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# **Creative Concepts**



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The right atrium affects in silico arrhythmia vulnerability in both atria 🥝

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# Introduction

The role of the right atrium (RA) in atrial fibrillation (AF) has long been overlooked. Multiple studies have examined clinical conditions associated with AF, such as atrial enlargement, fibrosis extent, electrical remodeling, and wall thickening, but have been mainly concentrated on the left atrium (LA). AF research predominantly focuses on the LA because of 2 key paradigms. First, the well-established view that AF onset is primarily triggered by activity originating in the pulmonary veins of the LA.<sup>1</sup> Second, comorbidities linked to AF, such as hypertension, valvular disease, and heart failure, primarily impact the left side of the heart, contributing to increased mortality and reduced quality of life. Thus, AF research continues to focus mostly on the LA, and, as a consequence, the role of the RA in AF is barely understood.

With the advent of personalized medicine, patient-specific computer models of the atria are enhancing our understanding of intricate interactions during AF and have already been used to identify ablation targets, tailor ablation strategies, and predict recurrence in AF patients.<sup>2–5</sup> Nevertheless, those methodologies did not specifically focus on the role of the RA, with some excluding RA tissue and others neglecting the assessment of AF induction or maintenance from RA sources.

Computer models of the atria can aid in assessing how the RA influences arrhythmia vulnerability and in studying the role of RA drivers in the induction of AF, both aspects difficult to assess clinically and experimentally. This work assesses the "Creative Concept" of incorporating the RA in computational arrhythmia studies based on 1398 virtual pacing sequences in 8 biatrial and 8 monoatrial patient-specific models under 3 different substrate conditions, resulting in a total of 48 distinct model configurations.

# Methods

A general overview of the study methodology is shown in Figure 1.

# Patient-specific anatomic modeling

Imaging data from 8 subjects (P1–P8) were obtained as described previously<sup>6</sup> and used to generate the biatrial personalized anatomic models. Subjects provided written informed consent, and the study protocol was reviewed and approved by the ethical committee of Guy's Hospital, London, United Kingdom, and University Hospital Heidelberg, Heidelberg, Germany. The research reported in this article adhered to the Helsinki Declaration guidelines.

The cohort characteristics are given in Supplemental Table S1. Patient-specific bilayer models were generated following the methodology described by Azzolin et al.<sup>7</sup> For each subject, we created 2 models: (1) *monoatrial* with only the LA; and (2) *biatrial* with both the RA and LA. Using rule-based definitions,<sup>8</sup> 4 interatrial connections (IACs) were added automatically to the biatrial models: a middle posterior bridge, an upper posterior bridge, Bachmann bundle, and 1 via the coronary sinus. Further details on interatrial connection (IAC) modeling are shown in Supplemental Figure S1. Cellular electrophysiology of atrial myocytes was modeled using the mathematical propagation in the human atria, we solved the monodomain equation using the electrophysiology

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 $\mathbf{8}$  subjects x  $\mathbf{2}$  personalized models x  $\mathbf{3}$  remodeling levels =  $\mathbf{48}$  scenarios

Figure 1

Study methodology. Left: Virtual cohort generation considering biatrial and monoatrial configurations with 3 remodeling levels to assess arrhythmia vulnerability. Right: Fibrotic substrate modeling approach considering changes in conduction velocity, electrical remodeling, and fibrosis extent (H = healthy; M = mild; S = severe). LA = left atrium; RA = right atrium.

simulator openCARP.<sup>10,11</sup> Both the carputils bundle containing the openCARP experiment, along with all associated parameters,<sup>12</sup> and the dataset with the biatrial and monoatrial models<sup>13</sup> are publicly available.

# Electrophysiological modeling

We defined 3 different levels of AF-induced remodelinghealthy (H), mild (M), and severe (S)-by reducing the conductance of a set of ionic channels in the model of Courtemanche et al as described previously,<sup>14</sup> with 0%, 50%, and 100% changes for H, M, and S, respectively. The maximum scaling of the ionic conductances affects the action potential in line with the changes observed in human atrial myocytes in patients with persistent AF.<sup>15</sup> The scaling factors applied to the ionic conductances and their corresponding action potential features are detailed in Supplemental Table S2. Mean conduction velocity (CV) of 1.0 m/s was reported in patients with persistent AF.<sup>16</sup> To consider the 3 remodeling states, we introduced a 20% variation in CV. The models were parameterized to yield a CV along the myocyte preferential direction of 1.2, 1.0, and 0.8 m/s for each remodeling level, respectively. Intracellular and extracellular conductivities were scaled  $\times 3$  for the Bachmann bundle and  $\times 2$  for the crista terminalis and pectinate muscles with respect to normal myocardium. Regional ionic heterogeneity and anisotropy ratios are detailed in Supplemental Table S3.<sup>17,18</sup>

