

## Article

# New 1,2,3-Triazole/1,2,4-triazole Hybrids as Aromatase Inhibitors: Design, Synthesis, and Apoptotic Antiproliferative Activity

Mohamed T-E Maghraby<sup>1,2</sup>, Tahani Mazyad Almutairi<sup>3</sup>, Stefan Bräse<sup>4,\*</sup> , Ola I. A. Salem<sup>1</sup>, Bahaa G. M. Youssif<sup>1,\*</sup>  and Mahmoud M. Sheha<sup>5,6</sup>

<sup>1</sup> Department of Pharmaceutical Organic Chemistry, Faculty of Pharmacy, Assiut University, Assiut 71526, Egypt; tag\_84@yahoo.com (M.T.-E.M.); olasalem69@gmail.com (O.I.A.S.)

<sup>2</sup> Department of Pharmaceutical Chemistry, Faculty of Pharmacy, New Valley University, New Valley 72511, Egypt

<sup>3</sup> Department of Chemistry, College of Science, King Saud University, Riyadh 11451, Saudi Arabia; talmutari1@ksu.edu.sa

<sup>4</sup> Institute of Biological and Chemical Systems, IBCS-FMS, Karlsruhe Institute of Technology, 76131 Karlsruhe, Germany

<sup>5</sup> Department of Medicinal Chemistry, Faculty of Pharmacy, Assiut University, Assiut 71526, Egypt; sheha@sphinx.edu.eg

<sup>6</sup> Department of Pharmaceutical Chemistry, Faculty of Pharmacy, Sphinx University, New-Assiut 71684, Egypt

\* Correspondence: braese@kit.edu (S.B.); bgyoussif2@gmail.com (B.G.M.Y.)

**Abstract:** A novel series of 1,2,3-triazole/1,2,4-triazole hybrids 5a, 5b, and 6a–i was designed and synthesized as antiproliferative agents targeting aromatase enzymes. The antiproliferative activity of the new hybrids against four cancer cells was studied using Erlotinib as a control. Compounds 6a and 6b demonstrated the highest antiproliferative activity among these hybrids, with GI50 values of 40 nM and 35 nM, respectively. Compound 6b was the most potent derivative, with a GI50 of 35 nM, comparable to Erlotinib's GI50 of 33 nM. Compound 6b inhibited all cancer cell lines with comparable efficacy to Erlotinib. Compounds 5a, 5b, and 6a–i were tested for inhibitory action against aromatase as a potential target for their antiproliferative activity. Results revealed that compounds 6a and 6b were the most potent aromatase inhibitors, with IC50 values of  $0.12 \pm 0.01 \mu\text{M}$  and  $0.09 \pm 0.01 \mu\text{M}$ , respectively, being more potent than the reference Ketoconazole ( $\text{IC}_{50} = 2.6 \pm 0.20 \mu\text{M}$ ) but less potent than Letrozole ( $\text{IC}_{50} = 0.002 \pm 0.0002$ ). These findings indicated that compounds 6a and 6b had significant aromatase inhibitory action and are potential antiproliferative candidates. The findings were further linked to molecular docking investigations, which gave models of strong interactions with the aromatase domain for inhibitors with high binding scores.

**Keywords:** 1,2,3-triazole; 1,2,4-triazole; anticancer; aromatase; viability



**Citation:** Maghraby, M.T.-E.; Mazyad Almutairi, T.; Bräse, S.; Salem, O.I.A.; Youssif, B.G.M.; Sheha, M.M. New 1,2,3-Triazole/1,2,4-triazole Hybrids as Aromatase Inhibitors: Design, Synthesis, and Apoptotic Antiproliferative Activity. *Molecules* **2023**, *28*, 7092. <https://doi.org/10.3390/molecules28207092>

Academic Editor: Antal Csámpai

Received: 12 September 2023

Revised: 29 September 2023

Accepted: 5 October 2023

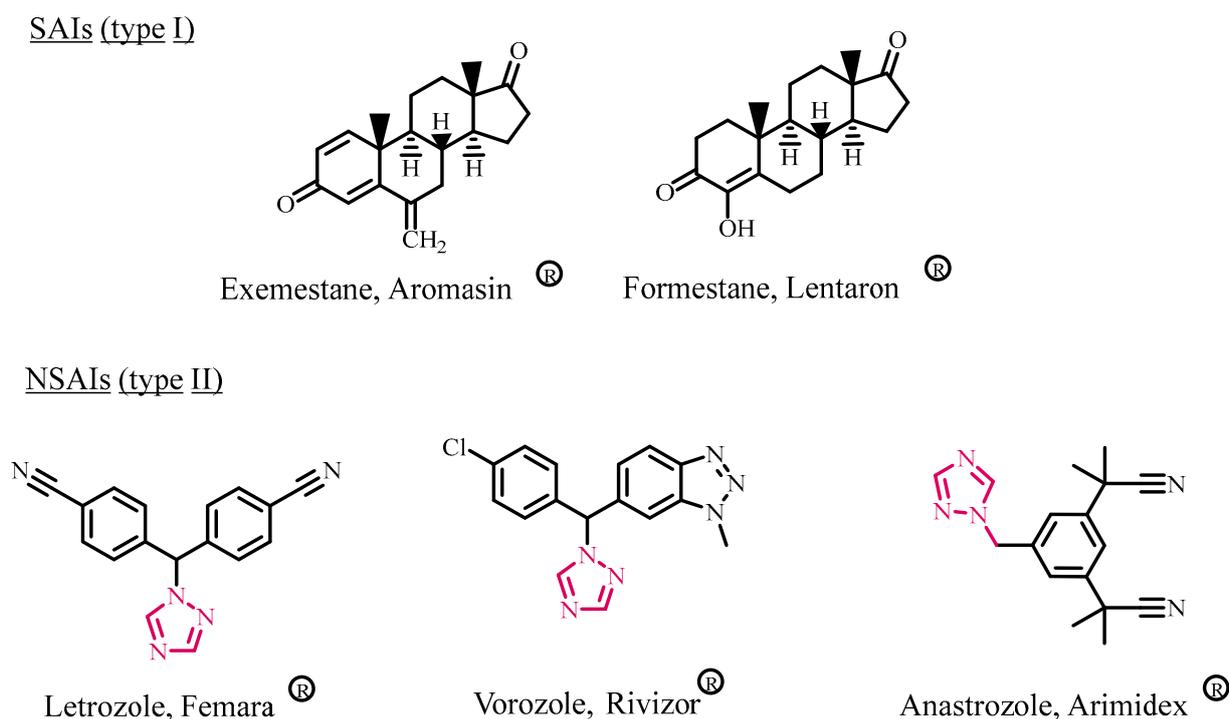
Published: 14 October 2023



**Copyright:** © 2023 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

## 1. Introduction

High estrogen levels have been linked to cancer cell proliferation, recurrence, and metastasis in estrogen-dependent breast malignancies. One of the most effective breast cancer management strategies is reducing estrogen levels by preventing its manufacturing [1–3]. Aromatase (CYP19) is a rate-limiting enzyme in the cytochrome P450 family that catalyzes the production of estrogens from androgens. As a result, aromatase inhibitors (AIs) have become one of the most utilized medication classes for treating estrogen-dependent cancer [4–7]. AIs are classified into two types on the basis of their mechanisms of action: (i) steroidal AIs (such as formestane and exemestane) that inhibit the aromatase enzyme irreversibly, and (ii) nonsteroidal AIs (such as Letrozole, anastrozole, and vorozole) whose inhibitory effects are reversible (Figure 1) [8–10].



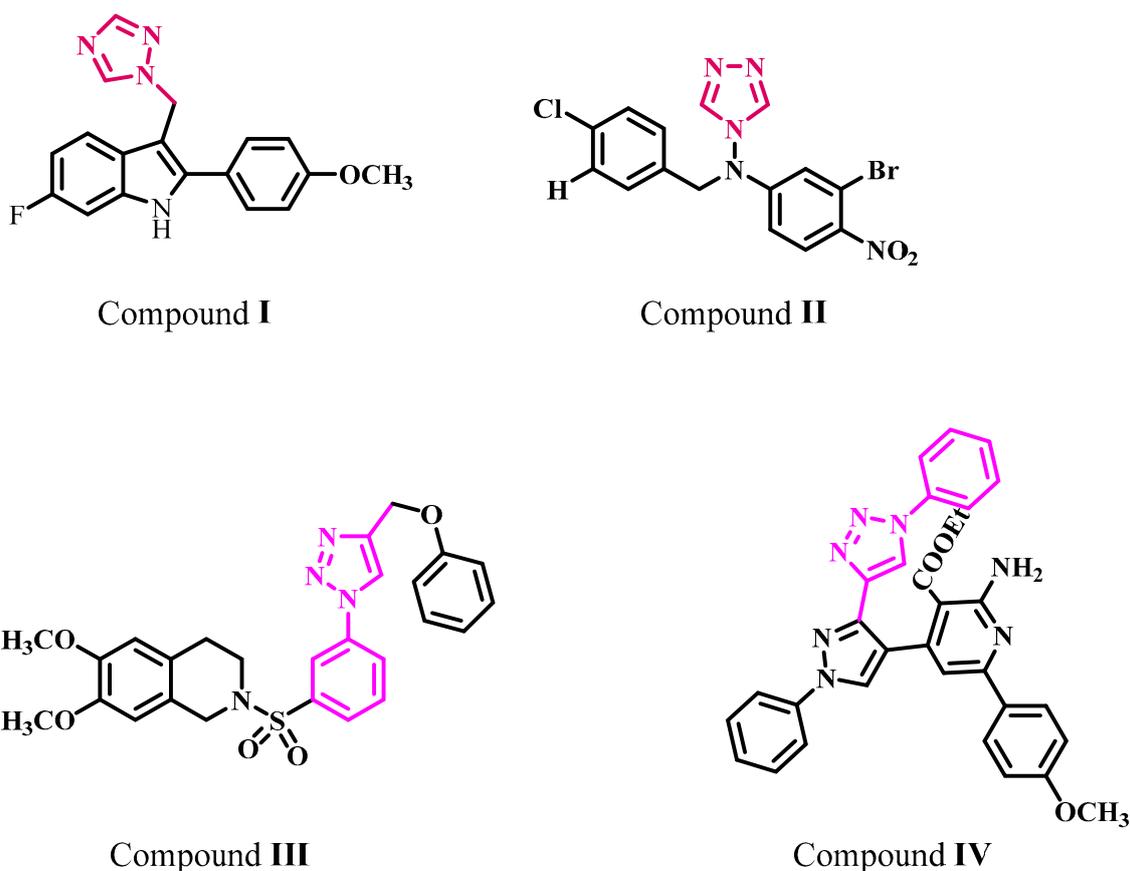
**Figure 1.** Structures of SAIs (type I) and NSAIs (type II) aromatase inhibitors.

Although currently available aromatase inhibitors (both steroidal and nonsteroidal types) have demonstrated successful clinical outcomes, long-term use can result in acquired drug resistance as well as significant side effects such as musculoskeletal pain, bone loss (osteoporosis), broken bones, and cardiovascular disease [11,12]. As a result, the development of novel aromatase inhibitors is still required to provide a more suitable alternative medicine of choice.

Azoles are aromatic heterocycles with five members that contain a nitrogen atom and at least one other hetero (non-carbon) element (e.g., nitrogen, sulfur, or oxygen). Because of its broad biological importance, azole is an important structural class of heterocycles [13–15]. Extensive molecular docking experiments have revealed that the azole ring connects with iron in the core of the heme moiety present in the active site of aromatase [16,17]. As a result, this azole family has proven to be an effective AI. Anastrozole, vorozole, and Letrozole (Figure 1), for example, have been shown to decrease aromatase activity by 93%, 98%, and 99.9%, respectively [18,19].

Kang et al. described the synthesis, cytotoxicity, and aromatase inhibitory action of a 2-phenyl indole scaffold replaced with an azole ring at the 3-position [20]. Compound I (Figure 2) with a triazole ring had the most promising anti-aromatase action, with an  $IC_{50}$  value of 0.014  $\mu$ M compared with the reference letrozole ( $IC_{50}$  = 0.049  $\mu$ M). The potency was reduced when the triazole ring of compound I was replaced with an imidazole ring. The biological results showed that indole derivatives with a 1,2,4 triazole ring inhibit aromatase more effectively than imidazole-containing derivatives, which could be related to the particular orientation and polarity of triazole in the aromatase binding pocket.

Songa et al. synthesized 4-N-nitrophenyl substituted amino-4H-1,2,4-triazole analogs and tested their aromatase inhibitory activity [21]. Compound II, Figure 2, was the most effective AI, with an  $IC_{50}$  value of 9.02 nM. This investigation showed that substituting EWG at the *para*-position on the benzyl ring had a greater influence on increasing activity than substituting EWG at the *meta*-position.

