated; and w_0 is an arbitrary constant for normalization purposes (10^{-3} or 10^{-4}).

Using the nonlinear programming solver of MATLAB, which uses the simplex method of Lagarias et al. [47], the models are calibrated by minimizing the objective function (17).

Calibration Results and Discussion

After calibrating the models with the above-described procedure, a statistical analysis was performed to evaluate the performance of the calibration performed on all the prediction models. The obtained calibration correction factors are shown in Table 10.

		ACI		FIB2010		
V/S (mm)	Mixture	Kg	K _c	$K_{g,1}$	<i>Kg</i> ,2	K _c
20	NWC	1.03	1.49	1.48	0.14	2.90
20	LWC	1.29	0.98	1.27	1.37	2.21
20	ILWC	1.97	2.03	1.32	0.55	2.99
6.08	LWC	1.26	0.29	1.22	1.42	1.15
6.08	ILWC	1.95	0.47	1.32	1.47	2.58

Table 10: Model calibration correction factors

The calibration correction factor applied to the ultimate shrinkage value (K_g) strongly depends on the concrete type (NWC, LWC or ILWC) and on the model itself (ACI or FIB2010). When analyzing the ultimate shrinkage values, the best performance was obtained for the NWC using the ACI model, which had a K_g almost equal to 1.0. The ACI model underestimated the ultimate shrinkage of the LWC with K_g values of 1.29 and 1.26 for V/S=20 mm and 6.08 mm,

respectively. The same model underestimated the ultimate shrinkage of the ILWC having K_g

of 1.97 and 1.95 for V/S=20 mm and 6.08 mm, respectively. Therefore, the ACI model provided accurate estimates for the ultimate shrinkage of the NWC, underestimated that of the LWC by nearly 22% and greatly underestimated the ultimate shrinkage of the ILWC by nearly 50%. Overall, the FIB2010 model had a better prediction of the ultimate shrinkage values of the LWC, mainly due to the correction improvements performed by Kvitsel, which correct the final shrinkage value according to the density and compressive strength category for the LWC [8,11]. Interestingly, the correction factor $K_{g,1}$, which accounts for drying shrinkage in the FIB2010 model, had similar values for both specimens of both mixtures (1.22 - 1.32), but measurements of sealed specimens should be performed to more accurately account for the effects of basic shrinkage, which for the LWC and ILWC is an important factor. Overall, the FIB2010 model underestimated the ultimate shrinkage of the NWC by nearly 32%, underestimated that of the LWC by nearly 20% and greatly underestimated the ultimate shrinkage of the ILWC by nearly 24%.

When analyzing the evolution of shrinkage, it can be concluded that the ACI model had a better prediction of the evolution of shrinkage strains than the FIB2010 model, as shown by the lower K_c obtained by the ACI model for the three types of concrete (NWC, LWC and ILWC) and the two specimen sizes (V/S=20 mm and 6.08 mm). This might be explained based on the FIB time evolution function as $\sqrt{t - t_0}$ and proportional to $(2 V/S)^2$, which may be the case for the NWC with low permeability and without internally stored water in the aggregates. However, in the concrete mixtures containing prewetted LWA, the internal curing plays an important factor, as previously concluded for concrete of similar W/C under drying shrinkage [48,49].

Additionally, when comparing K_c between the three types of concretes, it can be observed that the K_c of the ILWC was always larger than that of the LWC for the two models and the two specimen sizes; also the K_c of the LWC was always larger than that of the NWC. This means that the presence of the LWA delays shrinkage, so the models need to be corrected using larger values of K_c . Specifically, EG delays shrinkage even more than EC, which can be related to the water absorbed in the LWA at the time of mixing [48,50]. That is, the more water that is contained within the LWA, the greater the shrinkage delay.