# Fibrotic substrate modeling

The fibrotic substrate was modeled based on Nagel et al.<sup>19</sup> (Supplemental Figure S2). Fibrosis extent corresponded to Utah stage 2 (5%–20%) and Utah stage 4 (>35%) for the M

and S states, whereas the H state was modeled without fibrosis. The proportion of RA and LA fibrosis extent was based on the percentages reported by Akoum et al.<sup>20</sup> To consider the multifactorial nature of fibrosis, we modeled fibrotic regions with 30% of the elements as nonconductive, with  $\sigma = 10^{-7}$  S/m to account for electrical myocyte decoupling, and the rest affected by transforming growth factor  $\beta$ 1–induced electrical remodeling in response to cellular inflammation.<sup>21,22</sup>

### Arrhythmia vulnerability

Arrhythmia vulnerability was assessed by an S1-S2 pacing protocol with 2-cm interpoint distance on the atrial surface.<sup>23</sup> Stimulation points and earliest activation sites on the LA remained consistent between monoatrial and biatrial configurations. A point was classified as inducing if reentry was maintained for at least 1 second. The vulnerability ratio was defined as the number of inducing points divided by the number of stimulation points. Mean tachycardia cycle length (TCL) of the induced reentries was assessed at the stimulation site (Supplemental Figure S3).

# Statistical analysis

Data are given as mean  $\pm$  SD. To evaluate statistical significance between the sample means, we conducted a 2-sampled t-test. *P* <.05 was considered significant.

# Results

The 8 biatrial anatomic models and the number of stimulation points in each chamber are shown in Figure 2. The amount of fibrosis for each subject in each stage is given in Supplemental Table S4.



Figure 2

Personalized models (A) and total number of stimulation points used to assess arrhythmia vulnerability (B). CT = computed tomography; LA = left atrium; MR = magnetic resonance; RA = right atrium.

# Vulnerability of the LA in monoatrial and biatrial configurations

We ran 444 monoatrial simulations, from a total of 148 stimulation points  $\times$  3 remodeling states in the 8 LA models, and 954 biatrial simulations, from a total of 318 stimulation points  $\times$  3 remodeling states in the 8 biatrial models to assess arrhythmia vulnerability. The number of inducing points and the vulnerability ratio V<sub>LA</sub> for each subject in each configuration are shown in Figure 3.

A total of 79 reentry episodes were induced in the monoatrial configuration, of which 32 episodes were in the M state and 47 in the S state. No reentries were induced in the H state. In the biatrial configuration, a total of 281 reentry episodes were induced, of which 130 were induced by pacing from the LA. In the H state, only 1 reentry was induced by pacing from the LA anterior wall in proximity to the mitral valve in P6.

The monoatrial vulnerability ratio  $V_{LA}$  among all subjects in the M and S states was 0.19  $\pm$  0.13 and 0.31  $\pm$  0.14, respec-



#### Figure 3

Vulnerability of the left atrium (LA) in monoatrial (A) and biatrial (B) configurations. Dashed lines represent mean vulnerability ratios for each remodeling level.  $I_{LA}$  = inducing points in the left atrium;  $I_{H}$ ,  $I_{M}$ ,  $I_{S}$  = inducing points in each remodeling level (H = healthy; M = mild; S = severe); SP = stimulation point.

tively. The biatrial vulnerability ratio V<sub>LA</sub> between the M and S states showed minimal changes (0.41  $\pm$  0.22 vs 0.40  $\pm$  0.15, respectively). Incorporating the RA increased in mean V<sub>LA</sub> vulnerability by 115.8% in the M state and by 29.0% in the S state (Figure 4A).

In the monoatrial configuration, there was a 20.0% increase in mean TCL between states M and S (186.94  $\pm$  13.3 ms vs 224.32  $\pm$  27.6 ms; *P* <.001). While in the biatrial configuration, mean TCL of LA-induced reentries showed a 5.6% increase between the M and S states (197.24  $\pm$  18.3 ms vs 208.24  $\pm$ 34.8 ms; *P* = .026). Including the RA led to changes in mean TCL of the LA-induced reentries by 5.5% (*P* = .006) in the M scenario and a decrease of 7.2% (*P* = .010) in the scenario S (Figure 4B).