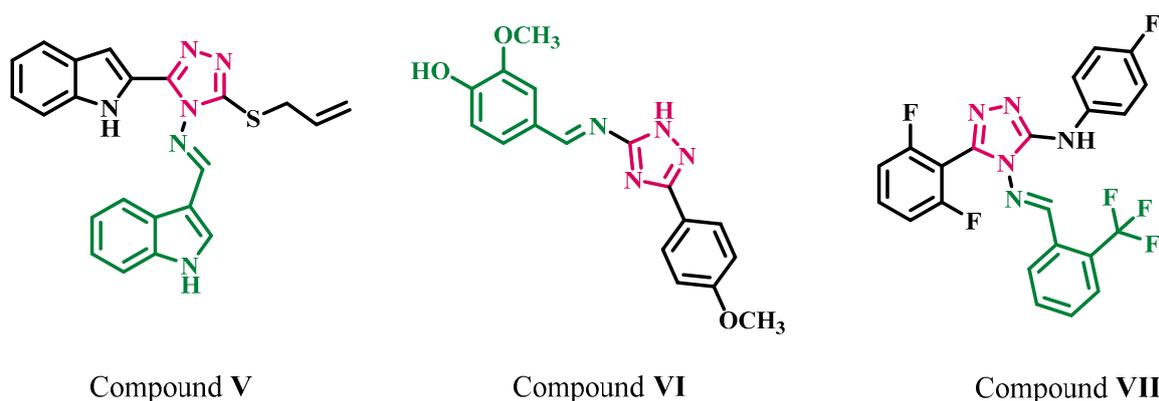


**Figure 2.** Structures of compounds I–IV.

In another study, Pingaew et al. reported a variety of 1,4-disubstituted-1,2,3-triazoles having a sulfonamide moiety and investigated their aromatase inhibitory efficacies [22]. Analogue III (Figure 2) has the most effective aromatase inhibitory activity, with an  $IC_{50}$  value of 0.2 M. Structure activity relationship (Structure activity relationship, SAR) shows that the lipophilic character of the methoxy group improves the binding affinities of the newly produced compounds with aromatase.

Moreover, El-Naggar et al. developed a novel series of 1,2,3 triazole compounds found to be strong aromatase inhibitors [23]. Compared with the reference medication letrozole ( $IC_{50} = 2.8$  nM), compound IV (Figure 2) demonstrated significant aromatase inhibition efficacy with an  $IC_{50}$  value of 24 nM. Physical parameters such as solubility and the molecular mass of various groups were shown to play important roles in the inhibitory potency of synthesized derivatives.

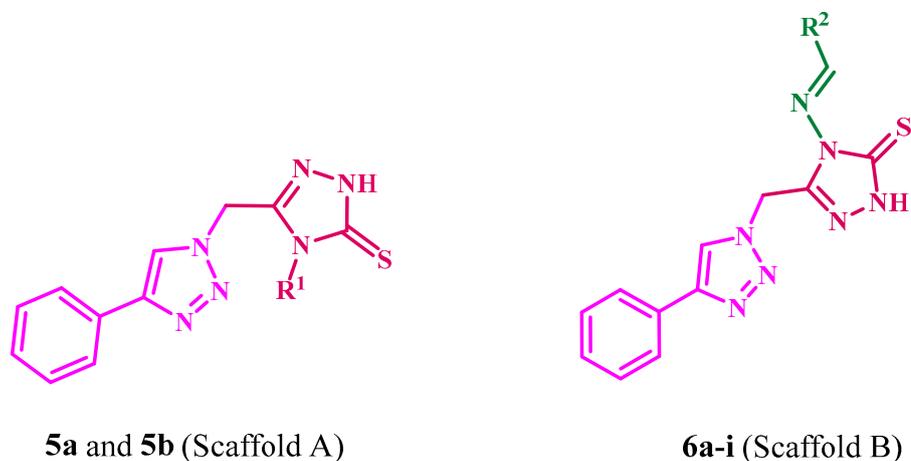
On the other hand, Schiff bases, distinguished by an azomethine group ( $-C=N-$ ), have gained prominence because of various pharmacological actions, including anticancer activity [24–26]. Many investigations on 1,2,4-triazole-Schiff bases have been identified in terms of anticancer activity, demonstrating that this core has substantial biological activity as anticancer medicines. Nafie et al. [27], for example, reported on novel alkylated indolyl-triazole Schiff bases for breast cancer treatment. Compound V (Figure 3) showed promising antiproliferative activity against the breast cancer (MCF-7) cell line with an  $IC_{50}$  value of 1.18  $\mu$ M when compared with Sorafenib ( $IC_{50} = 2.13$   $\mu$ M). El-Sherief et al. [25] also reported novel 1,2,4-triazole/Schiff base hybrids with EGFR and BRAF inhibitory properties. For example, derivative VI (Figure 3) displayed substantial anticancer activity against a panel of four cancer cell lines, with  $IC_{50}$  ranging from 1.3 to 2.6  $\mu$ M compared with Erlotinib ( $IC_{50}$  range from 0.02 to 0.04  $\mu$ M).



**Figure 3.** Structures of Schiff bases derived from 1,2,4-triazoles V–VII.

Additionally, Kumar et al. [28] have revealed the antiproliferative efficacy of some novel fluorinated Schiff bases generated from 1,2,4-triazoles. Compound VII (Figure 3) displayed good antiproliferative activity, with 73%, 77%, and 69% growth inhibitory activity at 10  $\mu$ M against Colo-205, MDA-MB 231, and IMR-32 cell lines, respectively.

Motivated by the observations shown above, we present the synthesis of a novel series of 1,2,3-triazole/1,2,4-triazole hybrids **5a**, **5b**, and **6a–i** (Figure 4) as aromatase inhibitors. The new hybrids' structures were validated using  $^1\text{H}$  NMR,  $^{13}\text{C}$  NMR, and elemental microanalysis. Using an MTT assay, all the synthesized compounds were tested for antiproliferative efficacy against four human cancer cell lines. The aromatase inhibitory assay assessed the antiproliferative mechanism of novel hybrids. Molecular docking explored the most active derivatives' binding processes and interactions within the target enzyme's active site.



$\text{R}^1$  = ethyl, phenyl

$\text{R}^2$  = 4-( $\text{OCH}_3$ )- $\text{C}_6\text{H}_4$ , 3,4,5-tri-( $\text{OCH}_3$ )- $\text{C}_6\text{H}_2$ , 4-( $\text{Cl}$ )- $\text{C}_6\text{H}_4$ , 2,4-di-( $\text{Cl}$ )- $\text{C}_6\text{H}_3$ , 2-( $\text{Br}$ )- $\text{C}_6\text{H}_4$ , 4-( $\text{Br}$ )- $\text{C}_6\text{H}_4$ , 4- $\text{CH}(\text{CH}_3)_2$ - $\text{C}_6\text{H}_4$ , cyclo- $\text{C}_6\text{H}_{11}$ , 2- $\text{C}_4\text{H}_9\text{S}$

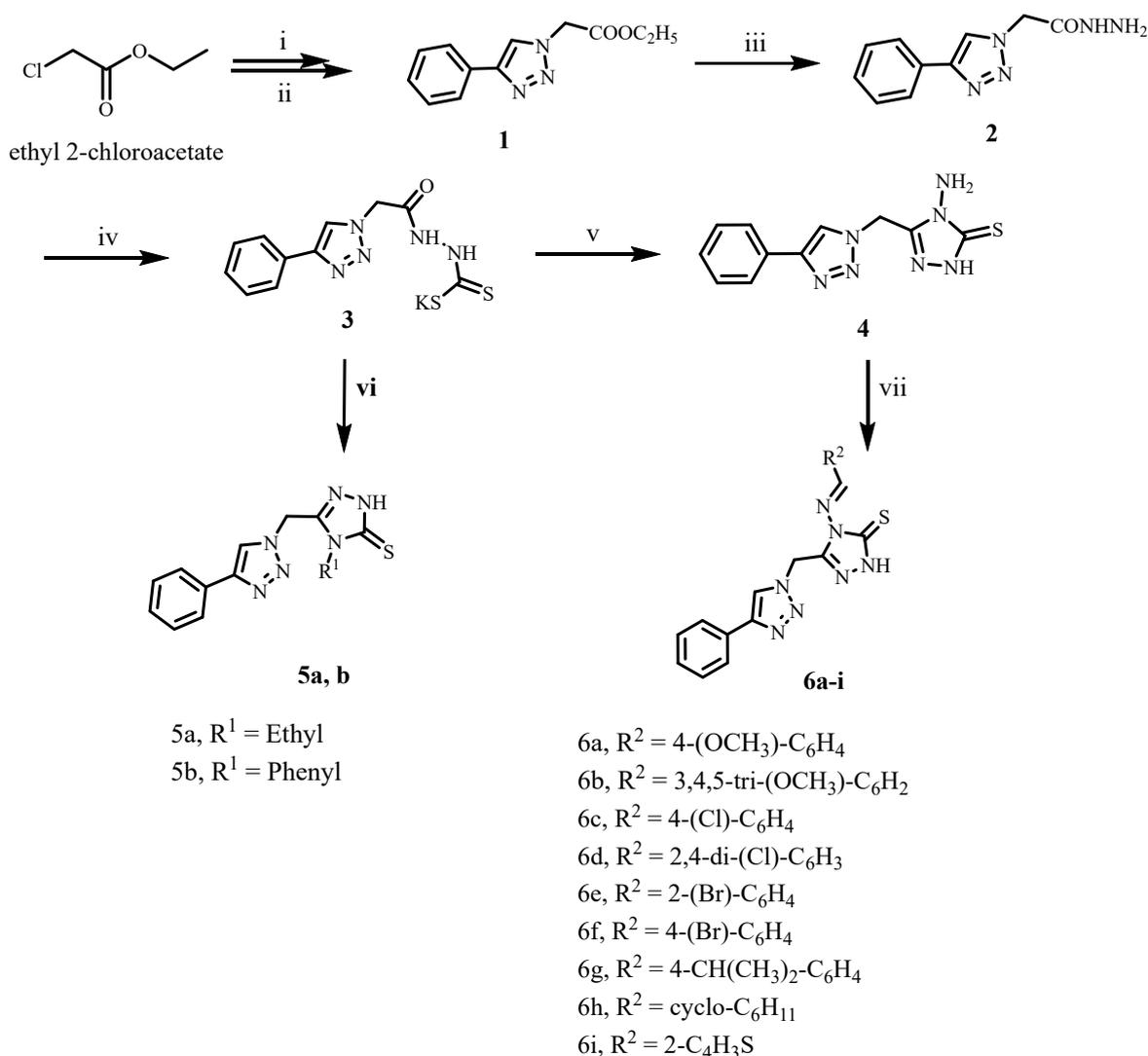
**Figure 4.** Structures of new hybrids **5a**, **5b**, and **6a–i**.

## 2. Results and Discussion

### 2.1. Chemistry

The synthesis of target compounds **5a**, **5b**, and **6a–i** is depicted in Scheme 1. Compound **1** was synthesized using the click reaction. First, ethyl 2-azidoacetate was synthesized by reacting ethyl 2-chloroacetate with two equivalents of sodium azide in acetone and

heating at reflux for 24 h. The liquid product obtained following ethyl acetate extraction was subjected to the second reaction step with a combination of phenylacetylene,  $\text{CuSO}_4 \cdot 5\text{H}_2\text{O}$ , and sodium ascorbate in THF:  $\text{H}_2\text{O}$  (1:1 *v/v*). After 24 h of stirring at room temperature, ethyl 2-(4-phenyl-1*H*-1,2,3-triazol-1-yl)acetate **7** was obtained in 96% yield [29]. Acetohydrazide derivative **2** was produced in 90% yield by reacting compound **1** with an excess of 99% hydrazine hydrate in absolute ethanol [29].



**Scheme 1.** Synthesis of target compounds **5a**, **5b**, and **6a-i**.

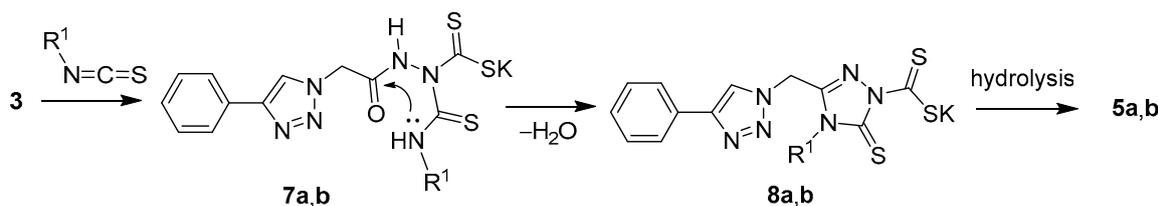
Compounds **3** and **4** were prepared using a process previously reported [30]. Potassium carbodithioate salt **3** was synthesized by reacting acetohydrazide **2** with carbon disulfide in ethanol in the presence of potassium hydroxide. The reaction was finished after 16 h of stirring at room temperature. The suspension of potassium carbodithioate salt **3** (without further purification) and hydrazine hydrate 99% (two equivalents) was then heated at reflux with stirring for 2 h. The resultant 3*H*-1,2,4-triazole-3-thione derivative **4** was recrystallized from ethanol in high yield (91%) after being acidified with hydrochloric acid to pH 7–8. The proposed mechanism of heterocyclization of potassium carbodithioate salt **3** with hydrazine hydrate was accomplished by Ji et al. [31]. The salt **3** underwent ring closure with an excess of hydrazine hydrate to give the key intermediate 4-amino-1,2,4-triazole-3-thione **4** (See Supplementary Material).

