

ARTICLE

Concrete with a very high number of load cycles— Identification of stress levels for efficient investigation of fatigue behavior

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Abstract

Fatigue stresses are receiving increasing attention in structural engineering, particularly in the design of increasingly slender structures. However, the mechanical response of concrete—particularly its fatigue behavior under very high numbers of load cycles—is still scarcely understood. Conventional fatigue testing is extremely time-consuming, whereas increasing the loading frequency may lead to specimen overheating. Additionally, dynamic or inertia effects are to be considered concerning high frequency testing. This paper proposes a conceptual approach to determine cyclic stress levels causing fatigue failure in the very high cycle fatigue (VHCF). A test frequency of approximately 85 Hz, applied using a high-frequency pulsator with oscillating adapters, was found to be suitable for concrete cylindrical specimens with a diameter-to-height-ratio of 30 mm/90 mm. Potential dynamic effects of the test equipment were taken into account during result evaluation, thereby validating the proposed test method. Furthermore, the temperature increase of the specimens during testing was recorded, and its influence on the reduction of concrete compressive strength was considered. The study confirms that fatigue testing at approximately 85 Hz, when appropriately corrected for temperature effects as well as dynamic influences, provides reliable fatigue data comparable to those obtained from conventional low-frequency tests.

KEYWORDS

fatigue of concrete, high frequency pulsator, increased specimen temperature, surface temperature, VHCF

1 | INTRODUCTION

In addition to resistance to static loads, the durability of structural engineering structures also requires resistance to frequently recurring and cyclical loads which can cause fatigue-related failure.

Concrete is often used in prestressed systems. However, well-founded knowledge concerning the resistance of concrete subjected to a large number of load cycles is currently limited to the low cycle fatigue (LCF) up to $N = 10^5$ and the high cycle fatigue (HCF) up to $N = 10^7$. $N > 10^7$ load cycles are formally assigned to the very high

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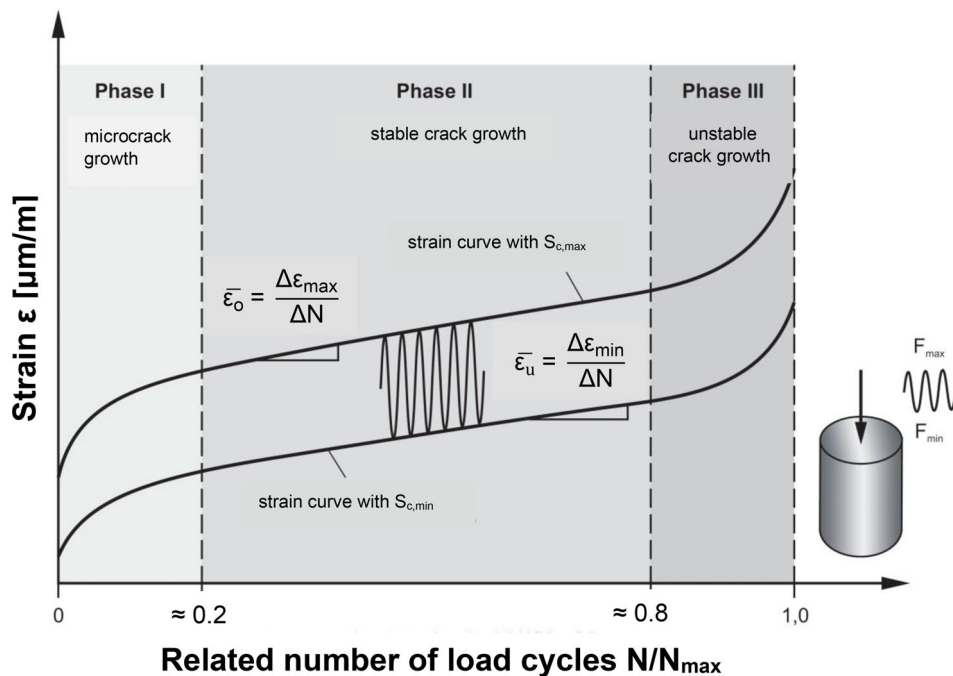


FIGURE 1 Compressive strain development under fatigue loading.⁹

cycle fatigue (VHCF).¹ Estimates of tolerable numbers of load cycles as a function of the stress level are usually presented in so-called S-N curves. S-N curves for concrete subjected to fatigue are included in the *fib* Model Code 2020² up to a number of load cycles of $N = 10^{20}$. The S-N curves were derived from fatigue tests with load cycles up to $N = 10^7$. However, the data on numbers of load cycles higher than $N = 10^7$ were determined exclusively by mathematical extrapolation.

Compared to a monotonously increasing compressive stress, fatigue stresses lead to an overall finer crack distribution and crack density³ until fatigue failure, which especially for high-strength-concrete occurs suddenly.⁴ Basic structural changes, specific damage phases and the change in stiffness under very high load cycles $N > 10^7$ have not yet been systematically investigated, analyzed and modeled in detail. Especially in the area of low stress ranges due to cyclic loads and high values of maximum stresses, results on fatigue tests are lacking, but this stress constellation is of extraordinary relevance for prestressed concrete structures.⁵

The fatigue strength of concrete under low-frequency loading depends on a large number of already known experimental boundary conditions such as the type of loading, the conditioning, the moisture content of the specimen, the loading rate or frequency, and the stress level.^{3,6–8}

The compressive strain development as well as the change rate of stiffness with regard to minimum stress and maximum stress is characterized by three characteristic strain phases (see Figure 1) until failure.^{7,8,10–13} The main reasons for the occurrence of the phase transitions

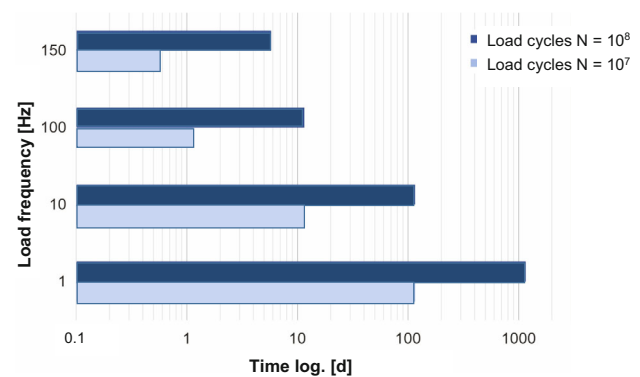


FIGURE 2 Necessary duration of fatigue tests in the VHCF range at different loading frequencies according to.¹

as well as the duration of the degradation stages are almost unexplored for the range of very high numbers of load cycles. Due to the large number of material-specific and testing-related influences on the fatigue resistance of concrete, the topic of fatigue is a complex one.¹²

In order to be able to investigate the fatigue behavior of concrete in the range of very high numbers of load cycles within a time-feasible period, it is necessary to use high loading frequencies. Figure 2 illustrates the relevance of the change from high to very high load frequencies in order to be able to realize load cycles greater than $N = 10^7$.