The movement water from the LWA (internal curing) may also explain the differences in the shrinkage strain evolution between the two specimen sizes. Water loss from the LWA was

lower in V/S=20 mm specimens than in V/S=6.08 mm specimens. Therefore, the internal curing effect was more relevant in the V/S=20 mm specimens, leading to more effective hydration of the cement paste; this will lead to lower porosity and permeability of the hydrated cement paste and therefore lower water diffusion, as observed previously [51].

The statistical analysis involved the coefficient of determination R^2 and coefficient of variation, $\overline{\omega}_{all}$ as shown in Table 11.

V/S		ACI		FIB2010		
(mm)	Mixture	R ²	$\overline{\omega}_{all}$ [%]	R ²	$\overline{\omega}_{all}$ [%]	
20	NWC	0.985	19.97	0.810	35.66	
20	LWC	0.991	9.7	0.940	12.0	
20	ILWC	0.988	10.0	0.734	30.1	
6.08	LWC	0.905	18.5	0.212	42.7	
6.08	ILWC	0.928	16.1	0.443	44.3	

Table 11: Coefficient of determination \mathbb{R}^2 and coefficient of variation $\overline{\omega}_{all}$ as defined by Bažant, after calibration

The performance of the calibrated models improved overall. The ACI model is the best prediction model after calibration, having larger R² and lower $\overline{\omega}_{all}$ for the LWC and ILWC, except for the case of the LWC with V/S=20 mm specimens where the FIB2010 model had a larger R². It should be noted that the FIB2010 model performed poorly even after calibration for the V/S=6.08 mm specimens for both the LWC and ILWC; this could be related to the internal curing effect mentioned earlier.

Calibration Validation

The calibrated models were validated against the experimental data from this study (See Figure 5), in order to assess the improvements in the estimates when compared to the original models (See Figure 3).



Figure 5: Comparisons of the measured and calibrated model-estimated shrinkage of (a) NWC, (b) LWC and (c) ILWC for V/S=20 mm

As expected, the calibrated models predict accurately the drying shrinkage of NWC, LWC and ILWC. This is clear when comparing the original performance of the models prior to calibration shown in Figure 3.

Moreover, the calibrated ACI models performed better than the calibrated FIB2010 model especially for NWC and ILWC where the calibrated FIB2010 model tends to overestimate shrinkage during the first few weeks.

Further validation of the calibrated models was performed by comparing the new estimates against the experimental data, but using new data from other studies found in the literature (See

Figure 6) which were not used in the calibration process. The calibration values detailed in Table 10 were then used for using the calibrated models for predicting the shrinkage of LWC and ILWC of similar composition dried in comparable environmental conditions [52,53]. In the case of the LWC data [53] shown in Figure 6a, the calibration clearly improved the estimates of both models especially after 14 days of drying. Calibrated FIB2010 models performed better than the calibrated ACI model.

In the case of the ILWC data [52] shown in Figure 6b, the calibration improved the estimates of the FIB2010 model, but made worse those of ACI. Both models overestimated the Shrinkage of ILWC especially during the first few weeks. Calibrated FIB2010 models performed better than the calibrated ACI model.

Overall, the calibrated models can predict reasonably well the shrinkage, even though the drying conditions, curing and specimen sizes vary. A more extensive research in regards of these variables should be done for the impact of these variables on shrinkage of LWC and ILWC.



Figure 6: Comparisons of the measured and calibrated model-estimated shrinkage of (a) LWC and (b) ILWC for V/S=20 mm

The calibrated models would need to be further corrected if new LWAs different from EC and EG are considered. This is mainly due to the fact that the models do not include specific properties of the LWAs such as porosity, pore size distribution, and the mechanical properties of the solid phase of the LWA.

Conclusions

Shrinkage was experimentally measured and analytically modeled for three types of concrete: normal weight concrete (NWC) with normal weight aggregates, lightweight concrete (LWC) with expanded clay (EC) lightweight aggregate (LWA) and infra-lightweight concrete (ILWC) with expanded glass (EG) LWA. Concrete specimens were stored at $22(\pm 1)$ °C and $50(\pm 3)$ % R. H. for a period of 90 days of drying. The compressive strength at 7 days of age of the NWC, LWC, and ILWC was 40.5, 20.6, and 10.1 MPa, respectively.