**Reagents and reactions conditions:** (i)  $\text{NaN}_3$ , acetone, reflux, 24 h, 89%; (ii) phenyl acetylene, Na ascorbate,  $\text{CuSO}_4$ , THF: $\text{H}_2\text{O}$  (1:1), RT, 24 h, 96%; (iii)  $\text{NH}_2\text{NH}_2 \cdot \text{H}_2\text{O}$ , Ethanol,

reflux 6 h, 90%; (iv) CS<sub>2</sub>, KOH, Ethanol, RT 16 h; (v) NH<sub>2</sub>NH<sub>2</sub>·H<sub>2</sub>O, reflux 2 h, 91%; (vi) R<sup>1</sup>-N=C=S, *n*-butanol, reflux 20–24 h, 84–86%; (vii) R-CHO, glacial acetic acid, Ethanol, reflux, 12–15 h, 78–85%.

The novel synthesized compounds **5a** and **5b** were obtained in 84% and 86% yields, respectively, through the reaction of potassium carbodithioate **3** and the appropriate substituted isothiocyanate (1.1 equivalents) in *n*-butanol. The <sup>1</sup>H NMR spectrum of compound **5a** in DMSO-*d*<sub>6</sub> (400 MHz,  $\delta$  ppm) revealed a triplet signal (3H) at 0.96 ppm and a quartet signal (2H) at 3.95 ppm, both of which are characteristic of the ethyl group with coupling constant (*J*) equal to 7.10 Hz. A singlet (2H) at 5.84 ppm was also ascribed to the methylene linker. Furthermore, the spectrum revealed a multiplet signal (6H) at 7.34–7.87 ppm, corresponding to five aromatic protons overlapping with the proton of the triazole ring. Finally, the spectra revealed a singlet signal (1H) at 8.64 ppm that could be exchanged with D<sub>2</sub>O corresponding to NH. The <sup>13</sup>C NMR spectrum (100 MHz) of compound **5a** revealed two signals at 13.25 and 22.38 ppm, corresponding to ethyl group carbons. Furthermore, seven signals between 122.00 and 146.89 ppm were compatible with aromatic, 1,2,3-triazole, and 1,2,4-triazole-3-thione ring carbons. Furthermore, a signal at 167.31 ppm was matched with C=S, a characteristic signal for the 1,2,4-triazole-3-thione ring. Finally, the EI-MS spectrum of compound **5a** revealed the molecular ion peak *M*<sup>+</sup> at *m/z* (286.57; 63%), corresponding to molecular weight (M.F., C<sub>13</sub>H<sub>14</sub>N<sub>6</sub>S).

Scheme 2 depicts a proposed mechanism for the formation of compounds **5a** and **5b**. The reaction begins with the nucleophilic addition of **3** on the appropriate isothiocyanate to generate **7a,b**. In the subsequent step, these intermediates undergo cyclocondensation, constructing triazoles **8a,b**, from which hydrolysis finally affords **5a,b** as isolated products.



**Scheme 2.** Proposed mechanism for the formation of compounds **5a** and **5b**.

On the other hand, the novel synthesized compounds **6a–i** were produced in 77–85% yields through the reaction of an equivalent amount of 4-amino-5-((4-phenyl-1*H*-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3*H*-1,2,4-triazole-3-thione **4** with the appropriate aryl aldehyde, cyclohexane carbaldehyde, or thiophene-2-carbaldehyde in the presence of a catalytic amount of glacial acetic acid in absolute ethanol. The structures of new hybrids **6a–i** were confirmed by spectroscopy (<sup>1</sup>H NMR, <sup>13</sup>C NMR, EI-Mass) and elemental analyses. For example, the <sup>1</sup>H NMR spectrum of compound **6b** in DMSO-*d*<sub>6</sub> (400 MHz,  $\delta$  ppm) showed a singlet signal (3H) at  $\delta$ : 3.64 ppm assigned to the OCH<sub>3</sub> group with the appearance of another singlet signal (6H) at  $\delta$ : 3.77 ppm, which attributed to another two equivalent OCH<sub>3</sub> groups. Additionally, the spectrum showed a singlet signal (2H) at  $\delta$ : 5.45 ppm assigned for methylene linker, and the multiplet signal (8H) at  $\delta$ : 6.87–7.27 ppm corresponded to aromatic rings and CH=N protons. Also, the spectrum displayed a characteristic singlet signal (1H) at  $\delta$ : 8.17 ppm corresponding to triazole H. Finally, the appearance of a singlet (1H) at  $\delta$ : 10.39 ppm, which was exchangeable with D<sub>2</sub>O, was assigned to NH. All demonstrate the formation of novel 1,2,3-triazole/1,2,4-triazole **6a–i** derivatives.

## 2.2. Biology

### 2.2.1. Cell Viability Assay

To investigate the effect of compounds **5a**, **5b**, and **6a–i** on normal cell lines, a cell viability assay was performed on the MCF-10A (human mammary gland epithelial) cell line [32,33]. This study used 50  $\mu$ M of the investigated compound for four days before

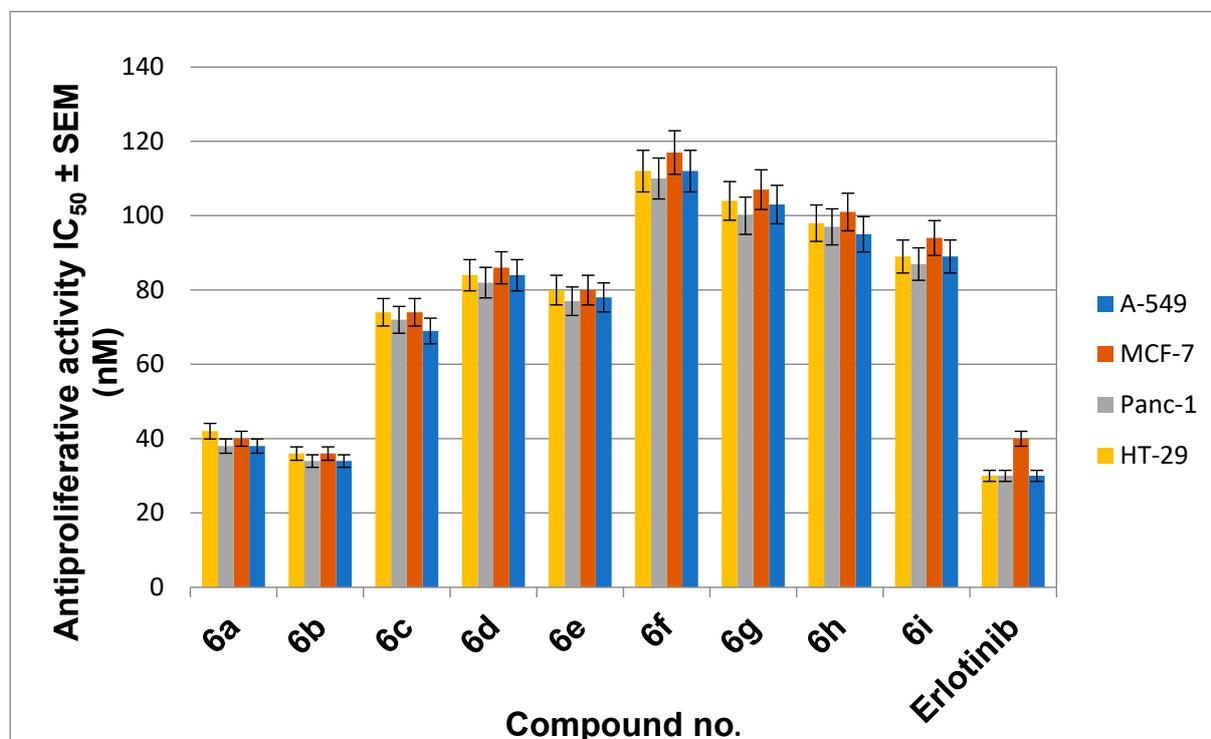
assessing cell viability. As shown in Table 1, compounds **5a**, **5b**, and **6a–i** have no toxic effect and have greater than 87% cell viability.

**Table 1.** Antiproliferative activity of tested compounds **5a**, **5b**, **6a–i**, and Erlotinib.

Comp.	Cell Viability %	Antiproliferative Activity IC <sub>50</sub> ± SEM (nM)				
		A-549	MCF-7	Panc-1	HT-29	Average IC <sub>50</sub> (GI <sub>50</sub> )
<b>5a</b>	90	>120	>120	>120	>120	>120
<b>5b</b>	92	>120	>120	>120	>120	>120
<b>6a</b>	92	38 ± 3	40 ± 4	38 ± 3	42 ± 4	40
<b>6b</b>	91	34 ± 3	36 ± 3	34 ± 3	36 ± 3	35
<b>6c</b>	87	69 ± 6	74 ± 7	72 ± 6	74 ± 6	72
<b>6d</b>	89	84 ± 8	86 ± 8	82 ± 8	84 ± 8	84
<b>6e</b>	90	78 ± 7	80 ± 8	77 ± 7	80 ± 7	79
<b>6f</b>	92	112 ± 10	117 ± 10	110 ± 10	112 ± 10	113
<b>6g</b>	91	103 ± 10	107 ± 10	100 ± 10	104 ± 10	104
<b>6h</b>	87	95 ± 9	101 ± 9	97 ± 9	98 ± 9	98
<b>6i</b>	92	89 ± 8	94 ± 9	87 ± 8	89 ± 8	90
<b>Erlotinib</b>	ND	30 ± 3	40 ± 3	30 ± 3	30 ± 3	33

### 2.2.2. Antiproliferative Assay

The newly synthesized compounds **5a**, **5b**, and **6a–i** were tested for antiproliferative activity against four different types of cancer cells: A-549 (epithelial cancer cell line), MCF-7 (breast cancer cell line), Panc-1 (pancreas cancer cell line), and HT-29 (colon cancer cell line) using Erlotinib as the reference drug [34,35]. The results of calculating the IC<sub>50</sub> of each compound are shown in Table 1, Figure 5.



**Figure 5.** Antiproliferative activity of compounds **6a–i**.

Compounds **5a** (R<sup>1</sup> = ethyl, Scaffold A) and **5b** (R<sup>1</sup> = phenyl, Scaffold A) were the least potent derivatives with GI<sub>50</sub> values greater than 120 nM among the newly synthesized

compounds, demonstrating that the 1,2,4-triazole-2-thione moiety is not tolerated for the antiproliferative actions of this class of organic compounds (Table 1).

In general, compounds **6a–i** of Scaffold B demonstrated promising antiproliferative activity against the four cancer cell lines tested, with  $GI_{50}$  ranging from 35 nM to 113 nM versus the reference Erlotinib, which had a  $GI_{50}$  of 33 nM. Compounds **6a** and **6b** had the highest antiproliferative activity, with  $GI_{50}$  values of 35 nM and 40 nM, respectively. Compound **6b** (Ar = 3,4,5-tri-OMe-Ph, Scaffold B) was the most potent derivative, with a  $GI_{50}$  of 35 nM, and it was equipotent with the reference Erlotinib, which had a  $GI_{50}$  of 33 nM. Compound **6b** suppressed all cancer cell lines with comparable efficacy to Erlotinib. Compound **6a** (Ar = 4-OMe-Ph, Scaffold B) ranked second in activity, with  $GI_{50}$  values of 40 nM, 1.2-fold less potent than the reference Erlotinib against the four cancer cell lines tested. These findings demonstrated the importance of the number of methoxy groups in Scaffold B compounds' antiproliferative activity, with the tri-methoxy derivative **6b** outperforming the methoxy derivative **6a**.

The 4-chloro-substituted derivative **6c** (Ar = 4-Cl-Ph, Scaffold B) was 1.8-fold less potent than compound **6a**. In contrast, compounds **6d** (Ar = 2, 4-di-Cl-Ph, Scaffold B), **6e** (Ar = 2-Br-Ph, Scaffold B), and **6f** (Ar = 4-Br-Ph, Scaffold B) showed moderate or weak antiproliferative action with  $GI_{50}$  values of 84 nM, 79 nM, and 113 nM, respectively, indicating the importance of the nature and number of halogen atom substitutions on the benzylidene ring of compounds **6a–i**, with activity increasing in the order: 2-Br > 4-OCH<sub>3</sub> > 2,4-di-Cl > 4-Br.