Increased remodeling from M to S in the monoatrial configuration revealed  $4.3 \pm 2.9$  new inducing points in the LA per patient (Figure 5A). The points became inducing when going from M to S due to rotational activity near the fibrotic regions.

#### В Biatrial 1.0 $V_{LA} = \frac{I_{LA}}{S_{LA}}$ Ratio 0.8 **≩** 0.6 rabil $0.41 \pm 0.22$ (M 0.4 $0.40 \pm 0.15$ (S) **oll** 0.2 0.04 ± 0.00 (H) 00-P4 P1 **P2 P**3 P5 P6 **P**8 LA RA Total SP 14 17 7 10 18 24 18 19 24 29 23 21 29 32 15 18 318 0 0 0 0 0 0 0 0 0 0 1 0 0 0 0 0 1 $I_H$ 8 4 0 0 7 9 5 0 18 12 8 10 13 12 7 5 118 IM 2 16 2 5 9 11 11 12 20 11 13 13 19 7 $I_s$ 4 7 162



#### Figure 4

Impact of the right atrium (RA) on arrhythmia vulnerability ratio (A) and tachycardia cycle length (B). Bars depict vulnerability ratios, calculated as the number of induced points to the total points in each chamber across all 8 subject models. Violin plots show the probability density of tachycardia cycle length measurements, with scatter points representing each reentry measurement. \*P <.05; \*\*P <.001; ns = not significant.

Deceleration of the wavefront and a shortened action potential in S enabled propagation within the fibrotic region. In contrast, in M, the faster wavefront encountered refractory tissue and failed to activate the surrounding tissue.

To assess the role of the RA on LA inducibility in greater detail, we evaluated changes in LA inducibility by comparing points within the LA initiating reentry with and without the RA (Figure 5B). Inclusion of the RA resulted in elevated LA inducibility, uncovering  $5.5 \pm 3.0$  inducing points in the LA biatrial scenarios that did not induce in the monoatrial configuration (Figure 6).

The IACs contributed to the increased reentry inducibility (Figure 7).

# Vulnerability of the RA

A total of 151 of 281 biatrial reentry episodes were induced by pacing from the RA. The vulnerability ratio of the RA ( $V_{RA}$ ) showed a 111.1% increase between states M and S (0.27 ± 0.18 vs 0.57 ± 0.19) (Figure 4A). Mean TCL of the RA-induced reentries for the M and S state was 201.33 ± 23.0 ms and



#### Figure 5

Proportion of inducing (I) and noninducing (N) points in the left atrium is higher with increased remodeling in the monoatrial configuration (A) and with incorporation of the right atrium in biatrial configuration (B). Unique refers to points that exclusively induce in a specific setup. Bi = biatrial; M = mild; S = severe.



Figure 6

Increased left atrium (LA) inducibility due to right atrium (RA) incorporation. Meshes display LA stimulation points inducing reentry in monoatrial (*yellow*), biatrial (*red*), and both (*green*) configurations, or noninducing (*white*). Columns represent the inducibility type at each stimulation point. The Venn diagram (**right**) depicts monoatrial and biatrial reentry distribution among all subjects.

 $207.87 \pm 41.6$  ms, respectively (P = .295) (Figure 4B). The biatrial vulnerability ( $V_{Bi}$ ) including both the RA and LA is shown in Supplemental Figure S4.

# Discussion

This study assessed 48 arrhythmia vulnerability scenarios in 8 patient-specific anatomic models considering monoatrial and biatrial configurations and 3 remodeling states (H, M, and S). The main focus was to assess the role of the RA in arrhythmia vulnerability.

# Impact of the RA

The notion that the RA could play a role in AF is not a novel concept, as indicated by Nitta et al.<sup>24</sup> However, the existing literature often neglects this potential role and provides limited evidence regarding the extent to which the RA contributes to the initiation and maintenance of AF. The term "right atrium" is scarcely mentioned in the latest guide-lines for AF treatment.<sup>25,26</sup> This highlights a lack of comprehensive studies investigating the role of the RA in the context of AF prevention and treatment.

Among all investigated configurations, the RA was the chamber with the highest vulnerability in the S state. A possible explanation could be the larger RA size and the increased electrophysiological heterogeneity due to the presence of the pectinate muscles, crista terminalis, and tricuspid valve. Despite the lower fibrotic extent in the RA compared to the LA, the RA was more vulnerable to developing reentry upon stimulation than the LA.