However, high loading frequencies do not represent the real loading condition of cyclically loaded concrete structures, as these are mostly loaded with low loading frequencies $\ll 1$ Hz. Therefore, the influence of the loading frequency must be taken into account.

TABLE 1 Exemplary historical overview of fatigue research on concrete in the HCF.

| Year of publication | References | Key research findings |
|---------------------|--|---|
| 1965 | Murdock ¹⁶ | Failure in fatigue occurs in plain concrete members subjected to repeated or reversed flexural loads; no fatigue limit for the material is evident up to 10 million repetitions or reversals of load |
| 1971 | Awad and Hilsdorf ¹⁷ | A decrease in the maximum stress level, the stress range or the stress rate results in an increase in failure cycles; the static strength of concrete does not decrease continuously with the number of applied cycles |
| 1973 | Sparks and Menzies ⁶ | Linear relationship between the logarithm of the strain rate per cycle and the logarithm of the number of cycles to failure |
| 1975 | Weigler and Freitag ¹⁸ | There is no influence of test frequency within a range of $\sigma_o < 0,8 \cdot f_d$ concerning the number of load cycles |
| 1978 | Klausen ¹⁹ | Strain development under fatigue loading can be divided into three Phases |
| 1979 | Holmen ¹¹ | The scatter in S-N-relationships concerning number of load cycles to failure at a given stress level can be explained from the scatter in static compressive strength; a reduction in the speed of testing seems to shorten the fatigue life especially at high stress levels |
| 1992 | Petkovic et al. ²⁰ | No significant difference in behavior for fatigue in compression between high strength and lower strength concretes if the stresses are expressed relatively to the concrete strength |
| 1992 | Nygaard et al. ²¹ | Environmental effect on fatigue is scale dependent |
| 1993 | Do et al. ²² | Strain development and stiffness degradation in relation to the number of load cycles in high-strength concrete were similar to those in normal-strength concrete; during Phase II a strong correlation was found between the logarithm of the strain rate and the logarithm of the number of cycles to failure, as well as between stiffness decrease rate and the number of cycles to failure |
| 1996 | Kim and Kim ²³ | The fatigue life decreases with increasing the concrete strength; high strength concrete is more brittle than low strength concrete under fatigue loading |
| 1998 | Gao and Hsu ²⁴ | The degradation of fatigue secant modulus can be used to describe the fatigue damage of concrete; irreversible strain caused by cyclic creep under action of average stress, caused by fatigue cracks and fatigue strain range |
| 2004 | Hohberg ¹⁰ | A frequency influence was observed in a range from approximately 0.1–10 Hz; higher or lower frequencies result in similar numbers of load cycles; water-stored specimens showed up to 10^3 times lower breaking load cycle counts than air-stored specimens |
| 2005 | Schwabach ²⁵ | Structural damage resulting from cyclic loads is much more pronounced in areas of low stress intensity in normal concrete than in self-compacting concrete |
| 2008 | Ibuk ²⁶ ; Breitenbücher ²⁷ | No significant or lasting “recovery-effect” during a test break were determined |
| 2013 | Saucedo et al. ²⁸ | One-to-one correspondence between the logarithm of the secondary strain rate and the logarithm of the number of load cycles; with diminishing secondary strain rate, the fatigue life increases, secondary strain rate also depends on the stress ratio R and the frequency f |
| 2015 | Thiele ²⁹ | Current damage condition cannot be determined based on the numbers of load cycles; the influence of specimen size is present in static and cycling loading conditions—larger specimens show lower numbers of load cycles |
| 2016 | von der Haar et al. ³⁰ | Linear correlation between the logarithmic gradient of strain in Phase II and the logarithm of the number of load cycles despite different stress levels and test frequencies; surface heating of the specimens with increasing loading frequency |
| 2018 | Elsmeier ^{31,32} | The higher maximum compressive stress level and the higher frequency lead to a considerable increase in temperature; the increase in temperature could be caused by friction between the fine particles at the micro or nanoscale |
| 2018 | Hümme ³³ | The average number of load cycles of the specimen tested under water were significantly below the S-N curves specified in the regulations |

(Continues)

TABLE 1 (Continued)

| Year of publication | References | Key research findings |
|---------------------|---|---|
| 2018 | Schneider et al. ³⁴ | For applied upper load stress of $S_o \leq 0.7$ the smaller test specimens exhibited significantly higher numbers of load cycles |
| 2019; 2021 | Tomann et al., ³⁵ Tomann ³⁶ | The number of cycles to failure decreases with an increasing moisture content; the moisture content in the microstructure and not the wet environment is substantially responsible for the reduced fatigue resistance |
| 2021 | Deutscher et al. ³⁷ | Fatigue tests with HPC and UHPC: Both concretes show a reduction in compressive strength with increasing concrete temperature |

Tests in den VHCF within the scope of the joint research project WinConFat¹⁴ were carried out on a total of three concretes of different strength classes. The results of the research project are summarized in.¹⁵ Based on the unchangeable test parameters specified in the joint research project, only a few specimens of concrete strength class C120 showed failure in the fatigue tests. However, a specimen failure is essential in order to be able to describe all three damage Phases of concrete fatigue (see Figure 1). Therefore, the initial objective was to identify load levels that lead to fatigue failure in the VHCF range under a high loading frequency.

Concerning the time-constraint problem of fatigue testing with very high numbers of load cycles, a specific methodological solution to apply loads with high frequencies is necessary. The main goal is to identify stress levels that allow reliable testing in the VHCF within a reasonable time frame, a suitable specimen size, and without excessive specimen heating.

2 | CURRENT STATE OF RESEARCH ABOUT THE FATIGUE BEHAVIOR OF CONCRETE

The fatigue behavior of concrete in the HCF has been the focus of attention for several decades. An exemplary overview of fatigue tests on concrete from the last 60 years including the key research findings can be found in Table 1.

Summaries of the current state of research can also be found in reference 38.

Linear relationship between the increase in strain in Phase II and the number of load cycles was determined.^{6,12,28,30}

Different findings have been reported with regard to test frequency. Saucedo et al.²⁸ also demonstrated a dependency on the stress ratio and loading frequency, which could not be identified in the aforementioned studies. While Weigler and Freitag¹⁸ found no influence of test frequency on the number of load cycles within a range of $\sigma_o < 0.8 \cdot f_d$, Hohberg¹⁰ noted that a frequency

influence was observed only within a range from approximately 0.1 Hz to 10 Hz.

Elsmeier^{31,32} point out that higher frequencies lead to a considerable increase in temperature. The increase in temperature could be caused by friction between fine particles at the micro or nanoscale.