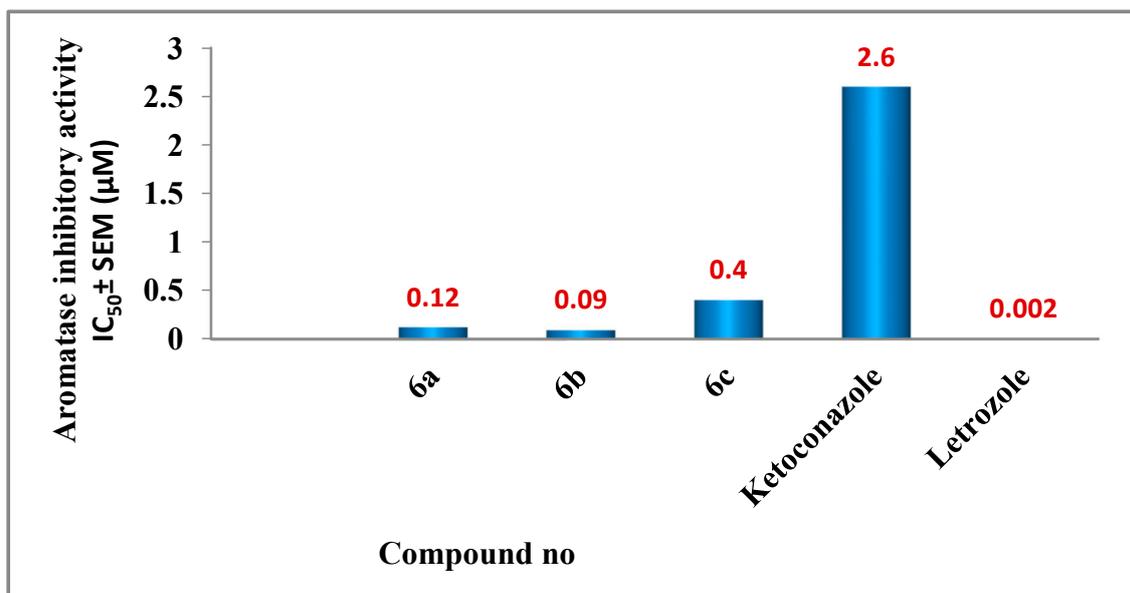
Compounds **6h** (Ar = cyclohexyl, Scaffold B) and **6i** (Ar = thiophene, Scaffold B) demonstrated weak antiproliferative activity with  $GI_{50}$  values of 98 nM and 90 nM being 2.8-fold and 2.6-fold less potent than **6b**, indicating the significance of tri-methoxy phenyl moiety for the antiproliferative action and that Phenyl > thiophene > cyclohexyl moiety in activity (Table 1).

### 2.2.3. Aromatase Inhibitory Assay

Compounds **5a**, **5b**, and **6a–i** were tested for inhibitory action against aromatase as a potential target for their antiproliferative activity, using Ketoconazole and Letrozole as reference drugs [36]. Results are presented as  $IC_{50}$  values in Table 2 and Figure 6. The results of this assay are consistent with those of the antiproliferative assay, in which the most potent antiproliferative derivatives, compounds **6a** (Ar = 4-OCH<sub>3</sub>-Ph, Scaffold B) and **6b** (Ar = 3,4,5-tri-OCH<sub>3</sub>-Ph, Scaffold B), were the most potent aromatase inhibitors, with  $IC_{50}$  values of  $0.12 \pm 0.01$   $\mu$ M and  $0.09 \pm 0.01$   $\mu$ M, respectively, being more potent than the reference Ketoconazole ( $IC_{50} = 2.6 \pm 0.20$   $\mu$ M) but less potent than Letrozole ( $IC_{50} = 0.002 \pm 0.0002$   $\mu$ M).

**Table 2.** Aromatase inhibitory activity of compounds **5a**, **5b**, and **6a–i**.

Comp.	$IC_{50} \pm SEM$ ( $\mu$ M)
<b>5a</b>	>12.5
<b>5b</b>	>12.5
<b>6a</b>	$0.12 \pm 0.01$
<b>6b</b>	$0.09 \pm 0.01$
<b>6c</b>	$0.40 \pm 0.04$
<b>6d</b>	>12.5
<b>6e</b>	>12.5
<b>6f</b>	>12.5
<b>6g</b>	>12.5
<b>Ketoconazole</b>	$2.6 \pm 0.20$
<b>Letrozole</b>	$0.002 \pm 0.0002$



**Figure 6.** Aromatase inhibitory activity of compounds 6a–c.

Compound **6c** (Ar =4-Cl-Ph, Scaffold B) showed moderate anti-aromatase activity with an IC<sub>50</sub> value of 0.40 ± 0.02 μM, whereas compounds **5a**, **5b**, and **6d–i** showed weak aromatase inhibitory activity with an IC<sub>50</sub> value greater than 12.5 μM. These findings demonstrated that compounds **6a** and **6b** have potent aromatase inhibitory activity and are potential antiproliferative candidates.

#### 2.2.4. Apoptosis Markers Assays

One method of treating cancer is to regulate or stop the uncontrolled proliferation of cancer cells. Using the natural dying process of the cell is a highly successful strategy. Targeting apoptosis is effective for many types of cancer because apoptosis evasion is a feature of cancer and is not specific to the etiology or type of cancer. Many anticancer medications target different phases of both the intrinsic and extrinsic pathways [37–39]. The ability of compounds **6a–c**, the most effective derivatives in all in vitro investigations, to initiate the apoptosis cascade and disclose their proapoptotic potential was investigated.

##### Caspase-3 Activation Assay

Caspases are required for apoptosis induction and maintenance. Caspase-3 is a vital caspase that cleaves numerous cell proteins, resulting in apoptosis [40,41]. Compounds **6a–c** were tested as caspase-3 activators against the human epithelial (A-594) cancer cell line [42], with Table 3 displaying the results.

**Table 3.** Caspase-3, Caspase-8, Baz, and Bcl2 levels of compounds 6a–c.

Compd. No.	Caspase-3		Caspase-8		Bax		Bcl-2	
	Conc (Pg/mL)	Fold Change	Conc (ng/mL)	Fold Change	Conc (Pg/mL)	Fold Change	Conc (ng/mL)	Fold Reduction
<b>6a</b>	495 ± 4	7.5	2.05	23	295	33	0.80	6
<b>6b</b>	525 ± 5	8.0	2.30	25	320	35	0.70	7
<b>6c</b>	325 ± 3	5.0	ND	ND	ND	ND	ND	ND
<b>Staurosporine</b>	465 ± 4	7.0	1.85	21	288	32	1.00	5
<b>Control</b>	65	1.0	0.09	1	9	1	5.00	1

Compounds **6a** and **6b** showed promising caspase-3 protein overexpression levels of  $494 \pm 4$  and  $525 \pm 5$  pg/mL, respectively. They elevated the protein caspase-3 in the A-594 cancer cell line by nearly eightfold when compared with untreated control cells. Compounds **6a** and **6b** were more active than control staurosporine, which had a caspase-3 overexpression level of  $465 \pm 4$  pg/mL. Compound **6c** was the least derivative, with a caspase-3 overexpression of  $325 \pm 3$  pg/mL, and even less active than the reference staurosporine. These findings suggested that compounds **6a** and **6b** have apoptotic potential, which could explain their antiproliferative action.

#### Caspase-8, Bax, Bcl-2 Levels Assays

The effects of compounds **6a** and **6b** on the levels of caspase-8, Bax, and the anti-apoptotic protein Bcl-2 against the A-594 cancer cell line were investigated further using staurosporine as a control. The outcomes are listed in Table 3.

Results from Table 3 revealed that compound **6b** (2.30 ng/mL) was detected to have the highest level of caspase-8 overexpression, which was followed by compound **6a** (2.05 ng/mL) and reference staurosporine (1.85 ng/mL). The tested **6a** and **6b** compounds increased caspase-8 levels by 23 and 25 times, respectively, in comparison with the untreated control cell.

Moreover, compounds **6a** and **6b** increased Bax induction 33- and 35-fold (295 pg/mL and 320 pg/mL, respectively) compared with untreated A-594 cancer cells, outpacing staurosporine (288 pg/mL, a 32-fold induction). Finally, when compared to staurosporine, derivatives **6a** and **6b** induced an equal downregulation of anti-apoptotic Bcl-2 protein levels in the A-594 cell line. These findings imply that compounds **6a** and **6b** are apoptosis inducers since they activate caspase-3, 8, and Bax and downregulate the anti-apoptotic Bcl-2.

#### 2.3. Docking and Molecular Modeling Studies

The docking process involves the prediction of the favorable binding configurations between one or more small flexible ligands and a rigid/flexible macromolecular target, which is usually a protein. However, the search for binding modes is usually constrained to a smaller receptor region—the active site. The synthesized compounds were modeled by human placental aromatase cytochrome P450 co-crystallized with androstenedione (PDB code: 3EQM) [43].

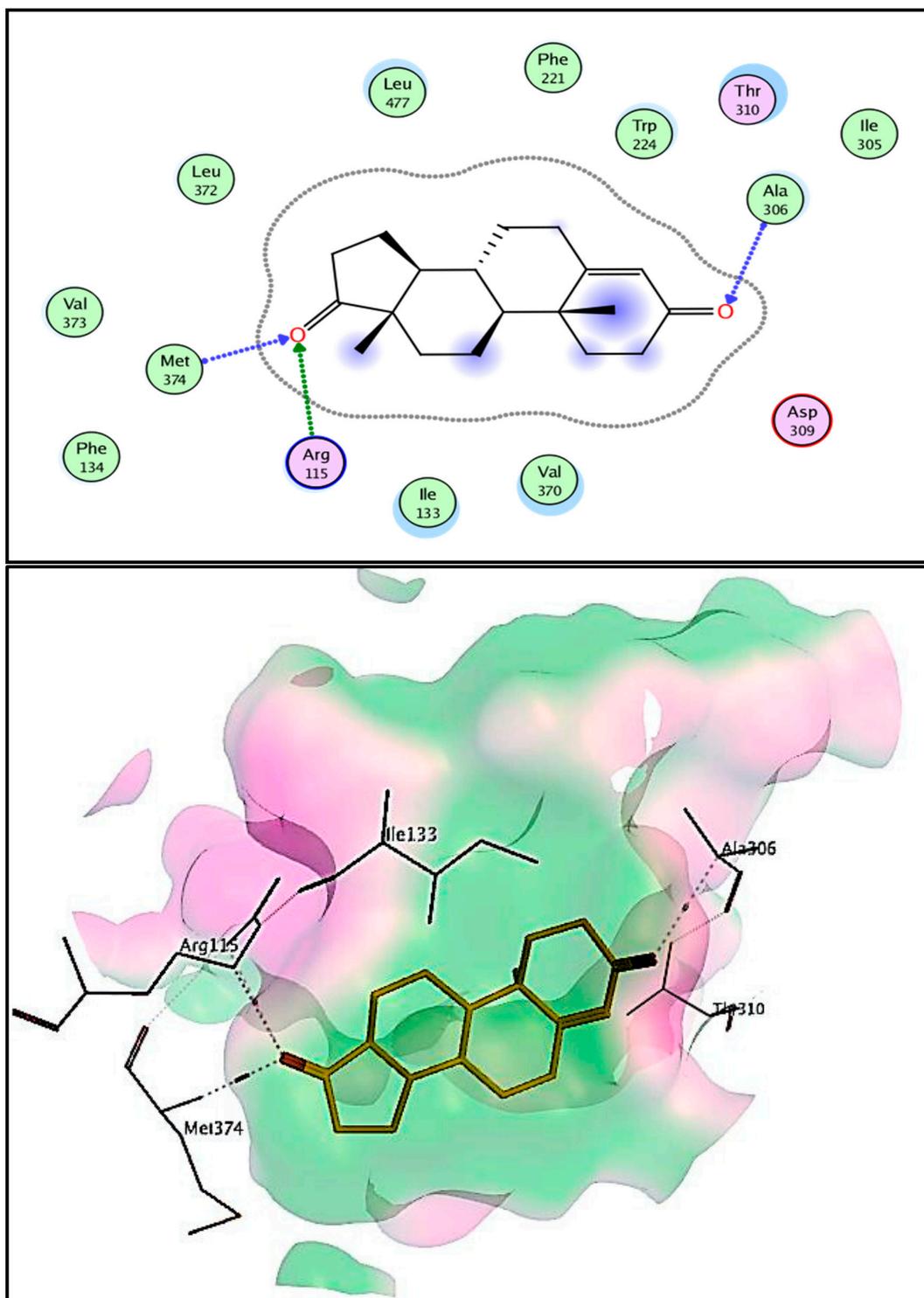
The crystal structure of aromatase cytochrome P450 in a complex with androstenedione drug was obtained from the protein data bank and used for docking studies. Binding modes and interactions of the co-crystallized androstenedione drug with aromatase cytochrome P450 were used to evaluate the proposed compounds' binding because of binding similarities with the proposed compounds [44]. Androstenedione is a selective aromatase inhibitor with a binding score ( $-8.32$  kcal/mole) that interacted mainly by hydrogen bond interaction of the carbonyl group with Ala306 (3.45 Å), Arg115 (3.44 Å), and Met374 (2.84 Å) as depicted in Figure 7.