The experimental results from shrinkage were compared against the ACI and FIB2010 prediction models. Both models estimated shrinkage of the NWC within 10% of error and underestimated the shrinkage of the LWC and ILWC by approximately 14%. Both models were adjusted to better represent the experimental values using a calibration methodology involving K_g and K_c as calibration factors for ultimate shrinkage and the evolution of shrinkage.

After calibration, the FIB2010 model had an overall better prediction of the final shrinkage values of the LWC mainly due to the correction improvements performed by Kvitsel, thus having smaller K_g values, which accounts for the density, and thus porosity, of the LWC and ILWC. However, the ACI model, as shown by its lower K_c values, had a better prediction of the evolution of shrinkage than the FIB2010 model. This shows that the prewetted LWA slowed the shrinkage evolution.

The performance of the calibrated models improved overall. Nevertheless, the ACI model obtained better performance than the FIB2010 model for the two sets of data used in this investigation; this was mainly due to the time function for shrinkage evolution of the ACI model that better suits the experimental shrinkage evolution of concretes containing prewetted LWA providing internal curing.

The calibration with this limited set of data proved to be useful to estimate shrinkage of LWC and ILWC mixtures that were not part of the data base used for the original shrinkage model development. Further extensive work needs to be carried out to keep updating the model codes in the future.

Acknowledgments

This work was funded by research CONICYT/FONDEF D10I1086 Chile and supported by CEDEUS, CONICYT/FONDAP 15110020 Chile. In addition, the authors greatly appreciate the help of Mario Olivares, Claudio Valdés and the whole staff of DICTUC for the use of the drying chamber and instruments; Cristian Imbarack of BSA for providing the Portland cement; Mauricio Guerra from the materials laboratory; and Sergio Vera and Jose Carlos Remesar gave important feedback during the investigation. The authors also acknowledge the German Academic Exchange Service (DAAD) for their founding; Dr. Bou-Young Young and Professor Rolf Breitenbücher of the Building Materials Laboratory at Ruhr-University Bochum; and Dr. Michael Vogel, Professor Harald Müller and Dr. Vladislav Kvitsel of the Materials Testing and Research Institute at Karlsruher Institute of Technology.

References

[1] J.C. Remesar, S. Vera, M. Lopez, Assessing and understanding the interaction between mechanical and thermal properties in concrete for developing a structural and insulating material, Constr. Build. Mater. 132 (2017) 353–364.

https://doi.org/10.1016/j.conbuildmat.2016.11.116.

[2] M. Lopez, L.F. Kahn, K.E. Kurtis, Creep and shrinkage of high-performance lightweight concrete, ACI Mater. J. 101 (2004) 391–399.

[3] W. Breit, J. Schulze, C. Heese, B. Bund, Highly insulating, monolithic concrete panels made of architectural lightweight concrete, Kaiserslautern, 2014.

https://www.irbnet.de/daten/kbf/kbf_e_F_2894.pdf%0A.

[4] R. Nemes, Lightweight Concrete made with Expanded Glass Aggregate, Budapest University of Technology and Economics, 2006.

[5] M. Zareef, Conceptual and structural design of infra-lightweight concrete, Technical University of Berlin, 2010.

[6] A. Enshassi, H. Al Ghoul, S. AlKilani, Exploring sustainable factors during construction projects' life cycle phases, Rev. Ing. Constr. 33 (2018) 51–68.

[7] J.A. Browning, D. Darwin, D. Reynolds, B. Pendergrass, Lightweight aggregate as internal curing agent to limit concrete shrinkage, ACI Mater. J. 108 (2011) 638–644.