With regard to specimen size larger specimens show lower numbers of load cycles.²⁹ However, in fatigue tests with an upper load stress of $S_o \leq 0.7$ ³⁴ smaller test specimens exhibited higher numbers of load cycles.

Load cycles of ≥ 10 million have only been considered in very few research studies. Table 2 provides a compilation of studies that have achieved load cycles in the VHCF.

The research results listed in Table 2 indicate that

- The specimen size varied across all research projects.
- Commonly used specimens with a diameter-to-height ratio of $d/h=1.0/3.0$ in HCF tests have not yet been investigated.
- Variations in test setups exist: The majority of the tests were carried out using hydraulic testing equipment (see references 18,19,39,40), whereas Karr et al.⁴¹ and Fitzka et al.⁴² applied loading using ultrasonic waves.
- In some cases, test pauses were implemented to allow specimen cooling (as the specimen temperature is not constant during fatigue testing).

The present study proposes a targeted approach to identifying purely mechanical fatigue failure in the VHCF without significant thermal failure and dynamic influences from the test setup. Therefore, small-scale test specimens with the diameter-to-maximum grain ratio of approximately 4.0 and a diameter-to-height ratio of $d/h=1.0/3.0$ are loaded at high frequency. Taking into account inertia effects of the test setup and increased specimen temperature during fatigue testing, the derived stress levels are determined through post-test evaluations. The results of a standardized, high-frequency, and time-efficient test method form the basis for identifying a stable high-frequency testing protocol that produces purely

TABLE 2 Compilation of testing and research on concrete behavior in the VHCF.

| References | Specimen size [mm] | Strength of concrete f_{cm} or concrete type | $S_{c,min}$ [-] | $S_{c,max}$ [-] | Loading frequency [Hz] |
|---|--|--|-----------------|--|--|
| Tepfers; Fridén und Georgsson ³⁹ | $\varnothing = 25 \text{ mm/h} = 50 \text{ mm}$ | 20.9 N/mm ² | 0.14 | 0.70 | 150–200 |
| | | | 0.15 | 0.75 | |
| | | | 0.16 | 0.80 | |
| | | | 0.17 | 0.85 | |
| Klausen ¹⁹ | $\varnothing = 50 \text{ mm/h} = 100 \text{ mm}$ | 44 N/mm ² | 0.05–0.4 | 0.63–0.84 | 200 |
| Chen et al. ⁴⁰ | $\varnothing = 70 \text{ mm/h} = 100 \text{ mm}$ | C30 | 0.05–0.17 | 0.73–0.85 | ≤150 |
| Weigler und Freitag ¹⁸ | $\varnothing = 50 \text{ mm/h} = 100 \text{ mm}$ | Light weight concrete LB350/45 N/mm ² | 0.2–0.4 | 0.54–0.79 | 200 |
| Karr et al. ⁴¹ | $\varnothing \approx 21 \text{ mm/h} = 100 \text{ mm}$ | 80 N/mm ² | 0.06 | 0.44 | 750–1700 (discontinuous—200 ms with 20 kHz) |
| | | | | 0.50 | |
| | | | | 0.56 | |
| | | 107 N/mm ² | 0.04 | 0.38 | |
| | | | | 0.43 | |
| Willers et al. ⁹ | d/h = 30/60 | 129 N/mm ² bzw. 139 N/mm ² | 0.2 | 0.65 | ca. 130 Hz |
| | | | 0.2 | 0.68 | |
| | | | 0.4 | 0.75 | |
| | | | 0.4 | 0.78 | |
| | | | 0.6 | 0.80 | |
| Fitzka et al. ⁴² | $\varnothing \approx 21 \text{ mm/h} = 35 \text{ mm}$ | $\sigma_{dB} = (133 \pm 18) \text{ N/mm}^2$ | ≈ 0.04 | σ_{max} during a load cycle between 37% and 75% of the compressive strength σ_{dB} | 19 kHz discontinuous (pulses of typically 4000 cycles are followed by pauses of 2–8 s) and 60 Hz servo-hydraulic loading |

mechanical fatigue failures and allows a possible transfer to larger specimens tested at a low frequency.

3 | TEST EQUIPMENT, MEASUREMENT AND CONCRETE MIXTURE

3.1 | Technical implementation of the VHCF tests

For the VHCF tests, a high-frequency pulsator (HFP) ZwickRoell of the type 150HFP5000 was used. The basic prerequisite for carrying out compressive fatigue tests on concrete specimens was to provide the electromagnetically operated HFP with adapters generating an oscillating system for compression. By activating an electromagnet, the entire test system is excited at its natural frequency while compensating for any losses that occur.⁴³

Compared to conventional fatigue tests, an oscillating system can affect the applied loads on the specimens due to inertia effects or control accuracy at high frequencies. These possible influences must be taken into account in order to be able to specify the upper and lower stress levels on the specimen.

3.2 | Verification of the oscillating system by an external load cell

To verify the oscillating test method concerning possible inertia effect, the deviation from the target values of the maximum and minimum load were determined with an external load cell used in addition to the specimen. For this purpose, selected stress levels were applied and the displayed forces of the external load cell were compared with those of the HFP and the target loads. Figure 3 shows a graphical comparison for a stress range of $S_{c,min} = 0.22$ and $S_{c,max} = 0.70$.

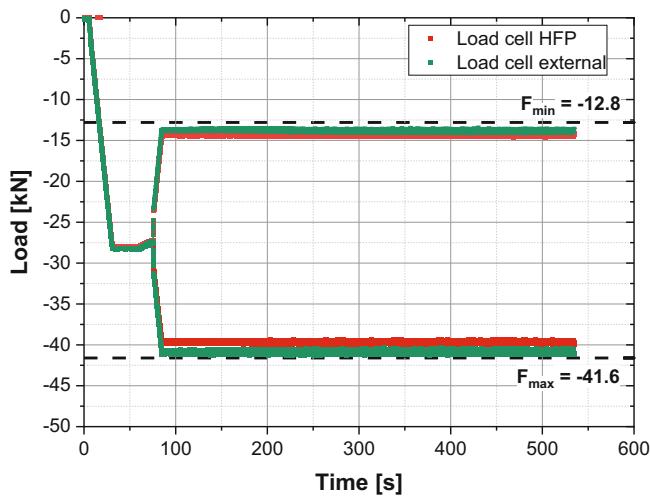


FIGURE 3 Comparison of the load curves of the external load cell, the load display of the HFP and the target loads for the selected load level.

TABLE 3 Concrete mixture.

| | |
|----------------------------|--|
| Compressive strength class | C50/60 |
| Consistency class | F5 |
| CEM I 42,5 R | 485 kg |
| 0–2 Sand | 726 kg |
| 2–8 Gravel | 890 kg |
| Water | 195 kg |
| Superplasticiser | 1% (in relation to the amount of cement) |
| w/c | 0.40 |

The load values of the external load cell are used as basis in order to correctly apply the actual load in the subsequent analysis and evaluation of the concrete behavior. The resulting load levels can be found in Table 6, columns 4 and 5.