Molecular docking simulations of the proposed compounds **6a–c** were performed to predict and evaluate the binding affinity of the proposed active compounds with aromatase CP450 enzyme. Furthermore, molecular docking studies help understand the binding mode and interactions between the ligands and amino acid residues in aromatase CP450.

The proposed compounds were constructed in a 2D model using ChemDraw software (Chemdraw 2014.0102, 2014) and then copied into the MOE interface, where the energies of the proposed compounds were minimized to obtain the most stable conformers, which were saved into the database; the latter was used in docking [34].

The X-ray crystallographic structure of aromatase CP450 enzyme co-crystallized with androstenedione (PDB code: 3EQM) was obtained from the protein databank, validated for docking, and prepared for docking. The docking simulations were performed by MOE dock application using Triangle Matcher as placement scheme, rigid receptor as refinement scheme, London  $\Delta G$  as a scoring function, and GBVI/WSAdG as refinement

score. The active site was selected as the pocket where the ligand is present, and docking was performed in the presence of the androstenedione ligand. The binding affinity of the docked molecules was evaluated by Score (S) kcal/mole, hydrogen bonds, and the hydrophobic interactions in the enzyme pocket. The pose of each compound, which reveals the highest binding affinity, is presented in Table 3 with their favorable interactions in the enzyme pocket.



**Figure 7.** Two- and three-dimensional representation of the interaction of co-crystallized androstenedione with aromatase CP450 domain.

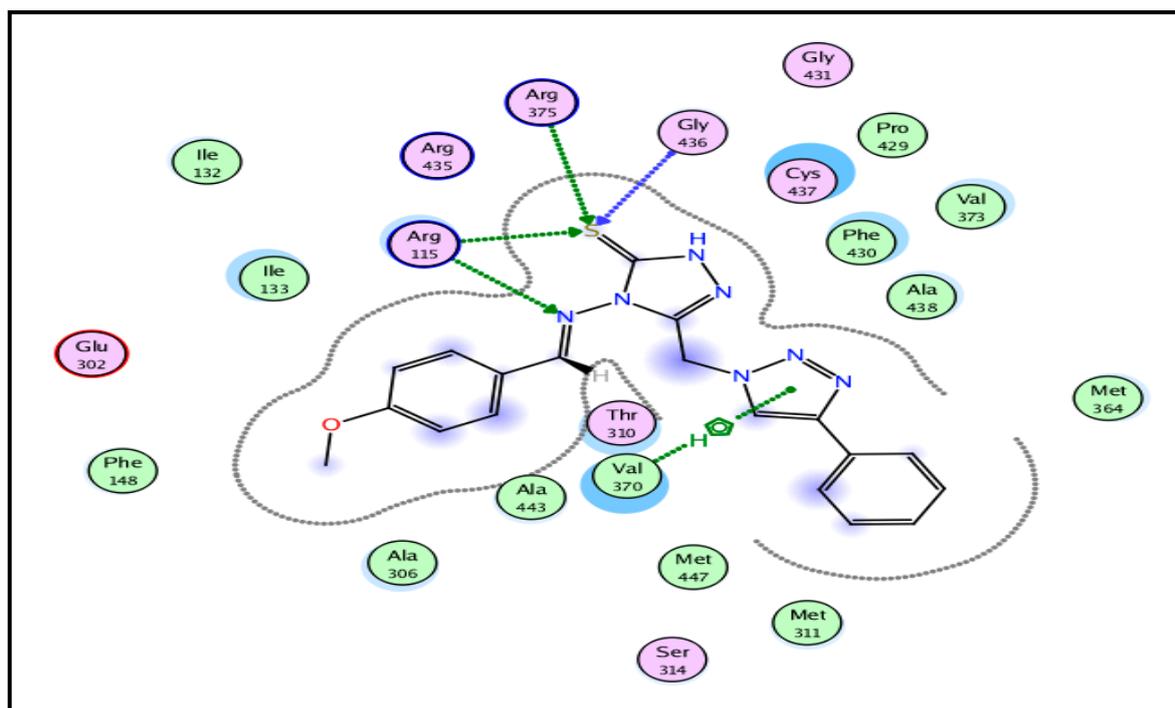
The docked compounds interact with amino acid residues (Ala306, Arg115, Met374, Met311, Ser314, Val373, Arg375, Thr310, Cys437, Ala438, Gly436, Arg435, and Ile133) of androstenedione of aromatase by one or more (up to four) bonds type HB,  $\pi$ - $\pi$  (hydrophobic),  $\pi$ -H, and H- $\pi$  in addition to the exposure of fragments to one or more Leu477, Ile133, Arg145, Cys437, Trp224, Phe430, Arg435, Val370, Ala306, Leu152, Met446, and Met311 residues. The observed hydrogen bonding was formed by Ala306, Arg115, Met374, Met311, Ser314, Val373, Arg375, Thr310, Cys437, Ala438, Gly436, Arg435, and Ile133 while  $\pi$ - $\pi$  staking was formed by Cys437, Val370, Val369, Ala438, Ala306, and Ile133. The most common amino acid residues in ligand binding forces type  $\pi$ -H and H- $\pi$  are Val370, Cys437, and Ala306.

Compound **6a** with a high score ( $-9.64$  kcal/mol) showed hydrogen bonding interactions by acting as hydrogen bond acceptor through heteroatoms S and N of this hybrid with hydroxyl moiety of amino acids Gly436, Arg375, and Arg115 (3.93, 4.49, and 3.79 Å, respectively), in addition to strong hydrophobic interaction between the triazole ring and Val370 amino acid (3.74 Å) (Figure 8).

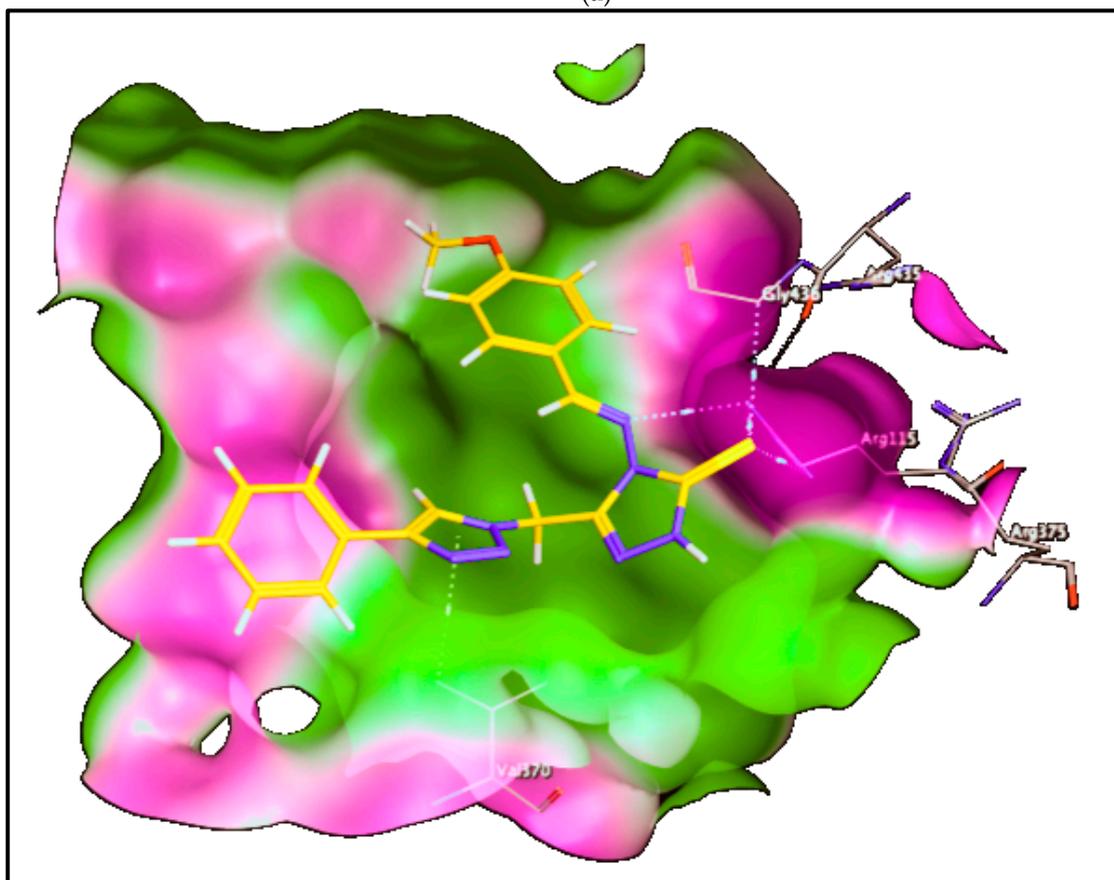
The most potent aromatase inhibitor compound, **6b**, Figure 9, showed a higher binding score of  $-9.94$  kcal/mol, comparable to the androstenedione binding score ( $-8.32$  kcal/mol). Interaction between **6b** and amino acid residues within the pocket ranges from lipophilic interactions (with Val370, Leu477, Cys437, and Ala306 amino acids) to hydrogen bonding (with Arg115 amino acid), which is the main amino acid binding of androstenedione with aromatase CP450 domain, and this explains higher aromatase inhibitory activity (Table 4).

**Table 4.** Modeling studies of tested active compounds **6a–c** with aromatase CP450 enzyme.

Compd. No.	The Score (kcal/mole)	Types of Interactions		
		Hydrogen Bond (Distance Å)	$\pi$ - $\pi$ Interactions (Arene-H or Cation) (Distance Å)	Hydrophobic Interactions
Androstenedione	-8.32	C=O...Ala306 (3.45 Å) C=O...Arg115 (3.44 Å) C=O...Met374 (2.84 Å) C=O...Ser314 (2.54 Å) C=O...Met311 (3.45 Å)	----	Thr310, Leu477, Ile133, Val370, Trp224, Cys437, Arg435, Arg145, Phe430
<b>6a</b>	-9.46	S...Arg115, Arg375 & Gly436 (3.79, 4.49 & 3.93 Å) N...Arg115 (3.30 Å)	Val370—Triazole ring (3.74 Å)	Ile133, Cys437, Phe430, Ala306, Ala438, Val373
<b>6b</b>	-9.94	S...Arg115, Arg435 & Ile133 (3.19, 4.40 & 3.86 Å) N...Arg115 (3.01 Å) N of triazole ring...Thr310 (3.49 Å)	----	Ala306, Leu477, Cys437, Trp224, Val370, Leu152
<b>6c</b>	-9.18	S...Thr310 (4.14 Å) N of triazole ring...Arg115 (3.26 Å)	Cys437—Triazole ring (3.81 Å)	Ile133, Phe430, Met311, Ala306, Val373, Ala438, Val370

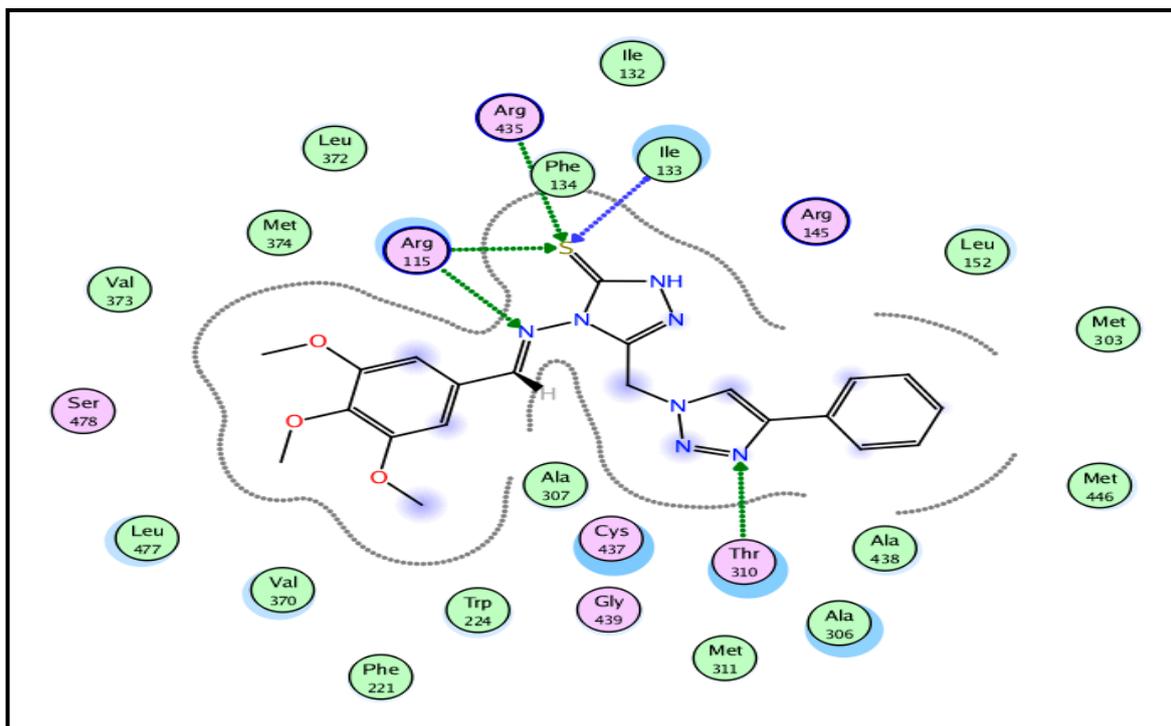


(a)