[8] V. Kvitsel, Zur Vorhersage des Schwindens und Kriechens von normal- und hochfestem Konstruktionsleichtbeton mit Blähtongesteinskörnung, KIT Scientific Publishing, Karlsruhe, Karlsruhe, 2017. https://doi.org/10.5445/KSP/1000054333.

[9] X.F. Wang, Y.J. Huang, G.Y. Wu, C. Fang, D.W. Li, N.X. Han, F. Xing, Effect of nano-SiO2 on strength, shrinkage and cracking sensitivity of lightweight aggregate concrete, Constr. Build. Mater. 175 (2018) 115–125.

https://doi.org/10.1016/j.conbuildmat.2018.04.113.

[10] K. Gorospe, E. Booya, H. Ghaednia, S. Das, Effect of various glass aggregates on the shrinkage and expansion of cement mortar, Constr. Build. Mater. 210 (2019) 301–311.
 https://doi.org/10.1016/j.conbuildmat.2019.03.192.

[11] fib, fib Model Code for Concrete Structures 2010, Wiley-VCH Verlag GmbH & Co.KGaA, Weinheim, Germany, 2013. https://doi.org/10.1002/9783433604090.

[12] K. Walz, G. Wischers, Konstruktions-Leichtbeton hoher Festigkeit. Stand der Entwicklung in den USA am Beispiel von Blähtonzuschlag aus dem Drehofen, Forschungsinstitut der Zementindustrie, Düsseldorf, Germany, 1964.

[13] T. Faust, Leichtbeton im Konstruktiven Ingenieurbau, Beton- Und Stahlbetonbau. 98(2003) A23–A24. https://doi.org/10.1002/best.200301640.

[14] G. Espinoza-Hijazin, Á. Paul, M. Lopez, Concrete Containing Natural Pozzolans: New Challenges for Internal Curing, J. Mater. Civ. Eng. 24 (2012) 981–988.
 https://doi.org/10.1061/(ASCE)MT.1943-5533.0000421.

[15] L.F. Kahn, M. Lopez, Prestress losses in high performance lightweight concrete pretensioned bridge girders, PCI J. 50 (2005) 84-+.

[16] A. Katz, A. Bentur, K.O. Kjellsen, Normal and High Strength Concretes with Lightweight Aggregates, in: M.G. Alexander, G. Arliguie, G. Ballivy, A. Bentur, J. Marchand (Eds.), RILEM Rep. 20 Eng. Transp. Prop. Interfacial Transit. Zo. Cem. Compos., RILEM Publications S.A.R.L., Cachan, France, 1999: pp. 71–88.

[17] J. Liu, C. Shi, X. Ma, K.H. Khayat, J. Zhang, D. Wang, An overview on the effect of internal curing on shrinkage of high performance cement-based materials, Constr. Build.
 Mater. 146 (2017) 702–712. https://doi.org/10.1016/j.conbuildmat.2017.04.154.

[18] T. Ji, D.D. Zheng, X.F. Chen, X.J. Lin, H.C. Wu, Effect of prewetting degree of ceramsite on the early-age autogenous shrinkage of lightweight aggregate concrete, Constr. Build. Mater. 98 (2015) 102–111. https://doi.org/10.1016/j.conbuildmat.2015.08.102.

[19] ACI Committee 209 (ACI 209.2R-08), Guide for Modeling and Calculating Shrinkage and Creep in Hardened Concrete, American Concrete Institute, Farmington Hills, MI, 2008.

[20] ACI Committee 213 (ACI 213R-03), Guide for Structural Lightweight-Aggregate Concrete, American Concrete Institute, Farmington Hills, MI, 2003.

[21] Y. Ke, S. Ortola, A.L. Beaucour, H. Dumontet, Identification of microstructural characteristics in lightweight aggregate concretes by micromechanical modelling including the interfacial transition zone (ITZ), Cem. Concr. Res. 40 (2010) 1590–1600. https://doi.org/10.1016/j.cemconres.2010.07.001.