3.3 | Concrete mixture and specimens

A concrete of strength class C50/60 was used for the tests. The concrete composition is listed in Table 3.

All test specimens were produced within one concreting process with one concrete delivery batch. The specimens were stored for the first 28 days under moist jute fabrics at approximately 20°C. Afterwards, the specimens were stored in a climate chamber with constant conditions of 20°C and 65% relative humidity until the time of testing.

The specimen size, with a diameter-to-height ratio of $d/h = 30 \text{ mm}/90 \text{ mm}$, was chosen based on previous

TABLE 4 Concrete properties at 91 days.

| | |
|--|--------------------------|
| Concrete cylinder: $d/h = 30 \text{ mm}/90 \text{ mm}$ | |
| Compressive strength f_{cm} (22°C, 91 d) ^a | 84.1 N/mm ² |
| Standard deviation | 2.1 N/mm ² |
| Modulus of elasticity ^b | 36,503 N/mm ² |
| Standard deviation | 484 N/mm ² |
| Concrete cylinder: $d/h = 150 \text{ mm}/300 \text{ mm}$ | |
| Compressive strength ^c | 84.6 N/mm ² |
| Standard deviation | 2.1 N/mm ² |
| Modulus of elasticity ^b | 33,709 N/mm ² |
| Standard deviation | 1128 N/mm ² |

^aAverage value from the total of six results (one result was categorized as an outlier); ambient temperature of approximately 22°C.

^bAverage value from the total of three results.

^cAverage value from the total of six results.

experience from the research project WinConFat,¹⁴ as it has already been shown that a diameter of 30 mm does not lead to excessive specimen surface heating under high-frequency loading. The diameter is approximately four times the maximum aggregate size according to the requirements of DIN EN 12390-13:2021-09.⁴⁴ In this study, a loading frequency of approximately 85 Hz was applied.

The compressive strength at the age of 91 days, which was determined according to DIN EN 12390-3:2019-10⁴⁵ is given in Table 4. Additional compressive strength tests using concrete cylinders with the standard-compliant diameter-to-height ratio of $d/h = 150 \text{ mm}/300 \text{ mm}$ in accordance with DIN EN 12390-1:2021-09⁴⁶ were carried out (see Table 4).

3.4 | Measurement equipment

An infrared sensor was used to record the surface temperature in the mid-height of the specimen. The ambient temperature was measured via a thermocouple in parallel. The strain development and the reduction of stiffness are characteristics which can be determined by two applied strain gauges opposite each other on the specimen in longitudinal direction. Figure 4 shows exemplary a concrete cylinder specimen used in the HFP.

4 | TEST RESULTS

The fatigue test results are summarized in Table 5, indicating the upper and lower stress levels and the estimated modulus of elasticity before cyclic loading according to DIN EN 12390-13:2021-09.⁴⁴

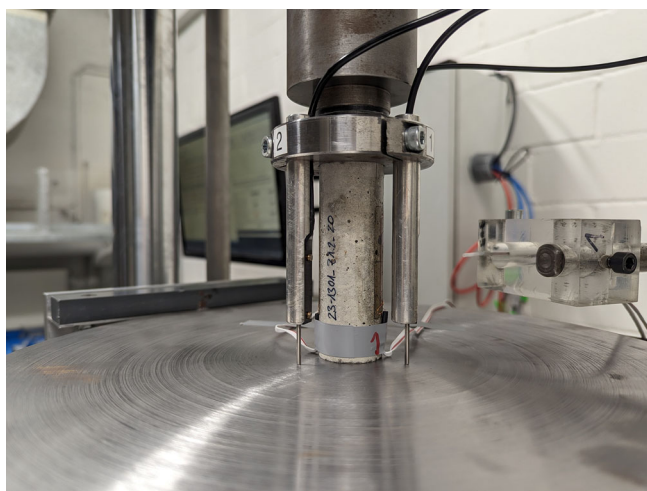


FIGURE 4 Specimen for fatigue tests in the HFP.

4.1 | Post-test evaluation of load stresses taking into account specimen heating as well as inertia effects in the test setup

The surface temperature in the fatigue tests occurring in Phase II $T_{P,II}$ (Phase II is determined between $N/N_{max} = 0.3$ to $N/N_{max} = 0.7$ here) ranges from approximately $+32^{\circ}\text{C}$ to $+47^{\circ}\text{C}$ (cf. Table 7). The heating of the concrete caused by cyclic tests leads to a reduction in the compressive strength of the concrete.³⁷ In order to estimate the reduction in concrete compressive strength the assumption, that the reduction of strength under monotonically increasing loads is comparable to the temperature effect in high-cycle tests, was made. Selected specimens were heated in a temperature chamber at approximately $+35^{\circ}\text{C}$ and approximately $+45^{\circ}\text{C}$ for ≥ 40 min. Then the concrete compressive

strength was determined in an electromechanical testing machine Zwick 300 kN (see Figure 5).

The average concrete compressive strength at approximately $+35^{\circ}\text{C}$ and approximately $+45^{\circ}\text{C}$ is compared with the reference compressive strength determined at approximately $+20^{\circ}\text{C}$. This results in a linear relationship (see Equation 1) shown in Figure 6. Due to the fact that post-hardening is considered to be mostly completed after 91 days, the different concrete ages of the specimens (91–281 days) are categorized as subordinate.

$$f_{cm}(T)/f_{cm}(22^{\circ}\text{C}, 91\text{ d}) = -0.0068x + 1.1531 \quad (1)$$

The stress levels specified in Table 6 show the initial stress levels (see columns 2 and 3), the changed stress levels taking into account a force measurement via an external load cell (see columns 4 and 5), and the derived stress levels taking into account the reduction of the concrete compressive strength according to Equation 1 as well (see columns 6 and 7).

In Table 8 strain-dependent results are mentioned such as the reduction of stiffness and the elastic strain components at the beginning of loading ϵ_{el}^0 and before failure ϵ_{el}^B .