We identified additional inducing points in the LA biatrial configuration that did not induce reentry in the LA-only model (Figure 7). IACs can promote reentrant circuits and facilitate arrhythmia maintenance, as shown by Roney et al.<sup>27</sup> Furthermore, for reentry to occur, an excitable gap is crucial, requiring the wavelength to be shorter than the reentrant circuit length. As a result, incorporating the RA increases the likelihood of new reentrant circuits influenced not only by larger size but also by changes in the wavelength due to regional differences in CV and effective refractory period.<sup>18</sup>

Previous computational model studies have established that the dynamics of reentrant drivers are influenced by the extent and distribution of the fibrotic substrate, in the RA<sup>28</sup> and the LA.<sup>29</sup> Moreover, investigations by Boyle et al.<sup>2</sup> and Zahid et al.<sup>28</sup> have identified reentrant drivers in the RA through the utilization of biatrial models. We also observed simultaneous interactions of multiple reentries (functional and anatomic) in the biatrial simulations, such as rotational activity around the atrioventricular valves, unidirectional blocks in the Bachmann bundle region, reentrant pathways aided



#### Figure 7

Reentry induction in biatrial configuration aided by interatrial connections involving the posterior wall of the left atrium. The stimulation point at the right superior pulmonary vein (RSPV) of the left atrium initiates the reentrant pathway through the interatrial connections, via the coronary sinus and middle posterior bridge, unsupported by the monoatrial setup.



Figure 8

Example of reentry induction from stimulation point in the right atrium in the S state. The inducing point (*star*) is located in the right atrium near the inferior vena cava. The reentry is anchored at the inferior wall of the left atrium, and wave propagation slows down at the border of the fibrotic region.

by IACs, and rotors associated with the fibrotic substrate. We propose that the increased inducibility in the LA biatrial model (ie, additional reentrant drivers) resulted from the interplay between fibrosis characteristics and novel circuit paths (Figure 8).

Incorporating the RA had an impact on LA vulnerability and TCL distribution. Without the RA, the vulnerability of the LA was markedly higher in the S than in the M state. Incorporating the RA notably diminished this difference in LA vulnerability. Adding the RA led to 5.5% slower LA reentries in the M state but 7.2% faster LA reentries in the S state, indicating a statedependent influence of the RA on reentry dynamics in the LA. The similar TCL between the LA and RA in the biatrial configuration suggests changes are influenced by additional reentrant activity promoted by the RA substrate.

These findings have important implications for computer-based tools informing ablation therapy as the arrhythmia vulnerability ratio is expected to change with RA inclusion. This is especially relevant because successful virtual ablation therapies for AF are based on noninducibility criteria; therefore, performing biatrial simulations seems advisable.

# Arrhythmia vulnerability in different remodeling states

The majority of subject models exhibited higher vulnerability in the S state. However, for some, the vulnerability ratio was higher in the M state. To understand this behavior, we analyzed activation patterns of reentries induced only in the M state. In the M state, the fibrotic substrate impeded wavefront propagation, causing unidirectional blocks and anchoring reentries. Conversely, in the S state, increased fibrosis led to slower wavefront progression, facilitating tissue recovery and promoting regular activation. For the other cases in which the S state had a higher vulnerability, the faster wavefront in M encountered refractory tissue and failed to activate the surrounding tissue. However, in the S state, wavefront deceleration and a shortened action potential enabled propagation within the fibrotic region. The overall outcome was a combination of both effects.

# **Study limitations**

To our knowledge, this study represents the first dedicated examination of the role of the RA in arrhythmia vulnerability

in patient-specific computer models; however, the limited sample size may impact the generalization of our findings. Different IAC configurations, including varying number, locations, and widths, might affect reentrant pathways. All virtual patient models had a similar fibrosis pattern. CV variation was constrained to 20%. Sustained reentry episodes were simulated for 1 second only. We did not assess changes in structural remodeling concerning endo–epi dissociation, a phenomenon observed in AF patients also in the RA.<sup>30</sup> The absence of electrogram recordings from the study participants prevents the assessment of clinical AF maintenance mechanisms for the simulated reentries.

# Conclusion

LA reentry vulnerability in a biatrial model is higher than in a monoatrial model. Incorporating the RA in patient-specific computational models unmasked potential inducing points in the LA. The RA had a substrate-dependent effect on reentry dynamics and affected the TCL of the LA-induced reentries. Because virtual ablation strategies for AF rely on noninducibility criteria, performing biatrial simulations is advisable. Our study highlights the importance of the RA for the maintenance and induction of arrhythmia in patient-specific computational models.

# Appendix

# Supplementary data

Supplementary data associated with this article can be found in the online version at https://doi.org/10.1016/j.hrthm.2024. 01.047.

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