[22] M.H. Zhang, O.E. Gjørv, Microstructure of the Interfacial Zone between Lightweight Aggregate and Cement Paste, Cem. Concr. Res. 20 (1990) 610–618.

 [23] B.F. Dela, H. Stang, Two-dimensional analysis of crack formation around aggregates in high-shrinkage cement paste, Eng. Fract. Mech. 65 (2000) 149–164.
 https://doi.org/10.1016/S0013-7944(99)00113-7.

[24] P. Grassl, H.S. Wong, N.R. Buenfeld, Influence of aggregate size and volume fraction on shrinkage induced micro-cracking of concrete and mortar, Cem. Concr. Res. 40 (2010) 85–93. https://doi.org/10.1016/j.cemconres.2009.09.012.

[25] J.-H.H. Moon, F. Rajabipour, B. Pease, J. Weiss, Autogenous shrinkage, residual stress, and cracking in cementitious composites: The influence of internal and external restraint, Fourth Int. Semin. Self-Desiccation Its Importance Concr. Technol. (2005) 1–20. http://bridge.ecn.purdue.edu/~concrete/weiss/publications/r_conference/RC-036.pdf.

[26] M. Lopez, Creep and Shrinkage of High Performance Lightweight Concrete : a Multi-Scale Investigation Creep and Shrinkage of High Performance Lightweight Concrete : a Multi-Scale Investigation, Environ. Eng. (2005). http://etd.gatech.edu/theses/available/etd-11222005-122831/.

[27] A.M. Neville, Properties of concrete, 5th ed, Pearson, Harlow, Sussex, 2011.

[28] ASTM, C1761 / C1761M-15, Standard Specification for Lightweight Aggregate for Internal Curing of Concrete, ASTM International, West Conshohocken, PA, 2013. https://doi.org/10.1520/C1761. [29] Hormigones Bicentenario S.A., Aspectos Técnicos Cemento Portland BSA, (2016) 1–
2.

[30] C. Videla, M. Lopez, Mixture proportioning methodology for structural sandlightweight concrete, ACI Struct. J. 97 (2000) 281–289.

[31] ASTM Standard C192/C192M - 16a, Standard Practice for Making and Curing
 Concrete Test Specimens in the Laboratory, ASTM International, West Conshohocken, PA,
 2016. https://doi.org/10.1520/C0192_C0192M-16A.

[32] ASTM Standard C39/C39M - 17a, Standard Test Method for Compressive Strength of Cylindrical Concrete Specimens, ASTM International, West Conshohocken, PA, 2017. https://doi.org/10.1520/C0039_C0039M-17A.

[33] ASTM Standard C469/C469M - 14, Standard Test Method for Static Modulus of Elasticity and Poisson's Ratio of Concrete in Compression, ASTM International, West Conshohocken, PA, 2014. https://doi.org/10.1520/C0469-02E01.2.

[34] ASTM Standard C215 - 14, Standard Test Method for Fundamental Transverse, Longitudinal, and Torsional Resonant Frequencies of Concrete Specimens, ASTM International, West Conshohocken, PA, 2014. https://doi.org/10.1520/C0215-14.2.

[35] R.P. Spragg, J. Castro, T. Nantung, M. Paredes, J. Weiss, Variability Analysis of the Bulk Resistivity Measured Using Concrete Cylinders, Adv. Civ. Eng. Mater. 1 (2012) 16. https://doi.org/10.1520/ACEM104596.

[36] ASTM Standard C567/C567M - 14, Standard Test Method for Determining Density of Structural Lightweight Concrete, ASTM International, West Conshohocken, PA, 2014. https://doi.org/10.1520/C0567-05A.2.

[37] ASTM Standard C596 - 01, Standard Test Method for Drying Shrinkage of Mortar
 Containing Hydraulic Cement, ASTM International, West Conshohocken, PA, 2001.
 https://doi.org/10.1520/C0596-09.