4.2 | Effects of the post-test evaluation of load stresses

Taking into account heating of specimen and test-related influencing factors a shift of the initial stress levels to the derived stress levels occurs. These values were obtained as post-test evaluations. An increase of the initial upper

TABLE 5 Fatigue test on concrete cylinders with a loading frequency $f \approx 85$ Hz.

| 1 Specimen designation | 2 Upper and lower stress level ^a | | 4 E-modulus ^b [N/mm ²] |
|---------------------------|--|---------------------------|---|
| | 3 S _{c,min} [–] | S _{c,max} [–] | |
| Z1.2_20 | 0.19 | 0.67 | 34,772 |
| Z1.2_24 | 0.30 | 0.80 | 35,931 |
| Z1.3_11 | 0.25 | 0.75 | 35,607 |
| Z1.3_12 | 0.27 | 0.72 | 35,994 |
| Z1.3_16 | 0.21 | 0.77 | 34,598 |
| Z1.4_27 | 0.30 | 0.76 | 36,974 |
| Z1.5_3 | 0.27 | 0.72 | 36,691 |
| Z1.5_4_a + b | 0.26 | 0.72 | 36,354 |

^aIncluding temperature and load corrections (cf. derived stress levels in Table 6).

^bDetermined from the gradient prior loading between approximately 5% and 33% of the mean concrete compressive strength.

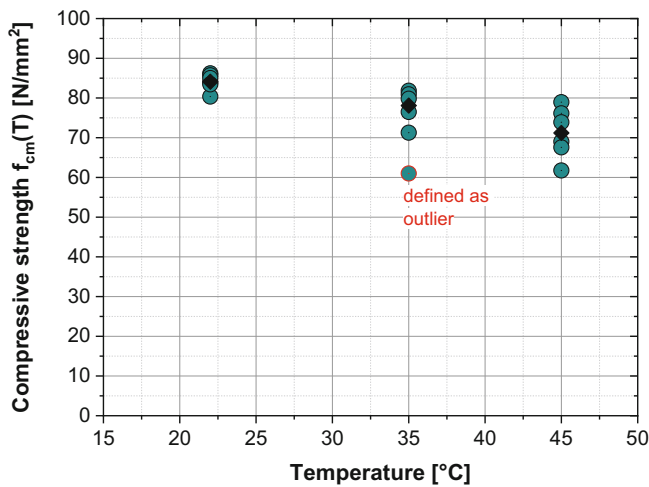


FIGURE 5 Test results of reduction in concrete compressive strength at approximately +35°C and approximately +45°C (temperature chamber storage) including average values.

and lower stress levels and, in most cases, a change in the initial stress range results. The shift ratios are listed in Table 9 in detail.

The greatest change in the initial stress level appears in the fatigue test with specimen no. Z1.3_16 with the lowest number of load cycles achieved. It can also be seen that an increase in the applied upper stresses, accompanied by a constant or increasing stress range, causes failure before the VHCF range (see specimens no. Z1.2_24, Z1.3_11, and Z1.3_16). The test results show that specimen heating and the effect of the test methodology are factors that must be taken into account to reflect the actual stress levels of the specimen within the fatigue tests.

The eight fatigue tests show number of load cycles which exceed the specifications in *fib* Model Code 2020² (see Figure 7). The S-N-curves in *fib* Model Code 2020² were developed based on experimental investigations which were carried out using cylindrical test specimens with a diameter-to-height ratio of $d/h = 60 \text{ mm}/180 \text{ mm}$.⁴⁷ Based on the small-scale specimens, the own test results have to be verified by larger specimens. It can be assumed that a size effect exists and larger specimens can withstand fewer number of load cycles at the same applied stress level.

4.3 | Development of strain at upper and lower stress level

The strain development at the upper and lower stress levels shows three phases I to III well known for the

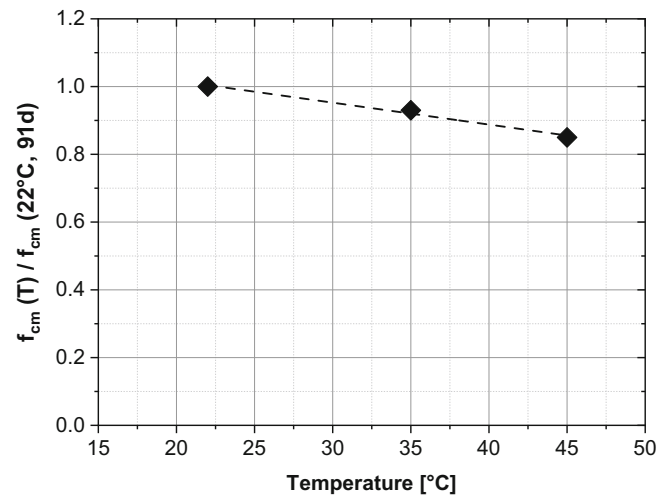


FIGURE 6 Regression function based on average values for estimating the percentage reduction in concrete compressive strength as a function of temperature.

fatigue behavior of concrete in the HCF and LCF. The strain curves of specimen no. Z1.5_3 are shown as an example in Figure 8.

4.4 | Change in the fatigue secant moduli during the fatigue tests

In addition to the determination of the static modulus of elasticity, it is common practice in the field of concrete fatigue testing to determine the stiffness as the secant modulus during cyclic loading (e.g.,^{11,25,48,49}). The fatigue secant modulus can be continuously recorded during the test using the strain values at upper and lower stress level and the associated stress in accordance with Equation 2. In addition to the secant modulus the static modulus of elasticity is shown graphically in Figure 9 also.

$$E_s = \frac{\sigma_{\max} - \sigma_{\min}}{\varepsilon_{\max} - \varepsilon_{\min}} \quad (2)$$

The material degradation or the development of damage under fatigue loading can be recorded on the basis of the continuous decrease in specimen stiffness and described by the changes in the secant modulus.⁵⁰ The secant modulus is therefore an indication of occurring structural damage.⁵¹

The fatigue tests carried out show a decrease in the fatigue secant modulus to between 82% and 95% of its initial value (see Table 8 and Figure 10). In particular, at the maximum stress range, the fatigue secant modulus decreases significantly more than in the other tests. For

TABLE 6 Determination of the stress levels taking into account an external force measurement and the reduction of the concrete compressive strength due to heating of the specimens.