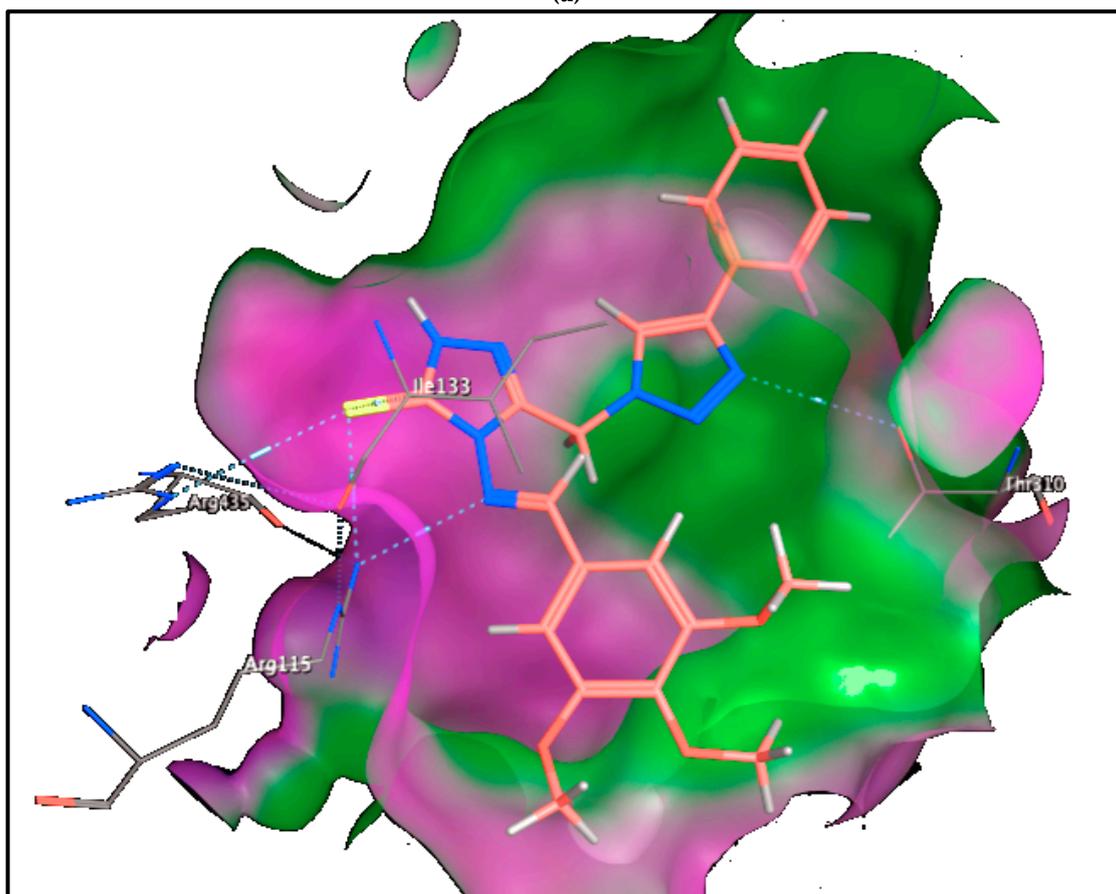


(b)

**Figure 8.** Mode of binding of compound 6a inside aromatase CP450 domain: (a) 2D structure and (b) 3D structure.



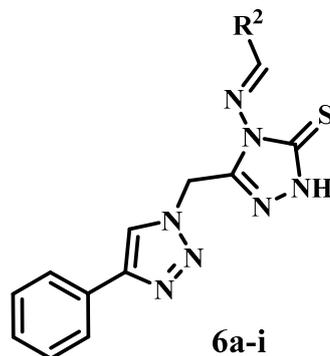
(a)



(b)

Figure 9. Mode of binding of compound 6b inside aromatase CP450 domain: (a) 2D structure and (b) 3D structure.

#### 2.4. Structure–Activity Relationship (SAR) Analysis of 6a–i



1—The nature, position, and number of atoms of benzylidene ring moiety of compounds **6a–i** all have a significant influence on compound activity, with antiproliferative activity increasing in the following order: 2-Br > 4-OCH<sub>3</sub> > 2,4-di-Cl > 4-Br;

2—The phenyl group of benzylidene moiety substantially impacts antiproliferative activity and Phenyl > Thienyl > Cyclohexyl moiety in activity.

3—The number of methoxy groups on the phenyl ring of the benzylidene moiety appears to be crucial for aromatase inhibitory activity and possible antiproliferative candidates in compounds **6a–i**, with the tri-methoxy derivative (**6b**) outperforming methoxy derivative (**6a**).

### 3. Experimental

#### 3.1. Chemistry

**General Details:** See Appendix SA.

Compounds **1** and **2** [29], **3** and **4** [30] were prepared according to reported procedure.

##### 3.1.1. General Method for the Synthesis of Compounds **5a** and **5b**

A mixture of potassium 2-(2-(4-phenyl-1H-1,2,3-triazol-1-yl)acetyl)hydrazine-1-carbodithioate **3** (10.0 mmol, 3.31 g) and the appropriate substituted isothiocyanate (11.0 mmol) in *n*-butanol (20 mL) was heated under reflux for 20–24 h. The *n*-butanol was evaporated at the end of the reaction, and the residue was washed with ice-cold methanol, filtered out, washed in water, and dried. Recrystallization from ethanol enabled solid purification. Compounds **5a** and **5b** were isolated with 84–86% yields.

4-Ethyl-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**5a**)

White crystals; yield 84%, mp 288–290 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 0.96 (t, 3H, *J* = 7.10 Hz, CH<sub>2</sub>CH<sub>3</sub>), 3.95 (q, 2H, *J* = 7.10 Hz, CH<sub>2</sub>CH<sub>3</sub>), 5.84 (s, 2H, CH<sub>2</sub>), 7.34–7.87 (m, 6H, Ar-H and triazole H), 8.64 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 13.25, 22.38, 44.38 ppm (aliphatic Cs), δ 122.00, 125.29, 128.12, 128.97, 130.37, 146.36, 146.89 ppm (aromatic and triazole rings Cs), and δ 167.31 ppm (C=S); EI-MS (*m/z*, %): 286.57 (M<sup>+</sup>, 63%), 265.20 (100% base peak); Elemental analysis for C<sub>13</sub>H<sub>14</sub>N<sub>6</sub>S (286.36): Calculated/Found: 54.53/54.70 (%C), 4.93/5.01 (%H), 29.35/29.48 (%N), and 11.20/11.27 (%S).

4-Phenyl-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**5b**)

Yellow crystals; yield 86%, mp 278–280 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 5.60 (s, 2H, CH<sub>2</sub>), 7.27–7.70 (m, 11H, Ar-H, and triazole H), 8.20 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 44.58 ppm (aliphatic C), δ 122.16, 125.27, 127.96, 128.11, 128.98, 129.50, 129.75, 130.35, 132.83, 146.43, 146.99 ppm (aromatic and triazole rings Cs) and δ 168.76 ppm (C=S); EI-MS (*m/z*, %): 334.39 (M<sup>+</sup>, 64%), 153.25 (100% base peak); Elemental

analysis for  $C_{17}H_{14}N_6S$  (334.40): Calculated/Found: 61.06/60.88 (%C), 4.22/4.45 (%H), 25.13/25.49 (%N), and 9.59/9.70 (%S).

### 3.1.2. General Method for the Synthesis of Compounds **6a–i**

To a solution of 1,2,4-triazole-3-thione **4** (5.0 mmol) in absolute ethanol (10 mL), appropriate aryl aldehyde/cyclohexane carbaldehyde/thiophene-2-carbaldehyde (5.0 mmol) and 2 drops of glacial acetic acid were added. The reaction mixture was heated under reflux for 12–15 h before being cooled and put into cold water (40 mL). The precipitated products **6a–i** were filtered, dried, and recrystallized from ethanol.

#### (E)-4-((4-Methoxybenzylidene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6a**)

Brown crystals; yield 83%; mp 250–252 °C;  $^1H$  NMR (400 MHz,  $\delta$  ppm DMSO- $d_6$ ): 3.74 (s, 3H, OCH<sub>3</sub>), 5.43 (s, 2H, CH<sub>2</sub>), 6.93 (d, 2H,  $J$  = 8.80 Hz, Ar-H), 6.94–7.49 (m, 6H, Ar-H and triazole H), 7.51 (d, 2H,  $J$  = 8.80 Hz, Ar-H), 8.19 (s, 1H, CH=N), 10.39 (s, 1H, NH);  $^{13}C$  NMR (100 MHz,  $\delta$  ppm DMSO- $d_6$ ):  $\delta$  55.31, 60.23 ppm (aliphatic Cs),  $\delta$  114.30, 122.16, 124.80, 127.34, 127.99, 132.63, 136.80, 138.64, 144.16, 149.81, 154.74, 164.35 ppm (aromatic and triazole rings Cs, CH=N), and  $\delta$  168.76 ppm (C=S); EI-MS ( $m/z$ , %): 391.05 ( $M^+$ , 70%), 233.09 (100% base peak); Elemental analysis for  $C_{19}H_{17}N_7OS$  (391.45): Calculated/Found: 58.30/58.49 (%C), 4.38/4.51 (%H), 25.05/25.27 (%N), and 8.19/8.23 (%S).

#### (E)-5-((4-Phenyl-1H-1,2,3-triazol-1-yl)methyl)-4-((3,4,5-trimethoxybenzylidene)amino)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6b**)

Yellow crystals; yield 85%; mp 239–241 °C;  $^1H$  NMR (400 MHz,  $\delta$  ppm DMSO- $d_6$ ): 3.64 (s, 3H, OCH<sub>3</sub>), 3.77 (s, 6H, 2 OCH<sub>3</sub>), 5.45 (s, 2H, CH<sub>2</sub>), 6.87–7.27 (m, 8H, Ar-H and triazole H), 8.17 (s, 1H, CH=N), 10.39 (s, 1H, NH);  $^{13}C$  NMR (100 MHz,  $\delta$  ppm DMSO- $d_6$ ):  $\delta$  56.01, 60.23, 64.80 ppm (aliphatic Cs),  $\delta$  103.68, 122.16, 126.40, 128.80, 130.36, 132.63, 138.64, 144.12, 146.99, 149.70, 153.25, 164.51 ppm (aromatic and triazole rings Cs, CH=N), and  $\delta$  168.76 ppm (C=S); EI-MS ( $m/z$ , %): 451.06 ( $M^+$ , 67%), 299.54 (100% base peak); Elemental analysis for  $C_{21}H_{21}N_7O_3S$  (451.51): Calculated/Found: 55.86/56.09 (%C), 4.69/4.87 (%H), 21.72/21.98 (%N) and 7.10/7.04 (%S).

#### (E)-4-((4-Chlorobenzylidene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6c**)

Brown crystals; yield 80%; mp 235–237 °C;  $^1H$  NMR (400 MHz,  $\delta$  ppm DMSO- $d_6$ ): 5.44 (s, 2H, CH<sub>2</sub>), 7.15–7.64 (m, 6H, Ar-H and triazole H), 7.46 (d, 2H,  $J$  = 8.60 Hz, Ar-H), 7.93 (d, 2H,  $J$  = 8.60 Hz, Ar-H), 8.23 (s, 1H, CH=N), 10.50 (s, 1H, NH);  $^{13}C$  NMR (100 MHz,  $\delta$  ppm DMSO- $d_6$ ):  $\delta$  60.23 ppm (aliphatic C),  $\delta$  114.30, 122.16, 124.80, 127.34, 127.99, 132.63, 136.80, 138.64, 144.16, 149.81, 154.74, 164.35 ppm, (aromatic and triazole rings Cs, CH=N), and  $\delta$  168.76 ppm (C=S); EI-MS ( $m/z$ , %): 395.89 ( $M^+$ , 56%), 231.48 (100% base peak); Elemental analysis for  $C_{18}H_{14}ClN_7S$  (395.87): Calculated/Found: 54.61/54.78 (%C), 3.56/3.70 (%H), 24.77/24.98 (%N), and 8.10/8.23 (%S).