[38] Z.P. Bažant, A. Donmez, Extrapolation of short-time drying shrinkage tests based on measured diffusion size effect: concept and reality, Mater. Struct. 49 (2016) 411–420. https://doi.org/10.1617/s11527-014-0507-0.

[39] D. Kocáb, M. Králíková, P. Cikrle, P. Misák, B. Kucharczyková, Experimental analysis of the influence of concrete curing on the development of its elastic modulus over time, Mater. Tehnol. 51 (2017) 657–665. https://doi.org/10.17222/mit.2016.248.

[40] D. Kocab, B. Kucharczykova, P. Misak, P. Zitt, M. Kralikova, Development of the Elastic Modulus of Concrete under Different Curing Conditions, Procedia Eng. 195 (2017) 96–101. https://doi.org/10.1016/j.proeng.2017.04.529.

[41] M. Golias, D. Bentz, J. Weiss, Influence of Exposure Conditions on the Efficiency of Internal Curing, Adv. Civ. Eng. Mater. 2 (2013) 522–533.

https://doi.org/10.1520/ACEM20120023.

[42] G.J.L. van der Wegen, J.M.J.M. Bijen, Properties of concrete made with three types of artificial PFA coarse aggregates, Int. J. Cem. Compos. Light. Concr. 7 (1985) 159–167. https://doi.org/10.1016/0262-5075(85)90003-X.

[43] A. Wedding, F. Wittmann, Z. Bazant, F. Alou, J.-K. Kim, Statistics of Shrinkage Test Data, Cem. Concr. Aggregates. 9 (1987) 129. https://doi.org/10.1520/CCA10078J.

 [44] Z.P. Bažant, S. Baweja, Justification and refinements of model B3 for concrete creep and shrinkage 1. Statistics and sensitivity, Mater. Struct. 28 (1995) 488–495.
 https://doi.org/10.1007/BF02473171.

[45] C. Videla, J.P. Covarrubias, C. Masana, Calibration of Drying Shrinkage Prediction Models for Chilean Cement Concretes, Rev. Ing. Construcción. 16 (2001) 1–19.

[46] ACI Committee 209 (ACI 209-R92), Chapter 5: Modeling and Calculation of Shrinkage, Creep and Thermal Expansion, ACI 209 Comm. Intern. Discuss. Doc. (1999).

[47] J.C. Lagarias, J.A. Reeds, M.H. Wright, P.E. Wright, Convergence Properties of the Nelder-Mead Simplex Method in Low Dimensions, SIAM J. Optim. 9 (1998) 112–147.

[48] J.G. Guðmundsson, Long-term creep and shrinkage in concrete using porous aggregate – The effects of elastic modulus, Reykjavík University, 2013.

[49] G. Espinoza-Hijazin, M. Lopez, Extending internal curing to concrete mixtures with W/C higher than 0.42, Constr. Build. Mater. 25 (2011) 1236–1242.

https://doi.org/10.1016/j.conbuildmat.2010.09.031.

[50] M. Lopez, L. Kahn, K. E. Kurtis, Effect of internally stored water on creep of highperformance concrete, ACI Mater. J. 105 (2008) 265–273.

[51] S. Zhutovsky, K. Kovler, Effect of internal curing on durability-related properties of high performance concrete, Cem. Concr. Res. 42 (2012) 20–26. https://doi.org/10.1016/j.cemconres.2011.07.012. [52] W. Breit, J. Schulze, C. Heese, B. Bund, Hochwärmedämmende, monolithische Sichtbetonaußenteile aus Architekturleichtbeton, Bonn, Germany, 2014.

[53] J.A. Bogas, J. De Brito, J. Cabaço, Long-term behaviour of concrete produced with recycled lightweight expanded clay aggregate concrete, Constr. Build. Mater. 65 (2014) 470–479. https://doi.org/10.1016/j.conbuildmat.2014.05.003.