| Specimen designation | 2 | | 3 | | 4 | | 5 | | 6 | | 7 | |
|----------------------|-------------------------------------|-------------------------------------|--|-------------------------------------|--|-------------------------------------|--|-----------------------------------|--|-----------------------------------|--|-----------------------------------|
| | Initial stress levels | | Stress levels through the use of an external load cell | | Stress levels through the use of an external load cell | | Stress levels through the use of an external load cell | | Derived stress levels (additional adjustment with use of an external load cell and regard to heating in Phase II) ^a | | Derived stress levels (additional adjustment with use of an external load cell and regard to heating in Phase II) ^a | |
| | $S_{c,min} = f_{c,min}/f_{cm(91d)}$ | $S_{c,max} = f_{c,max}/f_{cm(91d)}$ | $S_{c,min} = f_{c,min}/f_{cm(91d)}$ | $S_{c,max} = f_{c,max}/f_{cm(91d)}$ | $S_{c,min} = f_{c,min}/f_{cm(91d)}$ | $S_{c,max} = f_{c,max}/f_{cm(91d)}$ | $S_{c,min} = f_{c,min}/f_{cm(T)}$ | $S_{c,max} = f_{c,max}/f_{cm(T)}$ | $S_{c,min} = f_{c,min}/f_{cm(T)}$ | $S_{c,max} = f_{c,max}/f_{cm(T)}$ | $S_{c,min} = f_{c,min}/f_{cm(T)}$ | $S_{c,max} = f_{c,max}/f_{cm(T)}$ |
| | [–] | [–] | [–] | [–] | [–] | [–] | [–] | [–] | [–] | [–] | [–] | [–] |
| Z1.2_20 | 0.15 | 0.65 | 0.17 | 0.62 | 0.19 | 0.67 | | | | | | |
| Z1.2_24 | 0.25 | 0.75 | 0.28 | 0.73 | 0.30 | 0.80 | | | | | | |
| Z1.3_11 | 0.20 | 0.70 | 0.22 | 0.67 | 0.25 | 0.75 | | | | | | |
| Z1.3_12 | 0.23 | 0.70 | 0.25 | 0.67 | 0.27 | 0.72 | | | | | | |
| Z1.3_16 | 0.15 | 0.68 | 0.17 | 0.64 | 0.21 | 0.77 | | | | | | |
| Z1.4_27 | 0.25 | 0.73 | 0.28 | 0.70 | 0.30 | 0.76 | | | | | | |
| Z1.5_3 | 0.23 | 0.70 | 0.25 | 0.67 | 0.27 | 0.72 | | | | | | |
| Z1.5_4_a + b | 0.22 | 0.70 | 0.24 | 0.67 | 0.26 | 0.72 | | | | | | |

^aThese values were obtained as post-test evaluations.

the remaining stress ranges, the ratio E_S^B/E_S^0 changes only marginally within Phase II. Based on these results, an increase in the stress ranges appears to favor a reduction in the fatigue secant modulus more strongly than high upper stress levels.

Oneschkow⁴⁹ reported a reduction in stiffness to between 69% and 96% of the initial value for a high-strength concrete ($f_{c,cube,28d} = 116 \text{ N/mm}^2$). Specimens with a diameter-to-height ratio of $d/h = 60 \text{ mm}/180 \text{ mm}$ were tested at low-loading frequency.

The results of the present study fall within the range reported in,⁴⁹ but show a significantly smaller range of scatter. The current high-frequency tests appear to fail at a higher remaining stiffness on average, which could imply a significantly more brittle failure mechanism or a different damage accumulation process under high-frequency loading. Further investigations are necessary to clarify whether this assumption can be confirmed.

The elastic strain component prior to failure increases as the secant stiffness decreases. This relationship is well known in the HCF with low-frequency loading⁵¹ and can also be confirmed for high-frequency tests. Specimen no. Z1.4_27 shows a slight decrease in secant stiffness accompanied by a slight elastic strain component prior to failure, whereas specimen no. Z1.2_20 shows a significant decrease in secant stiffness together with a significant increase in the elastic strain component prior to failure.

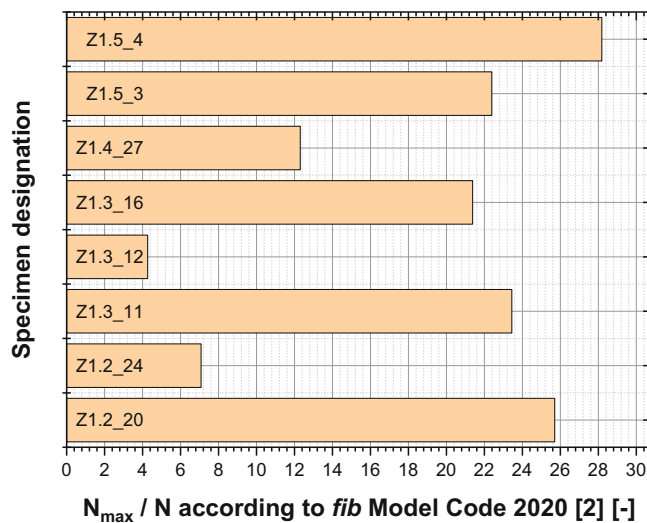


FIGURE 7 Ratio of number of load cycles from presented tests and number of load cycles according to *fib* Model Code 2020.²

4.5 | Temperature increase of the specimens at fatigue tests

An increase in surface temperature in fatigue-stressed concrete specimens has already been observed in several research studies in the HCF regime.^{30–32,52} The heating, or the resulting thermal energy is related to the internal damping of the material^{52,53} and is influenced by the loading frequency, stress amplitude, material properties and test duration. Larger stress amplitudes and higher

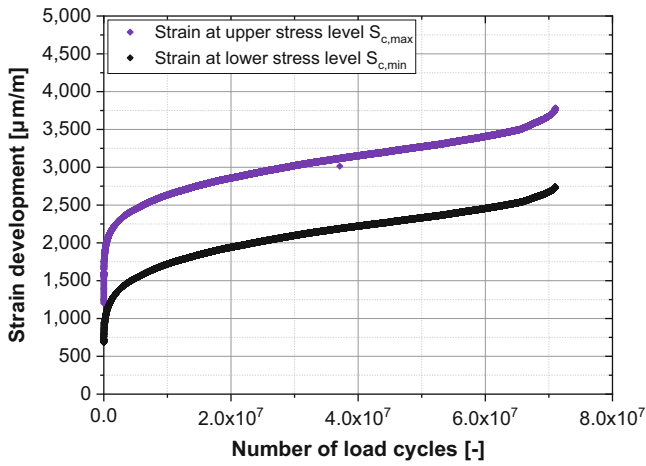


FIGURE 8 Strain curve of the fatigue test with specimen no. Z1.5.3.

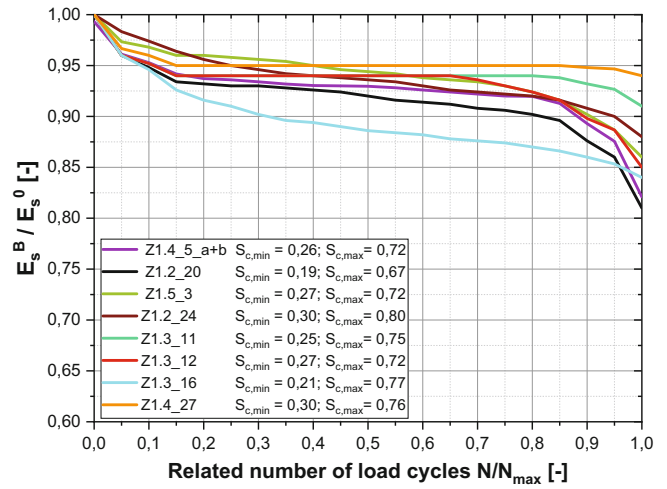


FIGURE 10 Reduction of the secant modules in the fatigue tests.