#### (E)-4-((2,4-Dichlorobenzylidene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6d**)

Yellow crystals; yield 82%; mp 236–238 °C;  $^1H$  NMR (400 MHz,  $\delta$  ppm DMSO- $d_6$ ): 5.52 (s, 2H, CH<sub>2</sub>), 7.14–7.92 (m, 9H, Ar-H and triazole H), 8.68 (s, 1H, CH=N), 10.50 (s, 1H, NH);  $^{13}C$  NMR (100 MHz,  $\delta$  ppm DMSO- $d_6$ ):  $\delta$  60.23 ppm (aliphatic C),  $\delta$  121.34, 123.28, 127.67, 127.96, 129.35, 132.63, 133.12, 134.22, 138.90, 142.22, 149.45, 154.79, 164.75 ppm (aromatic and triazole rings Cs, CH=N), and  $\delta$  172.40 ppm (C=S); EI-MS ( $m/z$ , %): 430.20 ( $M^+$ , 57%), 171.31 (100% base peak); Elemental analysis for  $C_{18}H_{13}Cl_2N_7S$  (430.31): Calculated/Found: 50.24/50.51 (%C), 3.05/3.23 (%H), 22.78/23.05 (%N), and 7.45/7.68 (%S).

(E)-4-((2-Bromobenzylidene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6e**)

Yellow crystals; yield 77%; mp 241–243 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 5.51 (s, 2H, CH<sub>2</sub>), 7.27–7.89 (m, 10H, Ar-H, and triazole H), 8.68 (s, 1H, CH=N), 11.07 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 60.60 ppm (aliphatic C), δ 120.08, 120.71, 122.76, 124.89, 126.74, 127.95, 129.42, 130.85, 133.05, 133.54, 137.38, 142.20, 149.43, 164.58 ppm (aromatic and triazole rings Cs, CH=N), and δ 172.44 ppm (C=S); EI-MS (*m/z*, %): 440.26 (M<sup>+</sup>, 56%), 442.37 (M<sup>+</sup>+2, 57.34%), 220.78 (100% base peak); Elemental analysis for C<sub>18</sub>H<sub>14</sub>BrN<sub>7</sub>S (440.32): Calculated/Found: 49.10/49.37 (%C), 3.20/3.28 (%H), 22.27/22.41 (%N), and 7.28/7.29 (%S).

(E)-4-((4-Bromobenzylidene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6f**)

Brown crystals; yield 79%; mp 247–249 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 5.51 (s, 2H, CH<sub>2</sub>), 7.14–7.61 (m, 6H, Ar-H and triazole H), 7.60 (d, 2H, *J* = 8.30 Hz, Ar-H), 7.72 (d, 2H, *J* = 8.30 Hz, Ar-H), 8.28 (s, 1H, CH=N), 11.07 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 63.21 ppm (aliphatic C), δ 120.78, 122.75, 126.60, 128.71, 130.51, 132.20, 134.44, 137.39, 143.13, 149.97, 155.11, 164.96 ppm (aromatic and triazole rings Cs, CH=N), and δ 176.89 ppm (C=S); EI-MS (*m/z*, %): 440.17 (M<sup>+</sup>, 72%), 442.22 (M<sup>+</sup>+2, 69.94%), 60.61 (100% base peak); Elemental analysis for C<sub>18</sub>H<sub>14</sub>BrN<sub>7</sub>S (440.32): Calculated/Found: 49.10/49.35 (%C), 3.20/3.42 (%H), 22.27/22.43 (%N), and 7.28/7.43 (%S).

(E)-4-((4-Isopropylbenzylidene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6g**)

Yellow crystals; yield 78%; mp 238–240 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 1.16 (d, 6H, *J* = 8.00 Hz, 2CH<sub>3</sub>), 5.22–5.38 (m, 1H, CH), 5.44 (s, 2H, CH<sub>2</sub>), 7.09–7.47 (m, 6H, Ar-H and triazole H), 7.24 (d, 2H, *J* = 8.20 Hz, Ar-H), 7.49 (d, 2H, *J* = 8.20 Hz, Ar-H), 8.23 (s, 1H, CH=N), 10.50 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 23.77, 33.39, 60.23 ppm (aliphatic Cs), δ 122.16, 126.56, 126.78, 127.05, 129.15, 130.36, 132.43, 142.22, 149.73, 149.86, 154.75, 164.43 ppm (aromatic and triazole rings Cs, CH=N), and δ 168.76 ppm (C=S); EI-MS (*m/z*, %): 403.46 (M<sup>+</sup>, 70%), 44.04 (100% base peak); Elemental analysis for C<sub>21</sub>H<sub>21</sub>N<sub>7</sub>S (403.51): Calculated/Found: 62.51/62.70 (%C), 5.25/5.43 (%H), 24.30/24.57 (%N), and 7.95/8.03 (%S).

(E)-4-((Cyclohexylmethylene)amino)-5-((4-phenyl-1H-1,2,3-triazol-1-yl)methyl)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6h**)

Brown crystals; yield 77%; mp 207–209 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 1.10–1.68 (m, 10H, C<sub>5</sub>H<sub>10</sub>), 2.09–2.16 (m, 1H, CH), 5.34 (s, 2H, CH<sub>2</sub>), 7.09–7.44 (m, 7H, Ar-H, triazole H and CH=N), 9.87 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 25.05, 25.59, 29.98, 60.23 ppm (aliphatic Cs), δ 122.16, 128.20, 132.63, 138.64, 144.16, 149.95, 152.25, 154.74, 164.49 ppm (aromatic and triazole rings Cs, CH=N), and δ 168.76 ppm (C=S); EI-MS (*m/z*, %): 367.61 (M<sup>+</sup>, 59%), 341.24 (100% base peak); Elemental analysis for C<sub>18</sub>H<sub>21</sub>N<sub>7</sub>S (367.48): Calculated/Found: 58.83/59.05 (%C), 5.76/5.87 (%H), 26.68/26.90 (%N), and 8.73/8.81 (%S).

(E)-5-((4-Phenyl-1H-1,2,3-triazol-1-yl)methyl)-4-((thiophen-2-yl-methylene)amino)-2,4-dihydro-3H-1,2,4-triazole-3-thione (**6i**)

Yellow crystals; yield 78%; mp 244–246 °C; <sup>1</sup>H NMR (400 MHz, δ ppm DMSO-*d*<sub>6</sub>): 15.48 (s, 2H, CH<sub>2</sub>), 7.03–7.57 (m, 9H, Ar-H and triazole H), 8.51 (s, 1H, CH=N), 10.50 (s, 1H, NH); <sup>13</sup>C NMR (100 MHz, δ ppm DMSO-*d*<sub>6</sub>): δ 60.23 ppm (aliphatic C), δ 121.34, 123.28, 128.08, 129.48, 131.64, 136.21, 139.74, 142.59, 149.87, 155.11, 164.92 ppm (aromatic and triazole rings Cs, CH=N), and δ 172.40 ppm (C=S); EI-MS (*m/z*, %): 367.47 (M<sup>+</sup>, 63%), 79.87 (100% base peak); Elemental analysis for C<sub>16</sub>H<sub>13</sub>N<sub>7</sub>S<sub>2</sub> (367.45): Calculated/Found: 52.30/52.53 (%C), 3.57/3.71 (%H), 26.68/26.85 (%N), and 17.45/17.39 (%S).

### 3.2. Biology

#### 3.2.1. Cell Viability Assay

To explore the effect of **5a,b**, and **6a–i** hybrids on normal cell lines, a cell viability assay was performed using the MCF-10A (human mammary gland epithelial) cell line [31,32]. See Appendix SA.

#### 3.2.2. Antiproliferative Assay

The antiproliferative effect of hybrids **5a,b**, and **6a–i** were investigated against four cancer cells [33,34]: A-549 (epithelial cancer cell line), MCF-7 (breast cancer cell line), Panc-1 (pancreas cancer cell line), and HT-29 (colon cancer cell line). The reference drug was Erlotinib. See Appendix SA.

#### 3.2.3. Aromatase Inhibitory Assay

Compounds **5a**, **5b**, and **6a–i** were tested for inhibitory action against aromatase as a potential target for their antiproliferative activity [36]. See Appendix SA (Supplementary Material).

## 4. Conclusions

Eleven new 1,2,3-triazole/1,2,4-triazole hybrids (**5a**, **5b**, and **6a–i**) were synthesized and tested for antiproliferative efficacy against four cancer cell lines. Compounds **6a** and **6b** were the most effective derivatives against the four cancer cell lines examined, with  $GI_{50}$  values comparable to Erlotinib. Compounds **5a**, **5b**, and **6a–i** were tested for inhibitory action against aromatase as a potential target for their antiproliferative activity. The results of this assay are consistent with those of the antiproliferative assay, in which the most potent antiproliferative derivatives, compounds **6a** and **6b**, were the most potent aromatase inhibitors, more potent than the reference Ketoconazole but less potent than Letrozole. Docking studies demonstrated that all the compounds tested fit the aromatase CP450 binding site well. Following optimization, the 1,2,3-triazole/1,2,4-triazole hybrids **6a–c** are unique prospective targeted anticancer aromatase inhibitors that may contribute efficiently to cancer chemotherapy.

**Supplementary Materials:** The following supporting information can be downloaded at: <https://www.mdpi.com/article/10.3390/molecules28207092/s1>.

**Author Contributions:** O.I.A.S., B.G.M.Y. and M.M.S.: Supervision, conceptualization, editing and revision. B.G.M.Y. and M.T.-E.M.: methodology, formal analysis, writing, editing and revision. T.M.A. and S.B.: writing and editing. M.T.-E.M.: Docking Study. All authors have read and agreed to the published version of the manuscript.

**Funding:** This research received no external funding.

**Institutional Review Board Statement:** Not Applicable.

**Informed Consent Statement:** Not Applicable.

**Data Availability Statement:** Data will be available upon request from the authors.

**Acknowledgments:** This work was funded by the Researchers Supporting Project Number (RSP2023R273) at King Saud University, Riyadh, Saudi Arabia. The authors also acknowledge support from the KIT-Publication Fund of the Karlsruhe Institute of Technology.

**Conflicts of Interest:** The authors declare no conflict of interest.

**Sample Availability:** Samples are available from the authors.

## References

1. Ghosh, D.; Lo, J.; Egbuta, C. Recent progress in the discovery of next generation inhibitors of aromatase from the structure–function perspective. *J. Med. Chem.* **2016**, *59*, 5131–5148. [[CrossRef](#)]
2. Ahmad, I. Recent developments in steroidal and nonsteroidal aromatase inhibitors for the chemoprevention of estrogen-dependent breast cancer. *Eur. J. Med. Chem.* **2015**, *102*, 375–386. [[CrossRef](#)] [[PubMed](#)]