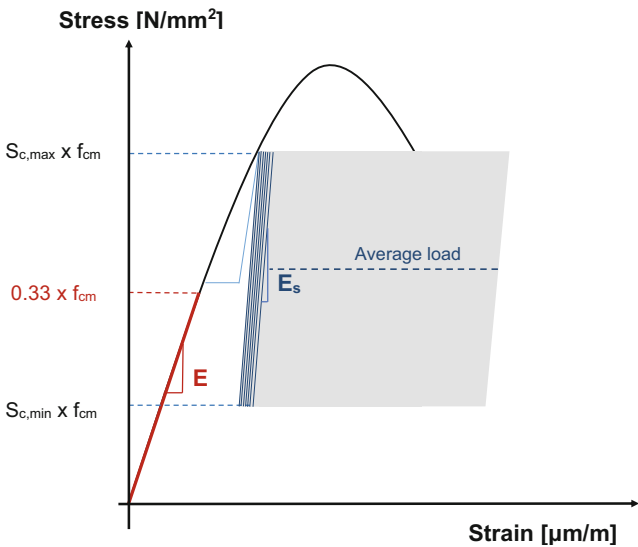


FIGURE 9 Modulus of elasticity and fatigue secant modulus.

loading frequencies lead to a higher heat release rate in the specimen and thus to faster heating.^{54–56}

In addition to the ambient temperature (blue curve), the surface temperature measured at the mid-height of specimen no. Z1.2_20 (red curve) is shown as an example in Figure 11.

Figure 11 shows that the course of the specimen heating and the temperature difference are characterized by three phases.

The variation in ambient temperature is caused by on slight temperature differences due to the day-night cycle. The test results obtained from small specimens under high-frequency loading show a constant phase of surface temperature. This steady-state temperature condition occurs when internal heat generation reaches a constant value and a thermal equilibrium is established between

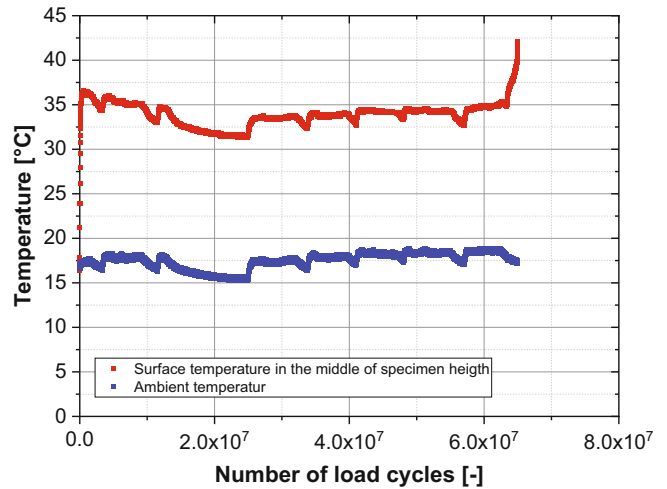


FIGURE 11 Surface temperature profile at the middle of the specimen height and ambient temperature during the fatigue test (no. Z1.2_20).

heat generation and heat dissipation through the outer surface of the specimen. There is no linear temperature increase with increasing temperature gradients, which could otherwise lead to premature specimen failure. This applies to all tested specimens—both those failing in the VHCF and those failing prior to it. This supports the validity of the testing method presented here.

4.6 | Logarithmic gradient of strain at upper stress level in Phase II

As part of the evaluation of the high-frequency tests, the increase in strain in Phase II at the upper and lower stress were determined (see Table 8).

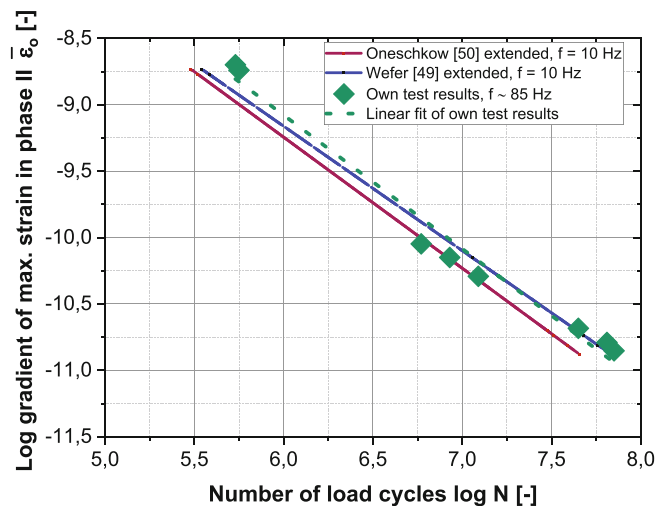


FIGURE 12 Comparison of logarithmic gradient of maximum strain in Phase II with the research results of Wefer⁴⁸ and Oneschkow.⁴⁹

The present test results demonstrate a linear correlation between the logarithm of the number of load cycles and the logarithmic gradient in Phase II. Oneschkow⁴⁹ and Wefer⁴⁸ also reported linear dependencies between the logarithm of the number of load cycles and the logarithmic gradient of the maximum strain in Phase II.

When comparing results from all three research studies, a good agreement can be observed (see Figure 12) although different test frequencies are used. In contrast to the test results of Saucedo et al.,²⁸ no frequency dependence was detected. The research results indicate that only the increase in

strain per load cycle in Phase II is of significant relevance.

5 | CONCLUSION AND OUTLOOK

To achieve sustainability goals in the construction sector, long service lives of concrete structures are required. With regard to cyclic loading, the fatigue behavior of concrete under load cycles exceeding 10 million has not yet been sufficiently investigated experimentally. In particular, the long duration of conventional fatigue tests conducted at low loading frequencies represents a major challenge.

This study investigates fatigue tests on concrete cylinders with a diameter-to-height ratio of 30 mm/90 mm using test frequencies of approximately 85 Hz in a HFP with oscillating adapters. Specimen heating as well as inertia effects induced by the test setup were explicitly considered. Consequently, the initially applied stress levels were converted into derived stress levels through post evaluations, which represent the actual stresses acting on the specimens. The derived stress levels indicate an increase in the lower stress level of 17%–40% and in the upper stress level of 3%–13% in relation to the initial stress levels.

The test results show that both the percentage reduction of the fatigue secant modulus E_s^B/E_s^0 during cyclic loading and the logarithmic strain gradient at the upper stress level in Phase II show a correlation with fatigue test results obtained in the high-cycle fatigue (HCF) range using larger specimens and significantly lower load frequencies. Despite the substantial difference in loading frequency, the test data in this study seems to be valid.

TABLE 7 Overview of the results of the fatigue tests.

| 1 Specimen designation | 2 Max. strain at upper stress level | 3 Max. strain at lower stress level | 4 $T_{P,II}$ | 5 $\Delta T = T_{P,II} - T_R$ | 6 T_{final} | 7 Log N_{max}^a | 8 Log N^a according to fib Model Code 2020 ² |
|---------------------------|--|--|-----------------|----------------------------------|------------------|----------------------|--|
| [–] | [$\mu\text{m}/\text{m}$] | [$\mu\text{m}/\text{m}$] | [°C] | [K] | [°C] | [–] | [–] |
| Z1.2_20 | 4082 | 2861 | 34.0 | 16.4 | 42.1 | 7.81 | 6.40 |
| Z1.2_24 | 3256 | 2163 | 36.6 | 19.9 | 40.3 | 5.75 | 4.90 |
| Z1.3_11 | 3171 | 2035 | 37.5 | 19.4 | 36.5 | 6.77 | 5.40 |
| Z1.3_12 | 3354 | 2288 | 33.0 | 14.9 | 38.3 | 6.93 | 6.30 |
| Z1.3_16 | 3125 | 1874 | 47.0 | 29.3 | 51.7 | 5.73 | 4.40 |
| Z1.4_27 | 2959 | 2018 | 33.0 | 14.3 | 32.5 | 7.09 | 6.00 |
| Z1.5_3 | 3781 | 2742 | 31.7 | 12.7 | 34.5 | 7.85 | 6.50 |
| Z1.5_4_a + b | 4419 | 3290 | 32.7 | 13.6 | 34.6 | 7.65 | 6.20 |

Note: $T_{P,II}$, surface temperature in the middle of the specimen height in Phase II. T_R , ambient temperature. T_{final} , surface temperature in the middle of the specimen height before failure.

^aBase-10 logarithm is used.

TABLE 8 Strain-dependent results of the fatigue tests.

| 1 Specimen designation | 2 Log. $\bar{\epsilon}_o$ | 3 Log. $\bar{\epsilon}_u$ | 4 E_S^0 | 5 E_S^B | 6 E_S^B/E_S^0 | 7 ϵ_{el}^0 | 8 ϵ_{el}^B | 9 $\epsilon_{el}^B/\epsilon_{el}^0$ |
|---------------------------|------------------------------|------------------------------|----------------------|----------------------|--------------------|----------------------------|----------------------------|--|
| [–] | [–] | [–] | [N/mm ²] | [N/mm ²] | [–] | [$\mu\text{m}/\text{m}$] | [$\mu\text{m}/\text{m}$] | [–] |
| Z1.2_20 | –10.79 | –10.81 | 39,796 | 34,031 | 0.86 | 1350 | 1668 | 1.24 |
| Z1.2_24 | –8.74 | –8.77 | 41,325 | 36,235 | 0.88 | 1500 | 1718 | 1.15 |
| Z1.3_11 | –10.05 | –10.03 | 41,441 | 34,957 | 0.84 | 1394 | 1656 | 1.19 |
| Z1.3_12 | –10.15 | –10.15 | 41,524 | 35,659 | 0.86 | 1398 | 1629 | 1.16 |
| Z1.3_16 | –8.70 | –8.73 | 39,482 | 33,162 | 0.84 | 1409 | 1679 | 1.19 |
| Z1.4_27 | –10.29 | –10.30 | 42,033 | 40,091 | 0.95 | 1444 | 1500 | 1.04 |
| Z1.5_3 | –10.85 | –10.88 | 42,959 | 36,441 | 0.85 | 1342 | 1597 | 1.19 |
| Z1.5_4_a + b | –10.68 | –10.70 | 41,724 | 34,128 | 0.82 | 1388 | 1701 | 1.23 |

Note: log. $\bar{\epsilon}_o$, Logarithmic gradient of strain at upper stress level in Phase II (base-10 logarithm is used). log. $\bar{\epsilon}_u$, Logarithmic gradient of strain at lower stress level in Phase II (base-10 logarithm is used). E_S^0 , Fatigue secant modulus at the beginning of cyclic loading. E_S^B , Fatigue secant modulus at the ending of cyclic loading. ϵ_{el}^0 , Elastic strain component at the beginning of cyclic loading^a. ϵ_{el}^B , Elastic strain component at the ending of cyclic loading^a.

^aThe elastic strain component corresponds to the strain difference between the upper stress level and the relief. As approximation, the difference between the upper stress level and the intersection of the fatigue secant modulus with the X-axis is determined.

TABLE 9 Change of initial stress levels due to derived stress levels.

| 1 Specimen designation | 2 Stress range (initial stress level) | 3 Stress range (derived stress level) | 4 $S_{c,min}$ (initial stress level)/ $S_{c,min}$ (derived stress level) | 5 $S_{c,max}$ (initial stress level)/ $S_{c,max}$ (derived stress level) |
|---------------------------|---|---|--|--|
| [–] | [–] | [–] | [–] | [–] |
| Z1.2_20 | 0.50 | 0.48 | 1.27 | 1.03 |
| Z1.2_24 | 0.50 | 0.50 | 1.20 | 1.07 |
| Z1.3_11 | 0.50 | 0.50 | 1.25 | 1.07 |
| Z1.3_12 | 0.47 | 0.45 | 1.17 | 1.03 |
| Z1.3_16 | 0.53 | 0.56 | 1.40 | 1.13 |
| Z1.4_27 | 0.48 | 0.46 | 1.20 | 1.04 |
| Z1.5_3 | 0.47 | 0.45 | 1.17 | 1.03 |
| Z1.5_4_a + b | 0.48 | 0.46 | 1.18 | 1.03 |

The following three initial stress level sets were identified as suitable for efficient VHCF testing:

- Stress level set I: $S_{c,min} \approx 0.15$; $S_{c,max} \approx 0.65$
- Stress level set II: $S_{c,min} \approx 0.22$; $S_{c,max} \approx 0.70$
- Stress level set III: $S_{c,min} \approx 0.25$; $S_{c,max} \approx 0.73$.

Specimens with a diameter-to-height-ratio of 30 mm/90 mm subjected to these fatigue loads reached numbers of load cycles >10 million (cf. Tables 6 and 7). Since no linear increase in temperature was observed, it can be assumed that a test frequency of approximately 85 Hz does not induce internal friction mechanisms leading to premature failure.

In future investigations, the three identified stress levels will be applied to additional small-scale specimens tested to high frequency to consolidate the results. In addition, fatigue tests on larger specimens with a diameter-to-height-ratio of 100 mm/300 mm at lower frequency will be conducted. This approach is necessary to assess potential size effects and to establish a link between high-frequency fatigue test results and the fatigue behavior of larger concrete specimens.

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DATA AVAILABILITY STATEMENT

The data that support the findings of this study are available from the corresponding author upon reasonable request.

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