3. Adhikari, N.; Amin, S.A.; Saha, A.; Jha, T. Combating breast cancer with non-steroidal aromatase inhibitors (NSAIs): Understanding the chemico-biological interactions through comparative SAR/QSAR study. *Eur. J. Med. Chem.* **2017**, *137*, 365–438. [[CrossRef](#)]
4. Mohammed Alwan, A.; Tavakol Afshari, J.; Afzaljavan, F. Significance of the Estrogen Hormone and Single Nucleotide Polymorphisms in the Progression of Breast Cancer among Female. *Inst. Razi. Arch.* **2022**, *77*, 943–958.
5. Avvaru, S.P.; Noolvi, M.N.; Aminbhavi, T.M.; Chkraborty, S.; Dash, A.; Shukla, S.S. Aromatase inhibitors evolution as potential class of drugs in the treatment of postmenopausal breast cancer women. *Mini Rev. Med. Chem.* **2018**, *18*, 609–621. [[CrossRef](#)]
6. Fabian, C.J. The what, why and how of aromatase inhibitors: Hormonal agents for treatment and prevention of breast cancer. *Int. J. Clin. Pract.* **2007**, *61*, 2051–2063. [[CrossRef](#)] [[PubMed](#)]
7. Hong, Y.; Chen, S. Aromatase inhibitors: Structural features and biochemical characterization. *Ann. N. Y. Acad. Sci.* **2006**, *1089*, 237–251. [[CrossRef](#)] [[PubMed](#)]
8. Gobbi, S.; Rampa, A.; Belluti, F.; Bisi, A. Nonsteroidal aromatase inhibitors for the treatment of breast cancer: An update. *Anti-Cancer Agents Med. Chem.* **2014**, *14*, 54–65. [[CrossRef](#)] [[PubMed](#)]
9. To, S.Q.; Knowler, K.C.; Cheung, V.; Simpson, E.R.; Clyne, C.D. Transcriptional control of local estrogen formation by aromatase in the breast. *J. Steroid Biochem. Mol. Biol.* **2015**, *145*, 179–186. [[CrossRef](#)]
10. Karaer, Ö.; Oruç, S.; Koyuncu, F.M. Aromatase inhibitors: Possible future applications. *Acta Obstet. Gynecol. Scand.* **2004**, *83*, 699–706. [[CrossRef](#)]
11. Sobral, A.F.; Amaral, C.; Correia-da-Silva, G.; Teixeira, N. Unravelling exemestane: From biology to clinical prospects. *J. Steroid Biochem. Mol. Biol.* **2016**, *163*, 1–11. [[CrossRef](#)]
12. Amir, E.; Seruga, B.; Niraula, S.; Carlsson, L.; Ocaña, A. Toxicity of adjuvant endocrine therapy in postmenopausal breast cancer patients: A systematic review and meta-analysis. *J. Natl. Cancer Inst.* **2011**, *103*, 1299–1309. [[CrossRef](#)]
13. McAteer, R. Design of New Azole Molecules to Prevent Metal Leaching from Medical Implants. Master's Thesis, Technological University Dublin, Ireland, Dublin, 2021.
14. Rafaat, M.S. Evaluation Biological Activity of 1,2,4-Triazole Mannich Base. Master's Thesis, Firat University, Elazığ, Turkey, 2022.
15. Terruzzi, S. Multivariate Flexible Metal Organic Frameworks: The Role of Functionalized Linkers, Heterogeneity and Defects in Adsorption Processes. Ph.D. Thesis, Università degli Studi di Milano, Milano, Italy, 2022.
16. Caporuscio, F.; Rastelli, G.; Imbriano, C.; Del Rio, A. Structure-based design of potent aromatase inhibitors by high-throughput docking. *J. Med. Chem.* **2011**, *54*, 4006–4017. [[CrossRef](#)] [[PubMed](#)]
17. Caciolla, J.; Martini, S.; Spinello, A.; Belluti, F.; Bisi, A.; Zaffaroni, N.; Magistrato, A.; Gobbi, S. Single-digit nanomolar inhibitors lock the aromatase active site via a dualsteric targeting strategy. *Eur. J. Med. Chem.* **2022**, *244*, 114802. [[CrossRef](#)]
18. Osmaniye, D.; Hidir, A.; Sağlık, B.N.; Levent, S.; Özkay, Y.; Kaplancıklı, Z.A. Synthesis of New Pyrimidine-Triazole Derivatives and Investigation of Their Anticancer Activities. *Chem. Biodivers.* **2022**, *19*, e202200216. [[CrossRef](#)] [[PubMed](#)]
19. Rani, S.; Raheja, K.; Luxami, V.; Paul, K. A review on diverse heterocyclic compounds as the privileged scaffolds in non-steroidal aromatase inhibitors. *Bioorg. Chem.* **2021**, *113*, 105017. [[CrossRef](#)] [[PubMed](#)]
20. Kang, H.; Xiao, X.; Huang, C.; Yuan, Y.; Tang, D.; Dai, X.; Zeng, X. Potent aromatase inhibitors and molecular mechanism of inhibitory action. *Eur. J. Med. Chem.* **2018**, *143*, 426–437. [[CrossRef](#)] [[PubMed](#)]
21. Song, Z.; Liu, Y.; Dai, Z.; Liu, W.; Zhao, K.; Zhang, T.; Hu, Y.; Zhang, X.; Dai, Y. Synthesis and aromatase inhibitory evaluation of 4-N-nitrophenyl substituted amino-4H-1,2,4-triazole derivatives. *Bioorg. Med. Chem.* **2016**, *24*, 4723–4730. [[CrossRef](#)] [[PubMed](#)]
22. Pingaew, R.; Prachayasittikul, V.; Mandi, P.; Nantasenamat, C.; Prachayasittikul, S.; Ruchirawat, S.; Prachayasittikul, V. Synthesis and molecular docking of 1,2,3-triazole-based sulfonamides as aromatase inhibitors. *Bioorg. Med. Chem.* **2015**, *23*, 3472–3480. [[CrossRef](#)] [[PubMed](#)]
23. El-Naggar, M.; Abd El-All, A.S.; El-Naem, S.I.; Abdalla, M.M.; Rashdan, H.R. New potent 5 $\alpha$ -Reductase and aromatase inhibitors derived from 1,2,3-triazole derivative. *Molecules* **2020**, *25*, 672. [[CrossRef](#)]
24. Radha, V.P.; Prabakaran, M. Novel thiadiazole-derived Schiff base ligand and its transition metal complexes: Thermal behaviour, theoretical study, chemo-sensor, antimicrobial, antidiabetic and anticancer activity. *Appl. Organomet. Chem.* **2022**, *36*, e6872. [[CrossRef](#)]
25. El-Sherief, H.A.; Youssif, B.G.; Abdelazeem, A.H.; Abdel-Aziz, M.; Abdel-Rahman, H.M. Design, synthesis and antiproliferative evaluation of novel 1,2,4-triazole/schiff base hybrids with EGFR and B-RAF inhibitory activities. *Anti-Cancer Agents Med. Chem.* **2019**, *19*, 697–706. [[CrossRef](#)] [[PubMed](#)]
26. Patil, S.K.; Vibhute, B.T. Synthesis, characterization, anticancer and DNA photocleavage study of novel quinoline Schiff base and its metal complexes. *Arab. J. Chem.* **2021**, *14*, 103285. [[CrossRef](#)]
27. Nafie, M.S.; Boraie, A.T. Exploration of novel VEGFR2 tyrosine kinase inhibitors via design and synthesis of new alkylated indolyl-triazole Schiff bases for targeting breast cancer. *Bioorg. Chem.* **2022**, *122*, 105708. [[CrossRef](#)]
28. Kaur, R.; Ranjan Dwivedi, A.; Kumar, B.; Kumar, V. Recent developments on 1,2,4-triazole nucleus in anticancer compounds: A review. *Anti-Cancer Agents Med. Chem.* **2016**, *16*, 465–489. [[CrossRef](#)]
29. Bozorov, K.; Zhao, J.; Aisa, H.A. 1,2,3-Triazole-containing hybrids as leads in medicinal chemistry: A recent overview. *Bioorg. Med. Chem.* **2019**, *27*, 3511–3531. [[CrossRef](#)]

30. Kumar, R.; Vats, L.; Bua, S.; Supuran, C.T.; Sharma, P.K. Design and synthesis of novel benzenesulfonamide containing 1,2,3-triazoles as potent human carbonic anhydrase isoforms I, II, IV and IX inhibitors. *Eur. J. Med. Chem.* **2018**, *155*, 545–551. [[CrossRef](#)]
31. Ji, D.; Lu, J.; Lu, B.; Xin, C.; Mu, J.; Li, J.; Peng, C.; Bao, X. Efficient synthesis and antimicrobial activity of some novel S- $\beta$ -d-glucosides of 5-aryl-1,2,4-triazole-3-thiones derivatives. *Bioorg. Med. Chem. Lett.* **2013**, *23*, 1997–2000. [[CrossRef](#)]
32. Gomaa, H.A.; Shaker, M.E.; Alzarea, S.I.; Hendawy, O.; Mohamed, F.A.; Gouda, A.M.; Ali, A.T.; Morcoss, M.M.; Abdelrahman, M.H.; Trembleau, L. Optimization and SAR investigation of novel 2,3-dihydropyrazino[1,2-a]indole-1,4-dione derivatives as EGFR and BRAFV600E dual inhibitors with potent antiproliferative and antioxidant activities. *Bioorg. Chem.* **2022**, *120*, 105616. [[CrossRef](#)] [[PubMed](#)]
33. Gomaa, H.A.; El-Sherief, H.A.; Hussein, S.; Gouda, A.M.; Salem, O.I.; Alharbi, K.S.; Hayallah, A.M.; Youssif, B.G. Novel 1,2,4-triazole derivatives as apoptotic inducers targeting p53: Synthesis and antiproliferative activity. *Bioorg. Chem.* **2020**, *105*, 104369. [[CrossRef](#)]
34. Marzouk, A.A.; Abdel-Aziz, S.A.; Abdelrahman, K.S.; Wanas, A.S.; Gouda, A.M.; Youssif, B.G.; Abdel-Aziz, M. Design and synthesis of new 1,6-dihydropyrimidin-2-thio derivatives targeting VEGFR-2: Molecular docking and antiproliferative evaluation. *Bioorg. Chem.* **2020**, *102*, 104090. [[CrossRef](#)] [[PubMed](#)]
35. Youssif, B.G.; Gouda, A.M.; Moustafa, A.H.; Abdelhamid, A.A.; Gomaa, H.A.; Kamal, I.; Marzouk, A.A. Design and synthesis of new triarylimidazole derivatives as dual inhibitors of BRAFV600E/p38 $\alpha$  with potential antiproliferative activity. *J. Mol. Struct.* **2022**, *1253*, 132218. [[CrossRef](#)]
36. Chamduang, C.; Pingaew, R.; Prachayasittikul, V.; Prachayasittikul, S.; Ruchirawat, S.; Prachayasittikul, V. Novel triazole-tetrahydroisoquinoline hybrids as human aromatase inhibitors. *Bioorg. Chem.* **2019**, *93*, 103327. [[CrossRef](#)] [[PubMed](#)]
37. Liu, Y.; Zhu, X. Endoplasmic reticulum-mitochondria tethering in neurodegenerative diseases. *Transl. Neurodegener.* **2017**, *6*, 21. [[CrossRef](#)] [[PubMed](#)]
38. Villa-Pulgarin, J.A.; Gajate, C.; Botet, J.; Jimenez, A.; Justies, N.; Varela-M, R.E.; Cuesta-Marbán, Á.; Müller, I.; Modolell, M.; Revuelta, J.L. Mitochondria and lipid raft-located FOF1-ATP synthase as major therapeutic targets in the antileishmanial and anticancer activities of ether lipid edelfosine. *PLoS Neglect. Trop. Dis.* **2017**, *11*, e0005805. [[CrossRef](#)] [[PubMed](#)]
39. Bao, H.; Zhang, Q.; Zhu, Z.; Xu, H.; Ding, F.; Wang, M.; Du, S.; Du, Y.; Yan, Z. BHX, a novel pyrazoline derivative, inhibits breast cancer cell invasion by reversing the epithelial-mesenchymal transition and down-regulating Wnt/ $\beta$ -catenin signalling. *Sci. Rep.* **2017**, *7*, 9153. [[CrossRef](#)]
40. Choudhary, G.S.; Al-Harbi, S.; Almasan, A. Caspase-3 activation is a critical determinant of genotoxic stress-induced apoptosis. *Apoptosis Cancer Methods Protoc.* **2015**, *1219*, 1–9.
41. Boland, K.; Flanagan, L.; Prehn, J.H. Paracrine control of tissue regeneration and cell proliferation by Caspase-3. *Cell Death Dis.* **2013**, *4*, e725. [[CrossRef](#)]
42. Youssif, B.G.; Mohamed, A.M.; Osman, E.E.A.; Abou-Ghadir, O.F.; Elnaggar, D.H.; Abdelrahman, M.H.; Treamblu, L.; Gomaa, H.A. 5-Chlorobenzofuran-2-carboxamides: From allosteric CB1 modulators to potential apoptotic antitumor agents. *Eur. J. Med. Chem.* **2019**, *177*, 1–11. [[CrossRef](#)] [[PubMed](#)]
43. Roy, P.P.; Roy, K. Docking and 3D-QSAR studies of diverse classes of human aromatase (CYP19) inhibitors. *J. Mol. Model.* **2010**, *16*, 1597–1616. [[CrossRef](#)] [[PubMed](#)]
44. Shaykoon, M.S.; Marzouk, A.A.; Soltan, O.M.; Wanas, A.S.; Radwan, M.M.; Gouda, A.M.; Youssif, B.G.; Abdel-Aziz, M. Design, synthesis and antitrypanosomal activity of heteroaryl-based 1,2,4-triazole and 1,3,4-oxadiazole derivatives. *Bioorg. Chem.* **2020**, *100*, 103933. [[CrossRef](#)] [[PubMed](#)]

**Disclaimer/Publisher's Note:** The statements, opinions and data contained in all publications are solely those of the individual author(s) and contributor(s) and not of MDPI and/or the editor(s). MDPI and/or the editor(s) disclaim responsibility for any injury to people or property resulting from any ideas, methods, instructions or products referred to in the content.